



the cog-nitive courier

tacoma wheelmen's bicycle club newsletter

po box 112078 tacoma, wa 98411 www.twbc.org 253-759-2800

TWBC, originally established in 1888 & reinvigorated in 1974, is a general purpose bicycling club in Pierce County that welcomes cyclists of all skill levels for social riding. The COG is issued monthly.

“MILTON: Helmet Law Shouldn’t Be Repealed”

By Bob Myrick, Tacoma

It greatly saddens me to see Milton repeal its helmet law based on suspect advice from its insurance provider (TNT, 5-28).

Each traumatic brain injury costs society millions of dollars even if the injured person has sufficient medical insurance. I know several mothers who have lost their sons to skateboard accidents. Helmet laws are a very wise public health measure.

I help out a traumatic brain injury victim. He went through a car window at age 21 while riding his bike without benefit of a helmet. He is now 48 year years old and will never recover, although he has made much progress over the years. Both he and his family suffer greatly.

Over the years, I have been involved in three bicycle versus car crashes. I am very grateful that my helmet saved my life each time.

My bike club, the Tacoma Wheelmen, worked diligently with our health department and local hospitals and others to enact these laws and put helmets on people. We hope Milton’s unfortunate decision is not a trend. ☹

Editor’s Note: First published online on May 29, 2012 at blog.thenewstribune.com/lettersprint and in the print edition on May 30, 2012 in The News Tribune. ☹

Peninsula Metric Century (PMC) 2012: Summary

By Debbie Due

Another big THANK YOU goes to all the Volunteers that helped to make this year’s PMC a successful event. I truly appreciate everything that you did.

Mother Nature blessed us with a pretty nice day, considering what our spring weather has been like so far. It was a little chilly in the morning, but warmed up just enough to make it perfect cycling weather. And **no rain!!** Volunteers were awesome, cyclists delightful & grateful for a course well marked, plenty of good food – beans & rice were once again a big hit (thank you Dave Tullis), and just a great day.

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Web Issue: July, 2012

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We had 548 riders, 310 pre-registered and 281 signed up the day of the ride. It looks like about 40+ of those that pre-registered did not come. We brought in \$12,270. Expenses ran about \$5730, with a net profit of \$6540. We did donate leftover food to the Salvation Army Family Services Center, although there wasn't much. Forty-nine Volunteers helped to make the PMC a big success.

I've taken good notes on additional things that we can do next year to make the PMC even better: more caution signs placed at dangerous corners, hand washing stations to be added, more food at Glenwood, less at Gig Harbor, expand composting, etc. Thank you to everyone that sent in suggestions and recommendations for next year.

I will not be in charge of the PMC next year, but would be happy to walk the next Coordinator through every step of the way. Here's your opportunity to give back, meet lots of great folks, and just have fun. Let me know.

If you have thoughts to share about this ride please email them to be at debdue@harbornet.com.

Happy and safe cycling. ☺

President's Report
Spinning Wheels



By President Tom Reardon

This spring has been an exciting but anxious time to be a Board Member of your Tacoma Wheelmen. We experienced two tremendously successful Ride Events thanks to the leadership of Mike Madden and Debbie Due along with the full participation of the Membership. The Daffodil attracted over 1,000 riders while the Peninsula Metric grew to 600 riders.

However, these successes were tempered by the prospective need to drastically change the very nature of our Club due to a lack of Members willing to Volunteer for leadership roles. As we approached the June General Meeting we had no President, Vice-President, or Special Events coordinator. Additionally, the future of our Newsletter was very much in doubt. In short, we did not have a Board through which TWBC could continue to function.

Serious discussions about the direction of the Club were held and there appeared to be three possible outcomes. As one option, we could possibly divest ourselves of all funds and reorganize as a "ride only" organization. A second option was to hire a paid executive director who would run the Club as a professional profit driven enterprise much in the way the large club to the north operates. The third most desirable, but seemingly least likely, option was for willing Members to step forward at the last minute to continue the traditions of TWBC.

