



the cog-nitive courier
tacoma wheelmen's bicycle club newsletter
 po box 112078 tacoma, wa 98411 www.twbc.org 253-759-2800

TWBC, originally established in 1888 & reinvigorated in 1974, is a general purpose bicycling club in Pierce County that welcomes cyclists of all skill levels for social riding. The COG is issued monthly.

Web Issue: July, 2013

To the Board of Trustees of the Tacoma Wheelmen

From Mayor Pat Johnson
 City of Buckley

Thank you for your generous gift of \$500.00 to the City of Buckley. The money has been placed in a special donations section of our budget for special projects in our Parks Department. A suggested use has been for bike racks at our Youth Center and Skate Park.

We look forward to the Daffodil Classic each year as it brings many new people to our community. Thanks for your support! ☺

July Activity

Submitted by Richard Walter, Ride Captain
 (Text taken from email sent to Members on 06/30/13)

The next Club Meeting will be the third week of September but our Club is sponsoring an event at the Tacoma Public Library on July 10th. at 7 PM: David Herlihy, author of *The Lost Cyclist*.

“The Rescued Photos of Allen & Sachtleben. In 1890, two American college graduates set off to circle the globe on new-fangled “safeties” (the prototype of the present-day bicycle), armed with another remarkable novelty: the compact Kodak film camera. Miraculously, over 120 years later, hundreds of photographs they took of Asia Minor during their second year on the road have come to light. Join bicycle historian David V. Herlihy (author of *Bicycle: the History* and *The Lost Cyclist*) as he shows a selection of this trove and recounts their historic journey.

Editor's Note: This event is sponsored by the Tacoma Public Library, the City of Tacoma, and the Tacoma Wheelmen's Bicycle Club. ☺

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To all Wheelmen, and the Ladies too.

I would like to introduce myself to you as I am your new President. Which sounds very daunting to me and some what scary. So you might be curious why I have taken on this Job.

A little about myself: I am a retired City of Tacoma worker and have lived here for over 30 years and have resided in the same house the past 30 years. I have been doing a lot of group rides the past 2 years and have started learning our area from a bicycle. Slowing down the pace of my life from what it used to be like. What a great way to spend time with others and to meet those who feel such a strong passion for riding a bicycle. That is why I am excited to be your new President.

Talking with people is what I do a lot of. I like to meet people. Learn their stories, their backgrounds and why they ride a bicycle. What goals they would like to achieve, rides they have taken and those they are planning to attempt.

That is what we do. We ride bicycles and tell other people about the 'Wheelmen' and other 'groups' to advance our passion and teach others it is not as 'hard as they think'.

I don't have any preconceived plans or agenda items to accomplish as your President.

What I want to do is to listen to you, the Members of this Club and let our Club do what it takes to make you a better rider. Help you achieve your goals as a cyclist, and make the Tacoma Wheelmen a strong advocacy group for bicycle riders in Tacoma, Pierce County and our State.

So here we begin our journey together. Where will we be going? Where are we headed?

That is up to you.

Take some time send me notes, e-mails, and also come along and ride with me. ☺

Membership Report
by Dave Killen



*Our Members are what
makes our Club!*

Renewing Members (Thank You!):

Jeanne Apffel, Barbara Burt, Dave Carmichael, Sue Coley, Ruth Daugherty, Mike Flodin, Anne Hafer, Nichol Iverson, Richard KIm, Toni Matson, Doug Munday, Brooke Quam, Lawrence Schmick, Sally Swanson, Ted Walkley, Dena Wessels, Ralph Wessels, and Samuel Wholstadter.

New Members (Welcome!):

Sabrina Hart, David Hanson, Laura Inveen, Nicholas Shelden, Lind Shiraiwa, and Dan Voelpel. ☺



By Bob Myrick, Director of
Community and Government Affairs

*Actions affecting you
and your community*

Our committee met again on Tuesday, June 4, at the Harvester Restaurant at First and Tacoma Avenues in the Stadium District. The next meeting is scheduled for Tuesday, July 2 at 6 pm. We have over 30 government entities we could be working with. So, please take a personal interest in your community with regard to alternative transportation. The planet, you and I will be better off thanks to your efforts.

1. Mountain Bikes. I attended a meeting with regard to uses at Wapato Hills and dealing with the homeless population there. The Wapato Hills plan actually calls for limited mountain bike use. The meeting was at the upscale Metro Parks STAR Center and about half the people were interested in bike use. The other half were generally negative about bike use. I think it was generally agreed that the central part of Wapato Hills should be protected for wildlife and the outer areas could be used for low impact trails and bike use. The Neighborhood Council is speaking against bike use. Both Steve Brown and I were there representing you. I told the gathering that TWBC hopes for mountain bike areas to be available in every Tacoma neighborhood.

