



# the cog-nitive courier

## tacoma wheelmen's bicycle club newsletter

po box 112078 tacoma, wa 98411 [www.twbc.org](http://www.twbc.org) 253-759-2800

**TWBC, originally established in 1888 & reinvigorated in 1974, is a general purpose bicycling club in Pierce County that welcomes cyclists of all skill levels for social riding. The COG is issued monthly.**

### November 20th Meeting to be Held at Wildside Wines.

By V.P. Joyce Clifford

**Web Issue: November, 2012**

Want to find a new biking route in Washington? This month's guest speaker is Mike McQuaide, author of "75 Classic Rides Washington: The Best Road Biking Routes," published in May by Mountaineers Books. Mike will be showing slides from this as well as his various other bicycle adventures throughout the state. Mike has written outdoor, travel and lifestyle stories for Adventure Cyclist, Sunset and Outside, and he is a frequent contributor to the Seattle Times Travel section.

The author of five other guidebooks on travel and outdoor recreation, Mike is an avid road cyclist and mountain biker with a few ironman triathlons under his chain, as well as a couple RAMRODS, and a finish of the 200-mile STP ride in a single day.

To learn more about Mike and some of his adventures go to his blog; [www.mcqview.blogspot.com](http://www.mcqview.blogspot.com).

Wildside Wine location is: 608 A.S. Oxford, Tacoma.

- 6:00 – Food and socializing
- 6:30 – Club business
- 7:00 – Guest presenter – Mike McQuaide

**RSVP if you want to eat at the Meeting.** Wine and beer will be available for \$3-5. Non-alcoholic beverage is complimentary. ☺

#### *Editor's Notes:*

The 2013 Club Budget will also be presented @ this Meeting for discussion & voting. Club By-Laws require the Membership to vote on the Budget for 2013 at the November General Meeting.

There is also rumor of a **Club Banquet** on January 26. ☺

**Please Note: COG delivery is now electronically via E-mail, as there is not an elected Editor to produce a USPS issue.** ☺

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# **President's Report**

## **The Rusty Crank**



By President Tom Reardon

Your Club has taken the initiative to distribute wallet size accident report cards as part of a nationwide effort to educate and empower cyclists. Included on these cards are many of the rights and responsibilities granted and expected of a bicyclist in the State of Washington. Because the card only has space to reference Revised Codes, I have copied the specific laws below which should be familiar to all bicyclists. Too often an injured rider, either intimidated or unaware of the law, is left unprotected. Take the time to read and understand your rights and responsibilities.

### **RCW 46.61.755**

#### **Traffic laws apply to persons riding bicycles**

(1) Every person riding a bicycle upon a roadway shall be granted all of the rights and shall be subject to all of the duties applicable to the driver of a vehicle by this chapter, except as to special regulations in RCW [46.61.750](#) through [46.61.780](#) and except as to those provisions of this chapter which by their nature can have no application.

(2) Every person riding a bicycle upon a sidewalk or crosswalk must be granted all of the rights and is subject to all of the duties applicable to a pedestrian by this chapter.

### **RCW 46.61.185**

#### **Vehicle turning left.**

The driver of a vehicle intending to turn to the left within an intersection or into an alley, private road, or driveway shall yield the right-of-way to any vehicle approaching from the opposite direction which is within the intersection or so close thereto as to constitute an immediate hazard.

### **RCW 46.61.770**

#### **Riding on roadways and bicycle paths.**

(1) Every person operating a bicycle upon a roadway at a rate of speed less than the normal flow of traffic at the particular time and place shall ride as near to the right side of the right through lane **as is safe** except as may be appropriate while preparing to make or while making turning movements, or while overtaking and passing another bicycle or vehicle proceeding in the same direction. A person operating a bicycle upon a roadway or highway other than a limited-access highway, which roadway or highway carries traffic in one direction only and has two or more marked traffic lanes, may ride as near to the left side of the left through lane as is safe. A person operating a bicycle upon a roadway may use the shoulder of the roadway or any specially designated bicycle lane if such exists.

(2) Persons riding bicycles upon a roadway shall not ride **more than two abreast** except on paths or parts of roadways set aside for the exclusive use of bicycles.