It is with great pleasure that I am able to congratulate and thank the following Members for Volunteering to take an active role to insure that our Club will continue to prosper and grow:

Randy Wallis – Vice President
Daniel Jones – Special Events Coordinator
Don Hoover – Government Affairs assistant to the long serving Bob Myrick
Linda Higgins – Assistant to Secretary

With all of the key positions filled for the upcoming year, we truly enjoyed a most satisfying June General Membership Meeting looking forward to a great future.

President for one more year,
Tom Reardon ☺



By Bob Myrick, Director of
Community and Government Affairs

*Actions affecting you
and your community*

Our little committee met again on Tuesday, June 5, at the Harvester Restaurant in the Stadium District at First and Tacoma Avenues. The next meeting is scheduled for Tuesday, July 3 at 6pm. Please keep riding your bike this summer for your health, recreation and alternative transportation. Remember, when you see things in your local area, you have far more influence than TWBC or some outside commenter. Elected Officials and government employees tend to listen to your comments if you live in the area.

1. Ft. Lewis Intersection. Ralph is working on a letter to JBLM (Ft. Lewis) to formally alert them to a severe safety hazard where a concrete island and a curb have been placed in the fog line shoulder on the Steilacoom-DuPont Road where it connects with the North Gate Road. We are very concerned that a crash will occur here due to the unsafe construction.

2. Statewide BAW Meeting. Each year, the Bicycle Alliance of Washington holds a meeting to review the past State Legislative session and plan for the next session. All member bike clubs are invited to participate in the process. The meeting has been delayed for a month or so. See the BAW website for more information.

3. Trail Building. Sumner is building trail now in the north end. It will extend from 16th Street E. to 8th Street E (Stewart Avenue) on the border between Sumner and Pacific. A bridge will span the White River. We already use an existing part of this trail as it runs along the river.

4. Eatonville Trail. The Bud Blanchard Trail is scheduled to receive volunteer work this summer and the construction contract will be signed next summer. This schedule would allow us to continue to try to find about \$200,000 in grant funds to fully match the \$700,000+ grant being provided by our State Recreation Conservation Office (RCO). This trail will run from downtown to the Pack Forest near the Mountain Highway.

5. Foothills Trail. The National Park Service has designated special national status to our Foothills Trail. Perhaps, the Park Service will be able to provide more help in getting the trail extended from Wilkeson to the Carbon River entrance. Another nearby trail awaiting work is the Elbe to Ashford Trail, about 6 miles, and it is close to the main Longmire entrance to the national park.

6. Bayside Trails. There are soft surface trails between Ruston Way and Stadium Way running high above the salt water. The trails have been greatly neglected by the City of Tacoma. There is a small effort going on to restore the trails. The City received State funds for the original construction and promised to maintain the trails forever. There appears to be City storm water collection systems next to the trails and the trails are over run by water drainage. Hopefully, the City will have it's storm water utility repair and restore the drainage structures.

7. Alaska and 38th Streets. I use a one block part of 38th to get from the Bike/Ped Bridge across Interstate 5 near Titus Will Ford to the bike lanes on Alaska Street. I have asked the City to clear away the brush on the sidewalk on a number of occasions and I have also done it myself. Hopefully, the City will finally get it's act together and get this sidewalk jungle cleaned up.

8. Pierce County Trails Conference. The Forevergreen Council will again put on the annual conference. Last year, TWBC contributed \$1500 to Forevergreen and the conference. Hopefully, Foothills Rails to Trails Coalition will be able to match our contribution. The conference meeting date conflicts with our Club's Monthly Meeting date in September. The wonderful Pierce County Environmental Services building is being provided free of charge for the conference and is only available on Tuesday, September 18.

GAC, continued on page 3

9. Stadium Way Reconstruction and Bike Streets. Both Jane and I attended City of Tacoma open houses where the new construction was explained for Stadium Way. Very nice bike lanes will be provided. The City also presented the schedule for completing it's first phase of bike friendly streets. The work will be completed next summer, not this summer.

