



the cog-nitive courier

tacoma wheelmen's bicycle club newsletter

po box 112078 tacoma, wa 98411 www.twbc.org 253-759-2800

TWBC, originally established in 1888 & reinvigorated in 1974, is a general purpose bicycling club in Pierce County that welcomes cyclists of all skill levels for social riding. The COG is issued monthly.

June 30th - 23rd Annual Tour de Pierce Bike Ride

By Cara Cross

Don't miss this year's Tour de Pierce with a new rest stop and special refreshments. This year's June 30 date will include 30 and 50 mile marked routes. The 12 mile route is designed for families or for those new to biking. All routes include maps and cue sheets, a rest stop with refreshments, and rest rooms. The ride starts and finishes at the Washington State Fair Grounds Gold Parking lot, S Meridian & 9th Ave SE, Puyallup. The pre-registration fee by June 12th is \$14 per person or \$42 for a family of 4 from the same household. Pre-ordered Sport Tek® Competitor Tees are \$15. For an application call 253-798-4177 or on line at www.piercecountywa.org/parks.

Call for RAPSody Volunteers

By Team RAPSody

TWBC is looking for Volunteers for the RAPSody start on Saturday, August 24 and for sag support and the finish line on Sunday August 25. The Volunteer slots for the start are from 6:00 am to 8:30 am at Tacoma Community College with a couple of sag support positions between TCC and Gig Harbor. It is a nice way to Volunteer to support bicycling and then have the rest of the day to do other items. It is also possible to Volunteer and then go do the ride.

Volunteers are also needed on Sunday primarily to provide sag support between the Yelm rest stop and TCC but there are a few other positions too. The sag support shifts are from 10:00 am to 1:30 pm, noon to 3:30 pm, and 1:30 pm to 5:00 pm. We want to make sure that the riders have the support that all of us expect when we are on rides hosted by others. Because five bike clubs hosts this ride with the funds going to support statewide bicycle advocacy and programs through the Bicycle Alliance of Washington, a ride discount is not offered to volunteers. However, volunteers receive a cool T-shirt and also socks and can purchase the jersey for \$40 (reduced rate). Still a great deal! The current openings will be posted on the TWBC Website. So check it out and then contact Ralph Wessels at 253-857-5658 or ralphdena@earthlink.net. Thanks in advance for your support of TWBC and bicycling!

Reminder: Club Elections are coming up on June 18, 2013. Help Your Club by running for an office.

Your Club continues to function when You volunteer!

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Web Issue: June, 2013

Volunteers Needed to Evaluate Grants for Parks, Trails and Boating

By Susan Zemek

The state Recreation and Conservation Office (RCO) is seeking volunteers to evaluate grant applications that will help decide where the next parks, trails and boat launches will go in the state.

The volunteers will serve on one of eight advisory committees that will evaluate and rank grant requests in the spring and summer of 2014 for all types of recreation around the state. Volunteers with expertise in project design or management, landscape architecture, planning or engineering, permitting or property acquisition especially are encouraged to apply. Volunteers serve four years. Applications are due June 14.

Parks: Nine volunteers are needed to evaluate grant proposals in three different park grant programs.

One volunteer is needed to evaluate grant requests in the Aquatic Lands Enhancement Account program, which provides money to buy, improve and protect tidelands and shorelines for the public. The volunteer should have recreation and public access interests.

Two volunteers are needed to evaluate grant applications in the Land and Water Conservation Fund program, which provides grants to preserve and develop parks, trails and wildlife lands. The volunteers should use parks, trails or wildlife lands. One volunteer should be a citizen and one should work for a local government.

Six volunteers are needed to evaluate grant proposals in the Washington Wildlife and Recreation Program, which provides money to buy, develop and renovate lands for the public. When applying, select the online application for Washington Wildlife and Recreation Program (WWRP) – Outdoor Recreation.

One volunteer should be from a recreational organization or parks board and three should be from local government. These volunteers will evaluate grant applications from state agencies and will serve on the State Lands Development and Renovation Advisory Committee.

Two volunteers should work for local government and have experience managing parks for a diverse range of recreational activities. These volunteers will evaluate grant applications to buy land, build or improve local parks and will serve on the Local Parks Advisory Committee.

Trails: Seven volunteers are needed to evaluate grant requests in three different trail grant programs.

One volunteer, who is a back-road recreationist (camper, wildlife watcher, gatherer, etc.) is needed to evaluate grant requests in the Nonhighway and Off-road Vehicle Activities program, which provides money to help plan, buy land, develop and maintain trails, as well as provide trail education and law enforcement activities.