### **RCW 46.61.620**

#### **Opening and closing vehicle doors**

No person shall open the door of a motor vehicle on the side adjacent to moving traffic unless and until it is reasonably safe to do so, and can be done without interfering with the movement of other traffic, nor shall any person leave a door open on the side of a vehicle adjacent to moving traffic for a period of time longer than necessary to load or unload passengers.

### **RCW 46.61.758**

#### **Hand signals.**

All hand signals required of persons operating bicycles shall be given in the following manner:

Rusty Crank, continued on page 3

**Rusty Crank, continued from page 2**

- (1) Left turn. Left hand and arm extended horizontally beyond the side of the bicycle;
- (2) Right turn. Left hand and arm extended upward beyond the side of the bicycle, or right hand and arm extended horizontally to the right side of the bicycle;
- (3) Stop or decrease speed. Left hand and arm extended downward beyond the side of the bicycle.

**RCW 46.61.780**

**Lamps and other equipment on bicycles**

(1) Every bicycle when in use during the hours of darkness as defined in RCW [46.37.020](#) shall be equipped with a lamp on the front which shall emit a white light visible from a distance of at least five hundred feet to the front and with a red reflector on the rear of a type approved by the state patrol which shall be visible from all distances up to six hundred feet to the rear when directly in front of lawful lower beams of head lamps on a motor vehicle. A lamp emitting a red light visible from a distance of five hundred feet to the rear may be used in addition to the red reflector. A light-emitting diode flashing taillight visible from a distance of five hundred feet to the rear may also be used in addition to the red reflector.

(2) Every bicycle shall be equipped with a brake which will enable the operator to make the braked wheels skid on dry, level, clean pavement. ☺

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**Membership Report by Dave Killen  
database & mailing**



*Our Members are what  
makes our Club!*

**Renewing Members (Thank You!):**

Tom Brosius, Robert Gramenz, Noel Hagens, Costi Mahshi, Sue Matthews, Carol Ramm Gramenz, Dan Russo, and Joe Small.

**New Members (Welcome!):**

Heather Cadwallader, David Barrett, Mike Bressler, Erl Petersen, Lenny Strobl, Melanie Wood, and Kip Wylie. ☺

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By Bob Myrick, Director of  
Community and Government Affairs

*Actions affecting you  
and your community .....*

Our small committee met again on Tuesday, October 2, at the Harvester Restaurant in the Stadium district at First and Tacoma Avenues. We will meet there again on Tuesday, November 6 at 6pm. We discussed several items as follows and a few other matters arose during the month.

1. Tacoma's Mobility Coordinator. I heard that Diane Wiatr will be retained as Tacoma's Coordinator. I also heard Bike/Ped mobility committee is looking to become a permanent advisory commission.
2. Zip Car. Tacoma now has a start at having Zip Cars available for people seeking to save money and the environment by sharing cars.
3. Transportation Health Equity. Several TWBC Members attended an all day conference at the Murano Hotel sponsored by Tacoma and the Puget Sound Regional Council. We were addressed via the internet by prominent Officials from Washington DC, by the Mayor, County Executive, Health Department Officials and the new Executive of Bicycle Alliance of Washington, Barb Chamberlain. The main message was to improve environmental and personal health by reducing the use of cars by

**GAC, continued on page 4**

using more transit, walking, biking and other means.

4. Pierce County Trails Conference. By all reports the annual conference put on by our Forevergreen Council was a great success. There is now some thought to have the conference every other year since we have a State wide trails conference every two years. Many of us will be attending the Washington State Trails Conference in Vancouver, WA on October 25, 26 and 27.

5. BAW Legislative Meeting. Several TWBC members will attend our State wide legislative planning meeting in Seattle on November 3 at Bicycle Alliance of Washington's Office. The annual BAW Auction/Banquet follows in the evening at the Seattle Center.

6. Foothills Trail. The trail is now blessed by the National Park Service and signs will be erected in the near future. The Park Service is also assisting us in extending the trail towards Mount Rainier.

7. Flood Control Plans. We have commented on Pierce County's Flood Control Plan thru their Environmental Impact Statement. We reminded the County of the need to accommodate the trail from Puyallup to Tacoma along their proposed new levee on the north side of the river.

8. Fennel Creek Trail. We talked about the need to build a trail along the flume line from Buckley to Lake Tapps where the new trail would meet the proposed Fennel Creek Trail. The flume line is now owned by the Cascade Water Alliance and formerly owned by Puget Sound Energy.