10. Grandview Drive Bike Lane Closure. We just received word that the bike lane on the westerly side of Grandview will be closed for a year or so. Pierce County is putting a liner inside a failing sanitary sewer and a temporary sewer line will occupy the bike lane. I told County Officials that cyclists will likely use the Grandview Trail, the sidewalk and the street as a detour.

It appears like Dena Wessels will be retiring as Editor after many years of faithful service. There is no immediate replacement for her so you may be reading this column on our Website as a blog post or whatever we call it. I truly appreciate Dena's many years of service and some of us still enjoy having a real paper newsletter. She will be missed. ☹

Membership Report by Dave Killen database & mailing



Renews (Thank You!):

Mark Abernathy, Bob Baxter, Lois Baxter, Nancy Block-Olexick, Herb Brooks, Sherry Brooks, Sue Coley, Ruth Daugherty, John Davis Family, Debbie Due, Mike Flodin, Anne Hafer, Evonne Howard, Richard Kim, Vickie Kim, Bill Kriese, Richard Long, Toni Matson, Rick Olexick, Kenneth Rousslang, James Sherls, Gene Smith, Trish Smith, Dave Tullis, Dena Wessels, Ralph Wessels, Jan Wieser, and Brian Willson.

New Members (Welcome!):

Daniel Brock, Barbara Burt, Dave Carmichael, Heidi Haines, James Ianelli, Ramona Ionita, Nichol Iverson, John McAuliffe, Carmel McGann, Brooke Quam, John Rhines, Nicole Rhines, Kevin Robinson, Lawrence Schmick, Jeff Twyford, Mike Vier, Steve Wisor, and Samuel Wholstader. ☹

Aug. 25-26: Ride Around Puget Sound

By Team RAPSody

This weekend bicycle tour around the south Puget Sound is exceptional. RAPSody has hot calzones and cold yogurt parfaits, 30 miles of paved trails, classic Northwest scenery and friendly small towns - plus cyclists doing the Chicken Dance to live music.

Five bike clubs work together to organize this 170-mile event in support of the Bicycle Alliance of Washington's advocacy and education programs. RAPSody starts and ends in Tacoma with an overnight in Shelton.

Cost is \$85 through July 15, then \$95 until registration closes on Aug. 17. For more information, visit www.rapsodybikeride.com or call 253-857-5658. ☹

Daffodil 2012 Update

By Bob Myrick

Most of you are aware there was a serious car-bicyclist crash just north of Eatonville during this year's Daffodil event. The injured cyclist was kind enough to report that he is making very good progress in his recovery. He thinks he will be back on the road in July or August. He reported he has been on many happy Daffodil rides extending back over 25 years. His first Daffodil was with his 4 1/2 year old daughter riding together on a modified, old Schwinn Paramount Tandem. He hopes to be with us again next year. ☹

Last Printed COG
(until a new Editor pedals forward)
by Acting Editor Dena Wessels

That's right, this is the last COG that will be printed until a Club Member Volunteers to be Editor. After six interesting years, I am leaving as Editor of this publication. However, as I believe that communication and learning is enhanced, and yes, increased by (in our case) a monthly publication, I have Volunteered to continue as "Acting Editor"; for a while. The COG is fun, don't get me wrong, but there is a lot of effort, time, as well as research that I feel is needed to produce a relatively nice Newsletter. With what has occurred over the previous years all the Board Members have seen an increase of responsibilities.

When I stated my Volunteering to the Board at the June Board Meeting, I set down some provisos. The first proviso is that July 2012 would be the last Printed COG that I would produce. The new Editor can start production again, but as Acting Editor I would undertake to produce only a Web version with two exceptions. I would print out two copies, one to be sent to the Tacoma Public Library & the other to go to our Records/Secretary. Both of these maintain hard copies of the COG for history of the Club.