One volunteer is needed to evaluate grant requests in the Washington Wildlife and Recreation Program. (Be sure to select the online application for Washington Wildlife and Recreation Program (WWRP) – Outdoor Recreation when applying.)

The remaining five volunteers are needed to evaluate grant requests in the Recreational Trails Program, which provides money to help rehabilitate and maintain backcountry trails and amenities. Two volunteers should be citizens, and three should be from trail organizations, one each representing motorcyclists, mountain bikers and non-motorized boaters such as canoe users and kayakers.

Boating: Two volunteers are needed to evaluate grant requests in two programs that provide money to acquire or develop land for boating facilities. One volunteer from eastern Washington, who can represent motorized, recreational boating, and one volunteer who works for a local government are needed to evaluate grant proposals in the Boating Facilities Program and the Boating Infrastructure Grant program. (When applying, select the online application for boating programs.)

To Apply: Submit a completed application and support materials to RCO no later than June 14. Online applications are available.

Information: Contact Lorinda Anderson at 360-902-3009 (TTY: 360-902-1996). ☎



By Bob Myrick, Director of
Community and Government Affairs

*Actions affecting you
and your community*

Our committee met again on Tuesday, May 7 at the Harvester Restaurant in the Stadium District at First and Tacoma Avenues. The next meeting will be on Tuesday, June 4 at 6pm. We should also be meeting on July 2. Our attendance is still small, but our power is great. I've said many times there are over 30 government entities we could be working with. So, even if you don't attend our meetings, please take a personal interest in alternative transportation in your community. The planet will be grateful.

1. Bike to a Better Tacoma. Steve, I and several other TWBC Members attended this event at the HUB to hear Diane Wiatr bring us up to date on coming improvements. Diane said the City is going to create a Complete Street with bike lanes on Mildred Street from South 12th to South 19th Streets, all adjacent to TCC. The City of University Place is also going to continue the Complete Street south to Regents Boulevard. Later, the City should be continuing this concept north towards the Scott Pierson Trail. For your information, the sidewalks running west to east on South 12th Street seem to be extra wide near TCC, so one could easily ride on those sidewalks.

Diane also said she had secured a \$1 million grant for general improvements and it will be used to complete the 13 mile bikeway from Tacoma's North End to the south City Limits on Park Avenue. This bikeway will have some bike lanes and Sharrows to make it safer. Directional signage will also be provided.

2. Tacoma Trails. Diane also announced a celebration opening the first segment of the Tacoma Pipeline Trail on Thursday morning, May 30. This is a short segment in the Salishan neighborhood running from East 48th to South 56th Street. East 48th Street has bike lanes to McKinley. Now, it is past time to start lobbying for Tacoma Water to work with the City in paving the trail at least within the City Limits.

Diane also announced that Ruston Way will be shut down on September 22 for a community wide event to celebrate the opening of the Ruston Way Trail into Point Defiance Park. My understanding is there will be a temporary steep trail using the truck haul road and the Park District has funding to create an ADA compatible trail as well.

3. Neighborhood Safe Streets. Our Legislature has passed a new law allowing Cities, Counties and Towns to reduce neighborhood speed limits to 20 mph without having to do Engineering studies.

4. Foothills Trail near South Prairie. The County has reportedly reached agreement with the RV Park owner in South Prairie and will move ahead getting the trail built towards Buckley. Of course, the County Parks doesn't have any money budgeted to proceed so that could be a problem. The next steps are to secure a right of way thru the Paint Ball property and to secure some grant funding to build.

5. Local Mountain Bike Trails. The new trail in Swan Creek Park is ready to use thanks to Metro Parks and the Evergreen Mountain Bike Coalition. You can access the trail just off of South 56th Street. There also has been some early talk regarding creating trails on City and State property generally under the Interstate 5 and SR 7 complex near the Tacoma Dome and Freighthouse Square and the Tacoma Rail property.