9. Steilacoom RR Tracks. I saw yellow tape marking the RR siding from the old paper mill to BN's main track. We are investigating if there is some activity regarding possibly removing the dangerous track crossing of Steilacoom Road.

10. Mildred Street. We talked about Tacoma's plans to change Mildred to a complete street between TCC and James Center. We want to learn more and encourage Tacoma to provide bike lanes on Mildred.

11. Bridgeport Bike Lanes. It appeared like the bike lanes were being removed on Bridgeport near Walmart as a result of improving the street. Desiree Winkler, Lakewood's Traffic Engineer assured me the lanes would reappear after the new asphalt had cured for a week.

12. University Parks and Recreation is looking for Advisory Committee Members.

Please keep riding as winter approaches. It is time for fenders and rain gear. I personally don't start off in the rain, but I will ride home in the rain. Of course, commuters are tougher and ride more in bad conditions. ☺

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### **Better Biking in Tacoma**

By Janet Higbee

TWBC Member & Bike Pedestrian Action Committee Member

Please read about three bike projects that will impact your ride around our City of Destiny.

Bike Club Members have probably noticed when pedaling Ruston Way the new trail. Even those who suffer from tunnel vision surely have noticed the lack of tunnel while climbing to and from Ruston. As well the "missing link" will soon connect Pt. Defiance and Pt. Ruston for non-motorized transportation. Expect to walk and pedal an eight foot wide boardwalk with some grades as steep as 7.5% into the park as soon as next summer. With the current Pt. Defiance loop, this new trail will create a ten mile off road circuit for us. A new park with a salmon recovery area and estuary of about ten acres will surround this trail. Please read more about this great work planned by our Metro Parks at <http://www.metroparkstacoma.org/point-ruston-development-waterfront-promenade>.

**Better Biking, continued on page 5**

**Better Biking, continued from page 4**

Diane Wiatr, Ken Peachey, as well as Councilmen David Boe and Ryan Mello are encouraging the building of new bike/pedestrian infrastructure on Mildred by TCC. This would allow students to bike and pedal more safely. As well, it would offer safe crossing by students to shopping across from TCC. Obviously transit users would benefit from improvements too. Wiatr, Peachey, Boe and Mello hope to see bike lanes placed there as well as a pedestrian operated crossing signal and perhaps a center island. These improvements would be well appreciated by Tacoma cyclists, especially come RAPSody season. However, so far the TCC board has opposed these upgrades. Wiatr and her crew have since met with faculty and staff. Let's support their efforts to create "complete streets" in Tacoma!

Old news by now, most of us cyclists realize that "Tacoma 13" refers to our first Bike Boulevard that traverses 13 miles. From Park, a long time favorite of the Wheelmen, it then crosses the site of the World's First Bike Bridge (Delin) and along Fawcett up to a cut out at Wright Park and Yakima to N. 24<sup>th</sup>. This boulevard offers a safe and lovely route across town, even a reasonable way over the freeway!

Projects such as these justify Tacoma's new Bronze level status by the League of American Cyclists as a Bike Friendly City. Great work, bike activists! Stand up for Active Transportation! ☺

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**November General Meeting**

Speaker: Mike McQuaide  
Location: Wildside Wine,  
608 A.S. Oxford, Tacoma.

**Please RSVP  
if you want to eat at the Meeting.**



75 CLASSIC RIDES  
**WASHINGTON**  
THE BEST ROAD BIKING ROUTES

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**For TWBC Monthly Ride/Event Calendar**

**RIDE CODE CHART, TERRAIN**

- A - Mostly Flat (Interurban Trail)
- B - Gently rolling with one or two steep hills
- C - Rolling steeper hills (Kitsap Peninsula)
- D - Difficult terrain with longer, steeper hills (Vashon Island)

**RIDE CODE CHART, PACE**

Pace Code Examples: Average mph on flat surface:

- 1 - Easy pace, frequent stops to catch up and regroup, 9-12 mph on flats.
- 2 - Moderate pace, occasional stops to catch up and regroup, 12-15 mph.
- 3 - Steady pace, limited stops, cue sheets or maps provided, 13-16mph.
- 4 - Fast pace, very limited stops, cue sheets or maps provided, 16+ mph.