The second proviso is that I would not be spending as much time as I normally do to produce an issue. I would not be researching websites to place into articles, I would not search for clip art appropriate to Ride Calendar rides or articles, & I would not search for interesting tidbits in order to fill up blank days on the Ride Calendar. All rides will have to go through the Ride Captain, who normally sends me each month's listing to convert into an Adobe table. Spelling errors in submitted articles may not be corrected, & let's just say I'm not afraid of blank spaces anymore.

A third proviso is that I would not include Ride Flyers from other clubs, including the 5 Sisters. I am the third user of the programs the Club purchased for producing the COG. Features disappear with transfer from one computer to another, & old programs do not recognize new versions. I now take PDF flyers and save them as a picture in Paint in order to import them into the InDesign program (first version) for the COG. Only took me about two hours to figure that out, & my monitor stayed 'clenched fist' free.

For that special Member that would like to step forward and take up the reins of the COG, I have a special deal for you. New program(s) would be yours for the choosing & purchasing (getting prior approval of the current Board) in order to produce the Printed and Web COGS.

When the Web version was proposed several years ago, I continued to push for a Printed as well as having a Web version due to a number of reasons. A recent Sunday edition of the News Tribune speaks about a southern community who is loosing their printed paper, & relates the stories of how the printed paper is the only source of news for some people; they don't have the access to, nor the funds required, for all the technology and equipment that brings the www to many people's lives.

The article also speaks of the process of investigation, reporting, and solid hold-in-your-hands history that a printed paper brings. Blogs may be fine, but when one changes companies or servers or formats, history is lost, and news/stories can be 'archived' so that an average person (or Member in our case) is unable to readily access it. Another problem is that Time is at a premium for many working individuals, & they can not spare the moments to pop down to their local library (if it has not closed due to budge cuts), perform a search & request the particular issue they'd like to review. And please don't bring up fast computer speeds as a reason to have only a Web based COG - I just had cable installed a few years ago (I've got pictures of the ditch dug all the way down the dirt road to my house). I know of a lot of people who live out far enough that they are still on the turtle slow download speeds.

So, continue to submit those articles to the email address of newsletter@twbc.org. Get those stories of weekly rides or vacations that you take in & share your experiences with your fellow Members. Pictures are always welcomed to accompany your experiences. I feel torn about pedaling away from an elected position with the Club and not being able to continue with the level of production of the two products, Web & Printed version. Public officials will not have a hard copy to pass

Last Printed COG, continued on page 6

around to their associates, possibly initiating conversations related to cycling in the Pierce County area. Bicycle shop owners will not be able to display a Printed issue for new bike owners to peruse. Members who requested the Printed version when the Web one became available, will have to go online for Club information.

As I stated, it has been a fun and let's say interesting number of years as Editor, and when you throw in my six years as Records/Secretary a few years ago, I've seen a lot of history of the Club. I would be more than happy to assist that special Member, willing to step forward to ensure that the learning and communication among fellow Members continues. The last Editor, Janice Brame, assisted my steep learning curve for a number of months & endured frantic phone calls near the end of the month as production time wound down; I can only do the same for the new Editor. ☺

Blue Box Serenade

By Larry Wyman

There's been road construction in my area going on so long I know where the Blue Boxes are located. And I've availed myself to their comfort more than once.

I've been happy and seen others happy to locate the rest stop relieving stations on our Puyallup Daffy ride, the Peninsula Metric, RAPSody, and other occasions.

Once while taking care of my courtly duties on a temporary throne at Cycle Oregon a fiddle player broke out with a jig in compartment next to mine. I fumbled trying to get my phone video camera working so I could record the most unusual ambience and virtuoso presentation. I'm certain I will never experience an encore of that fine fiddling. The music stopped before the shutter was pushed.

And that brings me to ask how many others in the Club and/or who read the COG would like to see hand washing stations located and people directed to them before reaching in to take sustenance from the food tables at the rest stops and registration areas.

Cycle Oregon had a serious outbreak of NOROVIRUS a couple years back and the Oregon Department of Health attributed it to a lack of hand washing stations.