2. Velo Femme Event. TWBC is providing the liability and medical insurance for this first ever event on June 20. It is meant to encourage women to ride for both recreation and commuting. TWBC is also sponsoring up to 5 Kidical Mass rides led by Matt Newport. The first ride had 55 participants and the second ride had 35 participants. It has been a great pleasure to be sponsoring these community events and we hope participants will consider joining TWBC.

3. Kip Wiley Accident. Kip's bike sucked up a madrona branch and locked up his front wheel on a Monday Bike Ride. It happened next to the zoo. We called 911 and waited for help to arrive. Fortunately, Kip is OK and will probably take advantage of our medical coverage to help pay for the ambulance ride and other expenses. Our Club Insurance provides up to \$10,000 to supplement other insurance you might have.

4. Seattle Watershed Trail. Seattle Water has a protected Cedar River Watershed that doesn't allow human use. There is an abandoned rail road corridor that would connect the existing Cedar River Trail to Rattlesnake Lake and the John Wayne Trail on Snoqualmie Pass. It occurred to me that since Tacoma must filter it's Green River Supply, Seattle must also be filtering it's Cedar River supply. This eliminates the need for Seattle to be so overly protective of it's watershed. I have asked the Bicycle Alliance of Washington to begin working with King County Parks and the City of Seattle to get the new trail connection.

5. Neighborhood Safe Streets Bill. Ralph reported passage of this bill to allow Cities and Towns to reduce speeds to 20 mph without having to provide burdensome traffic studies. Ralph also reported the leave 3 feet for motorcycles bill passed. The Legislature is still meeting trying to develop a budget. One version eliminates most non-motorized projects and the other version retains non-motorized projects. The Bicycle Alliance of Washington will be meeting in July and August to continue efforts for adequate non-motorized funding.

6. Lost Cyclist. TWBC and the Tacoma Library will be sponsoring the author of this book which describes cycling around the world in the 1890s. Look elsewhere for exact time and date.

7. Tacoma Cycle Track. Tacoma is working on a 13 mile bikeway from the North End to the southerly City limits. The route skirts Wright Park and includes a proposed Cycle Track for a few hundred feet on the north side of the park on Division Avenue. A Cycle Track is a two way lane about 10 feet wide. The Stadium Business District is opposed to having the Cycle Track in the street and taking out some valued angle parking. I had to agree with their contention that the bikeway could have been more pleasantly and safely located in the park. Since we had TWBC Members involved in the committee that worked

GAC, continued on page 4

on the bikeway project, I told the Stadium Business District I couldn't be involved in their effort to relocate the bikeway and Cycle Track.

8. Community Transit Equity Forum. I was able to attend the first of two forums put on by Tacoma's Urban League. The League is exploring ways to provide more service for people to use on a daily basis and to reduce the impact of the single passenger automobile on the environment.

9. Coalition for Active Transportation. Jane Moore and I continue to represent you each month as the Coalition explores ways to get more people walking, biking and taking transit to improve public health and the health of the environment.

I just got back from the Eastern Sierras in Northern California riding in the big mountains. Now, I get to go to Ashland, Oregon for a week of bicycle camping. We do a big loop out to the Ocean and back to Ashland. Each year the route is different, but always starts in Ashland and the food is prepared by a master chef who happens to be a well regarded bike racer guy. It has been such a pleasure attending Club Rides on Monday and Thursday. We have grown to up to 25 riders, but are always looking for more on these no drop rides on fixed courses. I hope to see you out there in July and August.



**The Tacoma Wheelmen's Bicycle Club
Present the results of The 1st PMC Grand Fondo**

Sunday, June 2, 2013 : a very challenging 100-mile loop with more than 7,000 feet of elevation gain.

Rider	H : M : S
Thomas Hackleman	5:20:25
Barney Gil	5:20:27
Harrison Knowler	5:20:31
Pete Strom	5:21:20
Nelson Mittuch	5:22:23
Donny Buchanan	5:24:08
Jeff Patterson	5:24:25
Michael Fitzgerald	5:36:20
Todd Dry	6:27:24
Kurt DeBuck	6:54:55
Daniel Brands	5:59:15
Nathan Schoone	7:14:06
Tom Ryer	7:16:36
Joe Alexander	7:23:34
Walt Garfield	8:58:00



For TWBC Monthly Ride/Event Calendar

RIDE CODE CHART, TERRAIN

- A - Mostly Flat (Interurban Trail)
- B - Gently rolling with one or two steep hills
- C - Rolling steeper hills (Kitsap Peninsula)
- D - Difficult terrain with longer, steeper hills (Vashon Island)

RIDE CODE CHART, PACE

Pace Code Examples: Average mph on flat surface:

- 1 - Easy pace, frequent stops to catch up and regroup, 9-12 mph on flats.
- 2 - Moderate pace, occasional stops to catch up and regroup, 12-15 mph.
- 3 - Steady pace, limited stops, cue sheets or maps provided, 13-16mph.
- 4 - Fast pace, very limited stops, cue sheets or maps provided, 16+ mph.