**Tacoma Wheelmen's Bicycle Club  
Proposed Budget  
Year 2013**

*(to be voted on by the Members at the November General Meeting.*

*Members are welcome to ask questions about the Budget*

*at the November General Meeting).*

Line	Year Ending (Y.E.)	2010	2011	Adopted 2012	Projected Y.E. 2012	Proposed 2013	Line
01	<b>Ordinary Income/Expense</b>						01
02	<b>Income</b>						02
03	Total Banquet Reservations	\$900	\$1,335	\$1,200	\$1,200	\$1,200	03
04	Total Daffodil Classic	\$31,647	\$15,389	\$23,200	\$23,448	\$24,400	04
05	Total Dues	\$5,123	\$4,619	\$4,500	\$4,780	\$4,500	05
06	Jersey Sales	\$53	\$177	\$500	\$5,173	\$1,000	06
07	Total Peninsula Metric	\$3,734	\$11,182	\$8,500	\$12,270	\$13,500	07
08	<b>TOTAL INCOME</b>	\$41,833	\$34,032	\$38,700	\$47,684	\$44,600	08
09	<b>Expense</b>						09
10	Email marketing	\$108					10
11	Administrative	\$192	\$217	\$150	\$286	\$250	11
12	Affiliations	\$240	\$190	\$250	\$180	\$180	12
13	Banking Expenses	\$99	\$13	\$20	\$115	\$50	13
14	Banquet	\$3,491	\$2,871	\$3,250	\$3,120	\$3,200	14
15	Bike Expo	\$338	\$802	\$375	\$566	\$600	15
16	Club Monthly Meetings	\$1,209	\$1,745	\$2,400	\$2,125	\$2,500	16
17	Daffodil Classic	\$11,139	\$10,949	\$14,800	\$10,179	\$10,700	17
18	Education and Public Relations	\$489		\$500			18
19	Equipment and Supplies	\$231	\$408	\$2,400	\$1,570	\$1,500	19
20	Government/Community Affairs	\$99	\$100	\$5,000	\$288	\$1,000	20
21	Ride Program	\$599	\$884	\$1,500	\$405	\$1,500	21
22	Insurance	\$599	\$850	\$800	\$803	\$900	22
23	Expense				\$4,000	\$1,200	23
24	Membership	\$426	\$138	\$150	\$176	\$175	24
25	Newsletter	\$1,734	\$1,495	\$1,800	\$1,103	\$1,100	25
26	Peninsula Metric Century	\$4,814	\$4,259	\$5,335	\$5,801	\$6,100	26
27	Postage & Admin	\$116	\$116	\$120	\$116	\$120	27
28	President's Discretionary					\$500	28
29	Social Events	\$420	\$218	\$350	\$405	\$500	29
30	Telephone Ride Line	\$826	\$834	\$750	\$657	\$750	30
31	TWBC Website	\$2,531	\$1,399	\$1,800	\$1,494	\$1,500	31
32	<b>TOTAL EXPENSES</b>	\$29,798	\$27,489	\$41,750	\$33,390	\$34,325	32
33	<b>INCOME FROM OPERATIONS</b>	\$12,035	\$6,543	-\$3,050	\$14,294	\$10,275	33
34	<b>OTHER INCOME</b>						34
35	Other Income	\$375	\$520	\$500	\$20	\$0	35
36	Interest	\$560	\$810	\$800	\$793	\$750	36
37	<b>OTHER EXPENSE</b>						37
38	Donations	\$2,877	\$6,378	\$5,000	\$6,783	\$21,000	38
39	<b>NET INCOME</b>	\$10,093	\$1,494	-\$6,750	\$8,323	-\$9,975	39



# twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

## Thursday Rides

Nov. 1, 8, 15, 22, & 29: @ 9:30 AM, 2 - 3 A or 2 - 3 D, **Silk Road Smoooothly/Over The Hill Gang.** Ride to S. Prairie via Foothills Trail. Paved trail w/ very few road crossings. Beverage of your choice in S. Prairie (no host). Or, for a challenging 1000 ft of climbing, go over Victor Falls. **Start:** East Puyallup Trailhead, 13900 - 80th St E, Puyallup.