I tried to open the conversation lightheartedly, but the issue is most serious, and one that deserves our attention and the input of our members.

So please take the time and write comments@twbc.org and voice your opinions and concerns. ☺

RAPSody Volunteers Needed

By Kristin Kinnamon

The Tacoma Wheelmen's Bicycle Club has supported the Ride Around Puget Sound since the event first started nine years ago. TWBC is one of five Puget Sound area bike clubs that sponsor this unique rRide, a fund raiser for the Bicycle Alliance of Washington's advocacy and education programs statewide.

This weekend bicycle tour around the south Puget Sound is exceptional. RAPSody has hot calzones and cold yogurt parfaits, 30 miles of paved trails, classic Northwest scenery and friendly small towns - plus cyclists doing the Chicken Dance to live music. RAPSody starts and ends in Tacoma with an overnight in Shelton.

We need RAPSody Volunteers to help:

- Mark the course in advance – using a special template on area roads.
- Staff the TWBC stop at TCC on Aug. 25, early am & Aug. 26, all afternoon.
- Provide sag and other logistical support on Aug. 25-26.

RAPSody Volunteers, continued on page 7

RAPSody Volunteers, continued from page 6

Contact TWBC Volunteers Ralph & Dena Wessels to learn more: 253 - 857 - 5658. Volunteers receive a RAPSody t-shirt, a pair of socks, and can purchase a RAPSody Jersey at a discounted price (call for size availability).

You can also help by promoting the Ride between now and Aug. 17 – tell your Facebook and other friends and family (both near and far) what a beautiful place we have to ride and invite them to come support this Ride by bicyclists for bicycling. “Like” the RAPSody Facebook page to make it easy to share the love of Puget Sound cycling. Rider cost is \$85 through July 15, then \$95 until registration closes on Aug. 17. For more information, visit www.rapsodybikeride.com or call Betty at : 253-857-5658.

(By the way, RAPSody always helps promote TWBC’s Events - the Daffodil Classic & Peninsula Metric Century are both RAPSody Training Rides.) ☺



Volunteers from B.I.K.E.S have the Rest Stop in Allyn along the waterfront park, on the first day of RAPSody (Photo submitted by Kristin Kinnamon).



For TWBC Monthly Ride/Event Calendar

TERRAIN CODE CHART

- A - Mostly Flat (Interurban Trail)
- B - Gently rolling with one or two steep hills
- C - Rolling steeper hills (Kitsap Peninsula)
- D - Difficult terrain with longer, steeper hills (Vashon Island)

PACE CODE CHART

- 1 - Easy pace, frequent stops to regroup, 9-12 mph on flats.
- 2 - Moderate pace, occasional stops to regroup, 12-15 mph.
- 3 - Steady pace, limited stops, cue sheets/maps, 13-16mph.
- 4 - Fast pace, very limited stops, cue sheets/maps, 16 + mph.



twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
07/01 Sun	8 AM	2 B 3 B	40	Rollie Herman 508 - 8020	2012 Off the Couch Training Series, Week 15. This week's route: Vashon Island loop. Start: 5810 N. Pearl St, Tacoma.
07/02 Mon	9:30 AM	2 C	22 (13)	Steve Lantry 995 -7483	Hail, hardy & ready for coffee. Loop Pt. Defiance. Someone will stay with the slowest rider. Regroup at Ft. Nisqually, then onto Fircrest for espresso/ raspberry scones. You can shorten to 13 miles by cutting out Fircrest. Start: Starbucks @ 26th & Proctor.
07/03 Tues	9:30 AM	2 C	30 - 50	Louie Boitano 922 - 1168	Tuesday Decide To Ride. Meet with friends & go to lunch. Start: To Be Announced.
07/03 Tues	6 PM	00 Meet	00 & Eat	Bob Myrick 473 - 7455	Government Affairs Meeting @ the Harvester Resturant in the Stadium H.S. area @ 1st & Tacoma Ave. Work on bicycle problems around Pierce County. All are invited to participate.
07/04 Weds	9 AM	3 C	30	Tom Ripley 606 - 1720	Ride to Dupont for coffee via Steilacoom for a nice workout. Start: Skyline Park & Ride (6th & Skyline).
07/05 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 651 - 4902	Silk Road Smooooothly. Ride to S. Prairie via Foothills Trail. Paved trail w/ very few road crossings. Beverage of your choice in S. Prairie (no host). Rain Cancels. Start: East Puyallup Trailhead, 13900 - 80th St E, Puyallup
07/05 Thurs	9:30 AM	3 D	30 Steady	Richard Walter 651 - 4902	Over The Hill Gang. For those looking for more of a challenge, you may want to try the Victor Falls, Lower Burnet version of the SRS ride. Start: East Puyallup Trailhead, 13900 - 80th St E, Puyallup.
07/07 Sat	8 AM	3 D	50 - 60	Robert Deehan 272 - 9682	Spokie Cycling Club Ride. Average for entire ride is 17 mph w/ 20-25 mph on the flats. Route decided @ start. No lunch, but coffee & conversation @ the end. Start: Forza Coffee, 2700 Bridgeport Way, University Place.
07/07 Sat	9 AM	3 B - C	50	Jim Ahrens 988 - 2098	Tacoma Bike Shop Ride. Fun, but challenging road ride to destinations from Gig Harbor to Bonney Lake & Dupont. Start: Tacoma Bike, 309 Puyallup Ave., Tacoma.
07/07 Sat	10 AM	2 B	12 - 30	Ron Nowicki 661 - 2664	Training w/ Ron. Rides starting easy & becoming harder. Start: Celebration Park, 1095 S. 324th St, Federal Way.
07/07 Sat	2 PM	1 B	25	Bob Myrick 473 - 7455	Party Ride. There will be 1 stop @ N. 26th & Proctor for coffee/refreshments, & ends across from Wildside Wine. Start: Skyline Park & Ride (6th & Skyline).
07/09 Mon	9:30 AM	1 C	22 (13)	Heinrich Schmidt 759 - 2393	Hail, hardy & ready for coffee. See 07/02 for Ride Details.
07/10 Tues	9:30 AM	2 C	30 - 50	Sue Coley 922 - 1168	Tuesday Decide To Ride. Meet with friends & go to lunch. Start: To Be Announced.



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Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
07/10 Tues	6 PM	00 Meet	00 & Eat	Tom Reardon 759 - 2800	Board Meeting @ the Kim Ahn Restaurant across from TCC on Mildred. Guests & Club Members welcomed.
07/11 Weds	9:30 AM	2 B	43 Trail	Richard Walter 651 - 4902	Chehalis Western Trail. Rain in Tacoma Cancels. Ride to Tenino to stop & buy lunch. Start: Trailhead in Lacy; past Josephine Ct SE & 14th Ave S.
07/12 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 840 - 9450	Silk Road Smoooothly. Rain Cancels. See 07/05 for Ride Details.
07/12 Thurs	9:30 AM	3 D	30 Steady	Richard Walter 840 - 9450	Over The Hill Gang. See 07/05 for Ride Details.
07/14 Sat	9 AM	3 B - C	50	Jim Ahrens 988 - 2098	Tacoma Bike Shop Ride. See 07/07 for Ride Details.
06/14 Sat	10 AM	2 B	12 - 30	Ron Nowicki 661 - 2664	Training w/ Ron. See 07/07 for Ride Details.
07/15 Sun	Noon	1 B	25	Bob Myrick 473 - 7455	Party Ride. Ride crosses the Narrows Bridge to the Cushman Trail w/ a coffee & snack stop. Optional stops @ the HUB & the Parkway on the way back, or you can go direct to the starting point. Little Bill & the Blue Notes will be performing a Blues Vespers music session @ 5 PM. Start: Immanuel Presbyterian Church, 909 N. "J" St, Tacoma.
07/16 Mon	9:30 AM	1 C	22 (13)	Heinrich Schmidt 759 - 2393	Hail, hardy & ready for coffee. See 07/02 for Ride Details.
07/17 Tues	9:30 AM	2 C	30 - 50	Ron Nowicki 661 - 2664	Tuesday Decide To Ride. Meet with friends & go to lunch. Start: To Be Announced.
07/17 Tues	8 AM	3 C	79	Mike Madden 564 - 2718	Ride Around Mt. Rainier in Two Days. Meet at the QFC parking lot & be ready to ride to Paradise for a nice dinner @ the lodge. Start: Enumclaw QFC.
07/17 Tues	8 AM	3 C	74	Mike Madden 564 - 2718	Ride Around Mt. Rainier in Two Days. After a nice breakfast @ the lodge, continue the ride around Mt. Rainier. Start: Paradise Lodge.
07/18 Weds	9 AM	3 C	30	Tom Ripley 606 - 1720	Ride to Dupont for coffee via Steilacoom for a nice workout. Start: Skyline Park & Ride (6th & Skyline).
07/19 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 840 - 9450	Silk Road Smoooothly. Rain Cancels. See 07/05 for Ride Details.
07/19 Thurs	9:30 AM	3 D	30 Steady	Richard Walter 840 - 9450	Over The Hill Gang. See 07/05 for Ride Details.