I hope you get out and ride now that the May rains may be over. After the PMC, I will heading to Markleeville, CA for a week and later to Ashland, OR for a week of happy riding. My understanding is there may be a July trip to Paradise, so get ready. ☺

Membership Report by Dave Killen



*Our Members are what
makes our Club!*

Renewing Members (Thank You!):

Mark Abernathy, Mike Adams, Jim Ahrens, Mary Blackburn, Pam Brown, Brent Carney, Dixie Callahan, Debbie Due, Gayle Erickson, Judy Fisher, Rollie Herman, Joy Hill, Debbie Hushagen, Jim Hushagen, Jesse Keeting, Arlene Keeler, Dianne Koch Thomas, Marcia Madden, Mike Madden, Jerry McLaughlin, Bonnie Nowicki, Ron Nowicki, Melanie Randall, Tom Ripley, Kenneth Rousslang, Ann Smith, Kris Symer, Dennis Wickstrom, Peg Winczewski, and Larry Wyman.

New Members (Welcome!):

Ann Altman, John Cain, Ruby Dizon, Juman Kim, Jason Lombard, Tim Marchie, Belinda Sams, Albert Priidik, Lynn Zahniser, and Kristina Walker. ☺

MINI NORTHWEST TANDEM RALLY, PORTLAND

July 6th and 7th, 2013

By Cheryl Speer and Phil Brown
Portland Wheelmen Touring Club

Please come join us as the Portland Wheelmen Touring Club hosts tandem riders for a mini Northwest Tandem Rally. Many of us were pretty bummed out that the regular rally in Bellingham has been cancelled, and we are excited to offer this option to all who wish to attend.

Rides on both days have two (2) mileage options. Maps will be provided.

DAY 1 – JULY 6, 2013

The ride on July 6th starts in downtown Gresham and rides east offering gorgeous views of Mt. Hood while traveling low traffic roads. We'll ride on rolling, tandem-friendly terrain and pass a number of nurseries along the way. We then turn back west and north to the Historic Columbia River Scenic Highway. The 35-mile route will turn towards Troutdale, while the 50-mile route climbs steadily up to your choice of Women's Forum or Crown Point. Both offer incredible views of the Columbia River. Your reward for all that effort is, of course, the fun and swift descent back to re-join the 35-mile route.

We'll leave promptly at 9:00 AM so arrive in enough time to get set up, sign in and acquaint yourselves with the map. Our starting point is the 4th Street Brewing Company, 77 NE 4th St., Gresham. There is a parking lot off 5th St. (SE corner of 5th and Main), or park on the street. Do not park in the lot on the west side between the restaurant and the Historical Society.

Late arrivals look for the blue Saab wagon with Washington plates 181 WDM. We'll leave a sign in sheet and maps on the windshield.

—
For you techno geeks out there, the 50-mile map for this ride can be found on the Map My Ride app, titled as "Saturday Tandem Mt Hood View". It's missing about a mile in the middle from Larch Mountain Rd. to Crown Point due to a road closure. The road will be open by the time we ride out there, though!

After the ride on Saturday, July 6th, join us for our social, which is a no-host lunch (you pay!) at the 4th Street Brewing Company, conveniently located where we start and end the ride! Good food, great beer, and the camaraderie of your fellow cyclists await you upon your return. They open at noon and we'll be served a very tasty buffet of salads, build your own sandwiches, baked potato bar, and dessert – all for \$12.00 per person including tip. Beverages are extra. We do have to be out of the banquet rooms by 3:00 PM, but feel free to move into the regular restaurant area after that. (See RSVP information below.)

Mini NW Tandem Rally, continued on page 5

DAY 2 – JULY 7, 2013

We meet on Sunday for day two of the mini NWTR – Portland. This time we ride on the west side through more rolling terrain. Meet at Shute Park, 900 SE Maple St. in Hillsboro for a beautiful ride through tiny towns on roads where you’ll see more cyclists than cars. Again, there will be rolling, tandem-friendly terrain. Sunday offers a 35-mile loop as well as an add-on option of 14 miles out to Snooseville Corner and back. For those of you who relish more of a challenging ride (read climbing), simply do the route backwards! Again, we’ll leave promptly at 9:00 AM so arrive in enough time to get set up, sign in and acquaint yourselves with the map.

Late arrivals look for the blue Saab wagon with Washington plates 181 WDM. We’ll leave a sign in sheet and maps on the windshield.

Other things to note:

Saturday, July 6th – wear club gear

Sunday, July 7th – wear tandem rally gear

If you have a license plate from a former tandem rally, be sure to attach it to your bike.

There is no charge for either of the rides, and both rides are non-supported, which means no police escort, no SAG, no Dan Henrys, no rest stops, etc. Be sure to be prepared with food, water and whatever else you feel is necessary. As these are PWTC club rides, our other members will be joining us on their single bikes. They will give us a grand send off each day, then follow us onto the routes. We’ll be a cycling spectacle!