## Saturday Rides

Nov. 3, 10, 17, & 24: @ 8 AM, 3 D, **Spokie Cycling Club Ride.** Average for entire ride is 17 mph w/ 20-25 mph on the flats. Route decided at start. No lunch, but coffee & conversation @ the end. **Start:** Forza Coffee, 2700 Bridgeport Way, University Place.

@ 9 AM, 3 B - C, **Tacoma Bike Shop Ride.** Fun but challenging road ride to destinations from Gig Harbor to Bonney Lake & Dupont. **Start:** Tacoma Bike, 309 Puyallup Ave., Tacoma.

## Sunday Rides

Nov. 4, 11, 18, & 25: @ 11 AM, 3 B, **Exploring w/ Rollie.** Ride @ posted pace; no drop, but no sweep. Ride Pierce County, weather dependent. Hills involved, exact route/conditions unexpected. Home prior to 3 PM, fenders please, lights are nice. **Start:** Starbucks @ 26th & Proctor.

## Monday Rides

Nov. 5, 12, 19, & 26: @ 9:30 AM, 1 C, **Hail, Hardy & Ready for Coffee.** Loop Pt. Defiance. Someone will stay w/ the slowest rider. Regroup @ Ft. Nisqually., then onto Fircrest for espresso/raspberry scones. You can shorten to 13 miles by cutting out Fircrest. **Start:** Starbucks @ 26th & Proctor.

## Tuesday Rides

Nov. 6, 13, 20, & 27: @ 9:30 AM, 2 C, **Tuesday Decide to Ride.** Meet w/ friends & go to lunch. **Start:** to be announced. Call the Ride Line, 253 - 759 - 2800.

## More Tuesday happenings:

Nov. 6: @ 6 PM, **Government Affairs Meeting** @ the Harvester Restaurant in the Stadium H.S. area @ 1st & Tacoma Ave. Work on bicycle problems around Pierce County. All are invited to participate.

Nov. 13: @ 6 PM, **Board Meeting** @ the Kim Ahn Restaurant across from TCC on Mildred. Guests & Club Members welcomed.

Nov. 20: @ 6 PM, the **Nov. General Meeting.** The 2013 Club Budget is to be discussed & voted on. Other entertainment is a presentation by author Mike McQuaide, *75 Classic Rides Washington The Best Road Biking Routes.* **Start:** Wildside Wine, "The Room Next Door," 610 S. Oxford, Tacoma, 98465.

## Wednesday Rides

Nov. 7 & 21: @ 9 AM, 3 C, **Ride to Dupont** for coffee via Steilacoom for a nice workout. **Start:** Skyline Park & Ride (6th & Skyline).

Nov. 14 & 28: @ 9:30 AM, 2 B, **Ride the Chehalis Western Trial.** Rain in Tacoma Cancels. Ride from Chambers Creek Trailhead to Tenino to stop & buy lunch. **Start:** Trailhead in Lacy, past Josephine Ct SE & 14th Ave S.

**Upcoming Event:** 2013 Club Banquet, January 26, Titlow Lodge, University Place.

More details to come from Carol Davis (person in charge). ☺

# The COG Home

**TWBC Ride Line : 253 - 759 - 2800**  
**Updated Sunday & Thursday!**

The 'Smiling Bicycle' Logo, the Club Jersey  
& a majority of Club Ride T-shirts were  
(are) designed by Member Steve Lay.



**Next Club Meeting: 6 PM**  
**Tuesday, Feb. 19, 2013**

**Nov. Ride Calendar Deadline:**  
**Tuesday, Nov. 20, 2012**

**Oct. COG Article Deadline:**  
**Wednesday, Nov. 21, 2012**

*Please keep Database Commander Dave updated as to any USPS/E-mail address changes.  
It makes his job a lot easier! (If you don't receive your Newsletter, contact the Editor!)*

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## **PRESIDENT:**

[president@twbc.org](mailto:president@twbc.org)

Tom Reardon, 952 - 5964

## **VICE - PRESIDENT:**

[vp@twbc.org](mailto:vp@twbc.org)