twbc monthly event schedule

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Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
07/21 Sat	8 AM	3 D	50 - 60	Robert Deehan 272 - 9682	Spokie Cycling Club Ride. See 07/07 for Ride Details.
07/21 Sat	9 AM	3 B - C	50	Jim Ahrens 988 - 2098	Tacoma Bike Shop Ride. See 07/07 for Ride Details.
07/21 Sat	10 AM	2 B	12 - 30	Ron Nowicki 661 - 2664	Training w/ Ron. See 07/07 for Ride Details.
07/22 Sun	2 PM	2 B	0 - 60	Bob Myrick 473 - 7455	Pot Luck Ride. Park across the street from the house w/ the Red door. Ride all the way to Carbon River Mt. Rainier entrance if you choose or ride 8 miles to South Prairie. Start: 107 Lane Blvd NW, 1 mile N of Orting just off the trail.
07/23 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. See 07/02 for Ride Details.
07/24 Tues	9:30 AM	2 C	30 - 50	Louie Boitano 922 - 1168	Tuesday Decide To Ride. Meet with friends & go to lunch. Start: To Be Announced.
07/25 Weds	9:30 AM	2 B	43 Trail	Richard Walter 840 - 9450	Chehalis Western Trail. Rain in Tacoma Cancels. See 07/11 for Ride Details.
07/26 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 840 - 9450	Silk Road Smooooothly. Rain Cancels. See 07/05 for Ride Details.
07/26 Thurs	9:30 AM	3 D	30 Steady	Richard Walter 840 - 9450	Over The Hill Gang. See 07/05 for Ride Details.
07/28 Sat	8 AM	3 D	50 - 60	Robert Deehan 272 - 9682	Spokie Cycling Club Ride. See 07/07 for Ride Details.
07/28 Sat	9 AM	3 B - C	50	Jim Ahrens 988 - 2098	Tacoma Bike Shop Ride. See 07/07 for Ride Details.
07/28 Sat	10 AM	2 B	12 - 30	Ron Nowicki 661 - 2664	Training w/ Ron. See 07/07 for Ride Details.
07/29 Sun	7 - 10 AM	All	5, 15, 30, 65, 100	West Sound Cycling Club 360-434-0434	Tour de Kitsap , Silverdale. \$\$\$ Start: Bremerton Ferry Terminal, or @ Silverdale Beach Hotel, 3073 NW Bucklin Hill Rd www.westsoundcycling.com
07/30 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. See 07/02 for Ride Details.
07/31 Tues	9:30 AM	2 C	30 - 50	Sue Coley 922 - 1168	Tuesday Decide To Ride. Meet with friends & go to lunch. Start: To Be Announced.