We do need to know how many people to plan for, so you must RSVP no later than June 28th. Please provide the following information: Names, Number of Bikes, Hometown, Number of People for Lunch on July 6th.

This information and any updates can be found at pwtc.com under the News tab. Please email the RSVP information and any questions or comments you have to cherylaspeer@gmail.com no later than June 28th. This is going to be a heck of a lot of fun and we look forward to seeing all of you! ☺

City of Tacoma Bicycle and Pedestrian Resources

- Pothole or street maintenance issue 253 - 591 - 5495
 - Hazardous sidewalks 253 - 591 - 5104
 - Problems with traffic signals253 - 591 - 5287
 - Overgrown vegetation 253 - 591 - 5001
 - Street sweeping requests or storm grate problems 253 - 591 - 5585
 - Vehicles parked in bike lanes or on the sidewalk 253 - 798 - 4721. ☺
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For TWBC Monthly Ride/Event Calendar

RIDE CODE CHART, TERRAIN

- A - Mostly Flat (Interurban Trail)
- B - Gently rolling with one or two steep hills
- C - Rolling steeper hills (Kitsap Peninsula)
- D - Difficult terrain with longer, steeper hills (Vashon Island)

RIDE CODE CHART, PACE

- Pace Code Examples: Average mph on flat surface:
- 1 - Easy pace, frequent stops to catch up and regroup, 9-12 mph on flats.
 - 2 - Moderate pace, occasional stops to catch up and regroup, 12-15 mph.
 - 3 - Steady pace, limited stops, cue sheets or maps provided, 13-16mph.
 - 4 - Fast pace, very limited stops, cue sheets or maps provided, 16+ mph.



Saturday Rides

June 1, 8, 15, 22, 29: @ 9 AM, 3 D, 50 - 60 miles. **Spokie Cycling Club Ride.** Average for entire ride is 17 mph w/ 20 - 25 mph on the flats. Route decided at start. No lunch, but coffee & conversation @ the end. Note: This is not a TWBC Ride, but a Spokie Cycling Club Ride. **Start:** Forza Coffee, 2700 Bridgeport Way, University Place.
: @ 9 AM, 3 B - C, 60 - 100 miles. **Tacoma Bike Shop Ride.** Fun but challenging road ride to destinations from Gig Harbor to Bonney Lake & Dupont. Note: This is not a TWBC Ride, but a Tacoma Bike Shop Ride. **Start:** Tacoma Bike, 309 Puyallup Ave., Tacoma.
: @ 9:30 AM, X Pace, X Dist. **Bonney Lake Bike Shop Ride.** Happens every Sat. Note: This is not a TWBC Ride, but a Bonney Lake Bike Shop Ride. **Start:** Bonney Lake Bike Shop, 1406 Main St., Sumner.

Sunday Rides

June 2: TWBC Peninsula Metric Century. Peninsula Metric Century. Start: Southworth Ferry Terminal or Gig Harbor Medical Pavillion, Kimball Dr, Gig Harbor.

Monday Rides

June 3, 10, 17, 24: @ 9:30 AM, 1 C, **Hail, Hardy & Ready for Coffee.** Loop Pt. Defiance. Someone will stay w/ the slowest rider. Regroup @ Ft. Nisqually., then onto Fircrest for espresso/raspberry scones. You can shorten to 13 miles by cutting out Fircrest. **Start:** Starbucks @ 26th & Proctor.

Tuesday Rides

June 4, 11, 18, 25: @ 9:30 Am, 2 C, **Tuesday Decide to Ride.** Meet w/ friends & go to lunch. **Start:** to be announced. Call the Ride Line, 253 - 759 - 2800.

More Tuesday Happenings:

June 4: @ 6 PM, **Government Affairs Meeting** @ the Harvester Restaurant in the Stadium H.S. area @ 1st & Tacoma Ave. Work on bicycle problems around Pierce County. All are invited to participate.
June 11: @ 6 PM, **Board Meeting** @ the Kim Ahn Restaurant across from TCC on Mildred. Guests & Club Members welcomed.
June 18: @ 6 PM, **General Club Meeting; Board Elections.** **Start:** Portland Ave. Community Center, 3513 Portland Ave. (E. 35th & E. Portland Ave.), Tacoma.