Joyce Clifford

## **SECRETARY:**

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Caroline Warnock

Assistant: Linda Higgins

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Rich Walter, 840 - 9450

## **DIRECTOR OF COMMUNITY & GOVERNMENT RELATIONS:**

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Bob Myrick, 473 - 7455

Assistant: Don Hoover

## **DIRECTOR OF SPECIAL EVENTS:**

[events@twbc.org](mailto:events@twbc.org)

Daniel Jones

*(All Phone #s are 253 Area Code, unless otherwise indicated.)*

## **ACTING NEWSLETTER**

### **EDITOR (Temporary):**

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Dena Wessels, 857 - 5658

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## **WEBMASTER:**

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Rich Walter, 840 - 9450

## **TWBC SAFETY & EDUCATION**

Jim Ahrens, 566 - 3347

## **TWBC EQUIPMENT :**

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Sue Coley

Assistant: Peggy Fjetland

## **TWBC PUBLICITY:**

[publicity@twbc.org](mailto:publicity@twbc.org)

Anita Beninger

## **DAFFODIL CLASSIC**

**(2012): APRIL 15**

[daffodil@twbc.org](mailto:daffodil@twbc.org)

--Unfilled @ this time--

## **PENINSULA METRIC**

**(2012): JUNE 3**

[pmc@twbc.org](mailto:pmc@twbc.org)

--Unfilled @ this time--

## **RAPSody Contact:**

**(2012): Aug. 25 & 26**

[rapsodybikeride@comcast.net](mailto:rapsodybikeride@comcast.net)

Ralph Wessels, 857 - 5658

## **BIKE EXPO:**

**(2012): March 10 & 11**

[bikebooth@twbc.org](mailto:bikebooth@twbc.org)

--Unfilled @ this time--

## **ANNUAL CLUB PICNIC:**

**(2010): Sept. 26 (?)**

--Unfilled @ this time--

## **CLUB JERSEY SALES:**

[jerseys@twbc.org](mailto:jerseys@twbc.org)

--Unfilled @ this time--

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**Advertisement Requirements:** TWBC Members may place ads in the COG for free that are directly related to bicycling. All ads must be accompanied with contact information (i.e., name, address, phone number, email) of the person submitting the ad.

Local bicycle shops that offer a discount of at least ten percent (10%) to TWBC Members may place ads or flyers in the COG for free. "Local" is defined as within the Puget Sound area. Each bicycle shop may place up to two ads for free in a calendar year.

Non-members, agencies, businesses and bicycle shops that do not offer discounts of at least ten percent (10%) to TWBC Members will be charged for placing ads in the COG. Payment for the ad must be received prior to inclusion into the COG. The fee shall not be less than \$10 for a 1-line text ad and will be a minimum of \$50 for quarter page ads or more. The Newsletter Editor will determine an appropriate fee based upon the size and complexity of the ad. All ads are subject to editing and space limitations as deemed appropriate or necessary by the Newsletter Editor. ☺

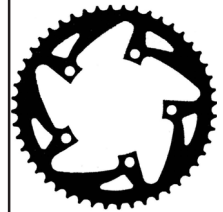




**November  
2012**

**Tacoma Wheelmen's Bicycle Club  
PO Box 112078  
Tacoma, WA 98411**

**mail to:**



Please Note: You can become a Member at [www.twbc.org](http://www.twbc.org). Click on 'Membership' on the left side.

***B e c o m e   a   M e m b e r   o f   T W B C***

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone (optional): \_\_\_\_\_

E-mail: \_\_\_\_\_ @ \_\_\_\_\_

(all info. is for Club use only; please print clearly!)

Please Check Those That Apply:

New Member       Renew       Addr Chg

Please Note: *COG* delivery is now electronically via E-mail, as there is not an elected Editor to produce a USPS issue.

Individual Person Membership Fee ..... \$15 \_\_\_\_\_

Or, Family Membership Fee ..... \$20 \_\_\_\_\_

One-time Initiation Fee ..... \$5 \_\_\_\_\_

Total Membership Fee(s) ..... \$ \_\_\_\_\_

Send this form and a check  
for the total \$ amount to:

**TWBC Membership  
PO Box 112078  
Tacoma, WA 98411**

Check the following boxes if you  
are interested in volunteering for:

- Leading Bike Rides
- Events  
(Daffodil, PMC)
- Newsletter
- Club Meeting Programs
- Becoming a Club Officer

**Thanks for becoming  
a Member of TWBC!**