The COG Home

TWBC Ride Line : 253 - 759 - 2800
Updated Sunday & Thursday!

The 'Smiling Bicycle' Logo, the Club Jersey
& a majority of Club Ride T-shirts were
(are) designed by Member Steve Lay.



Aug. Ride Calendar Deadline:
Tuesday, July 17, 2012

Aug. COG Article Deadline:
Wednesday, July 18, 2012

Next Club Meeting: 6 PM
Tuesday, Sept. 18, 2012

*Please keep Database Commander Dave updated as to any USPS/E-mail address changes.
It makes his job a lot easier! (If you don't receive your Newsletter, contact the Editor!)*

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Randy Wallis

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publicity@twbc.org

Anita Beninger

DAFFODIL CLASSIC (2012): APRIL 15

daffodil@twbc.org

--Unfilled @ this time--

PENINSULA METRIC (2012): JUNE 3

pmc@twbc.org

--Unfilled @ this time--

RAPSody Contact:

(2012): Aug. 25 & 26

rapsodybikeride@comcast.net

Ralph Wessels, 857 - 5658

BIKE EXPO:

(2012): March 10 & 11

bikebooth@twbc.org

--Unfilled @ this time--

ANNUAL CLUB PICNIC:

(2010): Sept. 26 (?)

--Unfilled @ this time--

CLUB JERSEY SALES:

jerseys@twbc.org

--Unfilled @ this time--

Advertisement Requirements: TWBC Members may place ads in the COG for free that are directly related to bicycling. All ads must be accompanied with contact information (i.e., name, address, phone number, email) of the person submitting the ad.

Local bicycle shops that offer a discount of at least ten percent (10%) to TWBC Members may place ads or flyers in the COG for free. "Local" is defined as within the Puget Sound area. Each bicycle shop may place up to two ads for free in a calendar year.

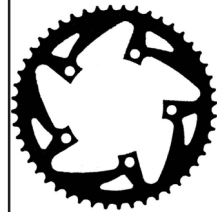
Non-members, agencies, businesses and bicycle shops that do not offer discounts of at least ten percent (10%) to TWBC Members will be charged for placing ads in the COG. Payment for the ad must be received prior to inclusion into the COG. The fee shall not be less than \$10 for a 1-line text ad and will be a minimum of \$50 for quarter page ads or more. The Newsletter Editor will determine an appropriate fee based upon the size and complexity of the ad. All ads are subject to editing and space limitations as deemed appropriate or necessary by the Newsletter Editor. ☺



**July
2012**

**Tacoma Wheelmen's Bicycle Club
PO Box 112078
Tacoma, WA 98411**

mail to:



Please Note: You can become a Member at www.twbc.org. Click on 'Membership' on the left side.

B e c o m e a M e m b e r o f T W B C

Name: _____

Address: _____

City, State: _____

Home Phone: _____

Work Phone (optional): _____

E-mail: _____ @ _____

(all info. is for Club use only; please print clearly!)

Please Check Those That Apply:

New Member Renew Addr Chg

Please Note: *COG* delivery is now electronically via E-mail, as there is not an elected Editor to produce a USPS issue.

Individual Person Membership Fee \$15 _____

Or, Family Membership Fee \$20 _____

One-time Initiation Fee \$5 _____

Total Membership Fee(s) \$ _____

Send this form and a check
for the total \$ amount to:

**TWBC Membership
PO Box 112078
Tacoma, WA 98411**

Check the following boxes if you
are interested in volunteering for:

- Leading Bike Rides
- Events
(Daffodil, PMC)
- Newsletter
- Club Meeting Programs
- Becoming a Club Officer

**Thanks for becoming
a Member of TWBC!**



PMC Chair
Debbie Due
during the 2011 PMC
(Photo submitted
by Steve Brown).



Beans & Rice
@ a 2011
PMC Rest Stop
(Photo submitted
by Steve Brown).