Wednesday Rides

June 5, 19: @ 9 AM, 2 B, **Ride to Dupont** for coffee via Steilacoom for a nice workout. **Start:** Skyline Park & Ride (6th & Skyline).
June 12, 26: @ 9:30 AM, 3 C, **Ride the Chehalis Western Trial.** Rain in Tacoma Cancels. Ride from Chambers Creek Trailhead to Tenino to stop & buy lunch. **Start:** Trailhead in Lacy, past Josephine Ct SE & 14th Ave S.

Thursday Rides

June 6, 13, 20, 27: @ 9:30 AM, 2 - 3 A or 2 - 3 D, **Foothills Trail or Victor Falls.** Ride to S. Prairie via Foothills Trail. Paved trail w/ very few road crossings. Beverage of your choice in S. Prairie (no host). Or, for a challenging 1000 ft of climbing, go over Victor Falls. **Start:** East Puyallup Trailhead, 13900 - 80th St E, Puyallup.

The COG Home

TWBC Ride Line : 253 - 759 - 2800

Updated Sunday & Thursday!

The 'Smiling Bicycle' Logo, the Club Jersey & a majority of Club Ride T-shirts were (are) designed by Member Steve Lay.



**July Ride Calendar Deadline:
Tuesday, June 25, 2013**

**July COG Article Deadline:
Wednesday, June 26, 2013**

**Next Club Meeting: 6 PM
Tuesday, Sept. 17, 2013**

*Please keep Database Commander Dave updated as to any USPS/E-mail address changes.
It makes his job a lot easier! (If you don't receive your Newsletter, contact the Editor!)*

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Daniel Jones

(All Phone #s are 253 Area Code, unless otherwise indicated.)

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Anita Beninger

DAFFODIL CLASSIC

(2013): APRIL 14

daffodil@twbc.org

Daniel Jones & friends

PENINSULA METRIC

(2013): JUNE 2

pmc@twbc.org

Daniel Jones & friends

RAPSody Contact:

(2013): Aug. 24 & 25

rapsodybikeride@comcast.net

Ralph Wessels, 857 - 5658

BIKE EXPO:

(2012): March 10 & 11

bikebooth@twbc.org

--Unfilled @ this time--

ANNUAL CLUB PICNIC:

(2010): Sept. 26 (?)

--Unfilled @ this time--

CLUB JERSEY SALES:

jerseys@twbc.org

--Unfilled @ this time--

Advertisement Requirements: TWBC Members may place ads in the COG for free that are directly related to bicycling. All ads must be accompanied with contact information (i.e., name, address, phone number, email) of the person submitting the ad.

Local bicycle shops that offer a discount of at least ten percent (10%) to TWBC Members may place ads or flyers in the COG for free. "Local" is defined as within the Puget Sound area. Each bicycle shop may place up to two ads for free in a calendar year.

Non-members, agencies, businesses and bicycle shops that do not offer discounts of at least ten percent (10%) to TWBC Members will be charged for placing ads in the COG. Payment for the ad must be received prior to inclusion into the COG. The fee shall not be less than \$10 for a 1-line text ad and will be a minimum of \$50 for quarter page ads or more. The Newsletter Editor will determine an appropriate fee based upon the size and complexity of the ad. All ads are subject to editing and space limitations as deemed appropriate or necessary by the Newsletter Editor. ☺



June
2013

Tacoma Wheelmen's Bicycle Club
PO Box 112078
Tacoma, WA 98411

mail to:

Please Note: The COG is now available electronically via the Club Website only, as there is not an elected Editor to produce a USPS issue.



Please Note: You can become a Member at www.twbc.org. Click on 'Membership' on the left side.

B e c o m e a M e m b e r o f T W B C

Name: _____

Address: _____

City, State: _____

Home Phone: _____

Work Phone (optional): _____

E-mail: _____ @ _____

(all info. is for Club use only; please print clearly!)

Please Check Those That Apply:

New Member Renew Addr Chg

Please Note: *COG* delivery is now electronically via E-mail, as there is not an elected Editor to produce a USPS issue.

Individual Person Membership Fee \$15 _____

Or, Family Membership Fee \$20 _____

One-time Initiation Fee \$5 _____

Total Membership Fee(s) \$ _____

Send this form and a check for the total \$ amount to:

TWBC Membership
PO Box 112078
Tacoma, WA 98411

Check the following boxes if you are interested in volunteering for:

- Leading Bike Rides
- Events
(Daffodil, PMC)
- Newsletter
- Club Meeting Programs
- Becoming a Club Officer

Thanks for becoming a Member of TWBC!