Monday Rides

July 1, 8, 15, 22, 29: @ 9:30 AM, 1 C, **Hail, Hardy & Ready for Coffee.** Loop Pt. Defiance. Someone will stay w/ the slowest rider. Regroup @ Ft. Nisqually., then onto Fircrest for espresso/raspberry scones. You can shorten to 13 miles by cutting out Fircrest. **Start:** Starbucks @ 26th & Proctor.

Tuesday Rides

July 2, 9, 16, 23, 30: @ 9:30 Am, 2 C, **Tuesday Decide to Ride.** Meet w/ friends & go to lunch. **Start:** to be announced. Call the Ride Line, 253 - 759 - 2800.

More Tuesday Happenings:

July 2: @ 6 PM, **Government Affairs Meeting** @ the Harvester Restaurant in the Stadium H.S. area @ 1st & Tacoma Ave. Work on bicycle problems around Pierce County. All are invited to participate.

July 9: @ 6 PM, **Board Meeting** @ the Kim Ahn Restaurant across from TCC on Mildred. Guests & Club Members welcomed.

Wednesday Rides

July 3, 17, 31: @ 9 AM, 2 B, **Ride to Dupont** for coffee via Steilacoom for a nice workout. **Start:** Skyline Park & Ride (6th & Skyline).

July 10, 24: @ 9:30 AM, 3 C, **Ride the Chehalis Western Trial.** Rain in Tacoma Cancels. Ride from Chambers Creek Trailhead to Tenino to stop & buy lunch. **Start:** Trailhead in Lacy, past Josephine Ct SE & 14th Ave S.

Thursday Rides

July 4, 11, 18, 25: @ 9:30 AM, 2 - 3 A or 2 - 3 D, **Foothills Trail or Victor Falls.** Ride to S. Prairie via Foothills Trail. Paved trail w/ very few road crossings. Beverage of your choice in S. Prairie (no host). Or, for a challenging 1000 ft of climbing, go over Victor Falls. **Start:** East Puyallup Trailhead, 13900 - 80th St E, Puyallup.

Saturday Rides

July 6, 13, 20, 27: @ 9 AM, 3 D, 50 - 60 miles. **Spokie Cycling Club Ride.** Average for entire ride is 17 mph w/ 20 - 25 mph on the flats. Route decided at start. No lunch, but coffee & conversation @ the end. **Note:** This is not a TWBC Ride, but a Spokie Cycling Club Ride. **Start:** Forza Coffee, 2700 Bridgeport Way, University Place.

: @ 9 AM, 3 B - C, 60 - 100 miles. **Tacoma Bike Shop Ride.** Fun but challenging road ride to destinations from Gig Harbor to Bonney Lake & Dupont. **Note:** This is not a TWBC Ride, but a Tacoma Bike Shop Ride. **Start:** Tacoma Bike, 309 Puyallup Ave., Tacoma.

: @ 9:30 AM, X Pace, X Dist. **Bonney Lake Bike Shop Ride.** Happens every Sat. **Note:** This is not a TWBC Ride, but a Bonney Lake Bike Shop Ride. **Start:** Bonney Lake Bike Shop, 1406 Main St., Sumner.

Another Saturday Ride

July 13: @ 10:30 AM, 1 A, 4 miles. **Kidical Mass Ride.** For new riders. Central Tacoma UPS campus to Franklin Park, 11 AM to 12 Noon. **Start:** At the fountain, UPS, N 15th & Lawrence.

Sunday Rides

July 7, 14, 21, 28: @ 11 AM, 2 B, 25 - 35 miles, **Sunny Sunday Ride.** A chance to ride somewhere fun, provided there is a chance of sunshine and not too much rain. **Start:** Starbucks @ 26th & Proctor.

The COG Home

TWBC Ride Line : 253 - 759 - 2800
Updated Sunday & Thursday!

The 'Smiling Bicycle' Logo, the Club Jersey
& a majority of Club Ride T-shirts were
(are) designed by Member Steve Lay.



August Ride Calendar Deadline:
Tuesday, July 30, 2013

August COG Article Deadline:
Wednesday, July 31, 2013

Next Club Meeting: 6 PM
Tuesday, Sept. 17, 2013

*Please keep Database Commander Dave updated as to any USPS/E-mail address changes.
It makes his job a lot easier! (If you don't receive your Newsletter, contact the Editor!)*

PRESIDENT:

president@twbc.org

Darrel Eslinger, 820 - 6325

VICE - PRESIDENT:

vp@twbc.org

Joyce Clifford

SECRETARY:

secretary@twbc.org

Caroline Warnock

Assistant: Linda Higgins

TREASURER:

treasurer@twbc.org

Fred Swift, 355 - 4365

RIDE COORDINATOR:

ridecaptain@twbc.org

Rich Walter, 840 - 9450

DIRECTOR OF COMMUNITY & GOVERNMENT RELATIONS:

gac@twbc.org

Bob Myrick, 473 - 7455

Assistant: Don Hoover

DIRECTOR OF SPECIAL EVENTS:

events@twbc.org

Daniel Jones

(All Phone #s are 253 Area Code, unless otherwise indicated.)

ACTING NEWSLETTER EDITOR (Temporary):

newsletter@twbc.org

Dena Wessels, 857 - 5658

MEMBERSHIP, DATABASE & MAILING:

database@twbc.org

Dave Killen, 677 - 5896

WEBMASTER:

webmaster@twbc.org

Rich Walter, 840 - 9450

TWBC SAFETY & EDUCATION

Jim Ahrens, 566 - 3347

TWBC EQUIPMENT :

equipment@twbc.org

Sue Coley

Assistant: Peggy Fjetland

TWBC PUBLICITY:

publicity@twbc.org

Anita Beninger

DAFFODIL CLASSIC (2013): APRIL 14

daffodil@twbc.org

Daniel Jones & friends

PENINSULA METRIC (2013): JUNE 2

pmc@twbc.org

Daniel Jones & friends

RAPSody Contact:

(2013): Aug. 24 & 25

rapsodybikeride@comcast.net

Ralph Wessels, 857 - 5658

BIKE EXPO:

(2012): March 10 & 11

bikebooth@twbc.org

--Unfilled @ this time--

ANNUAL CLUB PICNIC:

(2010): Sept. 26 (?)

--Unfilled @ this time--

CLUB JERSEY SALES:

jerseys@twbc.org

--Unfilled @ this time--

Advertisement Requirements: TWBC Members may place ads in the COG for free that are directly related to bicycling. All ads must be accompanied with contact information (i.e., name, address, phone number, email) of the person submitting the ad.

Local bicycle shops that offer a discount of at least ten percent (10%) to TWBC Members may place ads or flyers in the COG for free. "Local" is defined as within the Puget Sound area. Each bicycle shop may place up to two ads for free in a calendar year.

Non-members, agencies, businesses and bicycle shops that do not offer discounts of at least ten percent (10%) to TWBC Members will be charged for placing ads in the COG. Payment for the ad must be received prior to inclusion into the COG. The fee shall not be less than \$10 for a 1-line text ad and will be a minimum of \$50 for quarter page ads or more. The Newsletter Editor will determine an appropriate fee based upon the size and complexity of the ad. All ads are subject to editing and space limitations as deemed appropriate or necessary by the Newsletter Editor. ☺



July
2013

Tacoma Wheelmen's Bicycle Club
PO Box 112078
Tacoma, WA 98411

mail to:

Please Note: The COG is now available electronically via the Club Website only, as there is not an elected Editor to produce a USPS issue.



Please Note: You can become a Member at www.twbc.org. Click on 'Membership' on the left side.

B e c o m e a M e m b e r o f T W B C

Name: _____

Address: _____

City, State: _____

Home Phone: _____

Work Phone (optional): _____

E-mail: _____ @ _____

(all info. is for Club use only; please print clearly!)

Please Check Those That Apply:

New Member Renew Addr Chg

Please Note: *COG* delivery is now electronically via E-mail, as there is not an elected Editor to produce a USPS issue.

Individual Person Membership Fee \$15 _____

Or, Family Membership Fee \$20 _____

One-time Initiation Fee \$5 _____

Total Membership Fee(s) \$ _____

Send this form and a check for the total \$ amount to:

TWBC Membership
PO Box 112078
Tacoma, WA 98411

Check the following boxes if you are interested in volunteering for:

- Leading Bike Rides
- Events
(Daffodil, PMC)
- Newsletter
- Club Meeting Programs
- Becoming a Club Officer

Thanks for becoming a Member of TWBC!