



# the cog-nitive courier

## tacoma wheelmen's bicycle club newsletter

po box 112078 tacoma, wa 98411 [www.twbc.org](http://www.twbc.org) 253-759-2800

**TWBC, originally established in 1888 & reinvigorated in 1974, is a general purpose bicycling club in Pierce County that welcomes cyclists of all skill levels for social riding. The COG is issued monthly.**

**Web Issue: December, 2011**



### Forevergreen Trails Conference Report

By Bob Myrick



Many Foothills Rails to Trails Members and TWBC Members attended the Forevergreen Trails Conference on November 9 at UWT. I noted that 9 of 17 Board Members ride bikes on a regular basis including TWBC Members Tim Payne and Dave Seago. JEBIII, President Tom Reardon, Ralph Wessels, Dave & Anne Seago and I were there and Dave led the activities. Major sponsors were Foothills, Tacoma Bike, Korum Automotive Group, Bruce Dees and Associates, Dave and Anne Seago and TWBC along with Metro Parks and Pierce County Parks and Recreation. So, stop by Tacoma Bike and thank owner Mike Brown and buy something local.

Louise McGrody from the Bicycle Alliance of Washington gave the keynote address after dinner on "Building Support for Trails". She took us across the State and showed how much great trail activity is going on with regard to both built and being built trails.

Terry Lee, Director of Peninsula Metro Park District, updated us on the progress of the Cushman Trail. They have been awarded \$600,000 from RCO for extending the Cushman Trail towards Burnham Drive and they also have a \$1.1 million RCO grant for actual trail connection to the Scott Pierson Trail at the end of the Narrows Bridge.

Ted Hill, Civil Engineer with the City of Sumner, updated us on several ongoing projects in Sumner. The trail will take many years to be built out, but a missing link on the north end of the City has an RCO grant of \$1 million to build 1600 feet of trail including an expensive Bike/Ped bridge.

Edgewood's Public Works Director updated us on the 4000 feet of trail being built right now in Jovita Canyon. It should be finished in late summer next year including a trailhead park. The cost has been reduced to \$620,000 by working closely with the Engineers and the Contractor (Tucci) to find efficiencies. The original bid was up to \$1 million. Edgewood is part of a coalition of Fife, Milton, Edgewood, Sumner and Pacific building a chain of trails along the original Interurban Rail line from Tacoma to Seattle.

Curtis Hancock, Project Manager for MetroParks Tacoma, updated us on the work at Point Ruston where a 0.7 mile trail will lead to Point Defiance by the end of 2012. MetroParks will then move a lot of dirt to build a trail up the hill paralleling the boat basin to Ferry Drive.

**Forever Green, cont. on pg 2**

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*Remember to 'hang up' after you call the TWBC Ride Line -- people are forgetting about it & it's costing the Club four minutes per call!*

## **Forevergreen, cont. from pg 1**

Kathy Kravits-Smith, Pierce County Parks Director and Pat Johnson, Mayor of Buckley, updated us on the slow progress of the Foothills Trail. Pierce County hopes to have property secured for the connection between South Prairie and Buckley by next summer. Some environmental and design work has to be redone to accommodate changes in route and regulations. The County has been slowed down by required environmental work in Lower Burnett due to protecting the magnificent bridge in Lower Burnett. Pat Johnson said that King County was building towards the White River and the very expensive bridge crossing would come later. Enumclaw is building north to their City limits and King County will be building further north to Landsburg on the Cedar River. Some day we might get to the John Wayne/Iron Horse Trail on Snoqualmie Pass.

I reported on Eatonville having put together \$2 million to build 2 miles of trail from the school complex to Pack Forest. About \$1 million comes from RCO, the Bud Blanchard Estate and friends contributed about \$500,000 and the town contributed \$500,000. It is part of Eatonville's non-motorized plan and a branch of the future Trail to the Mountain.

Jack Horton, Director of the Woodland Trail Association, updated us on progress in Olympia particularly "bridging the gap" across the Interstate 5 area.

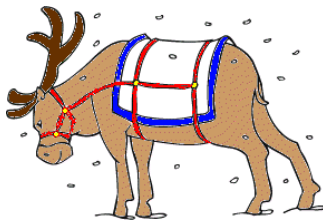
Diane Wiatr, Tacoma Mobility Coordinator, updated us on the City's 13 miles of future Bikeway streets across Tacoma. Park Avenue and points north are being converted into much more friendly bike ways. Park Avenue work is funded and underway. In 1896, Park Avenue and the Water Ditch Trail were the major routes out of the City. Tacoma is restoring these routes thru trail and bikeway work. Diane also indicated a temporary artwork exhibit has been already installed on the future Prairieline Trail and a permanent exhibit will be installed before the trail is completed.

Kimberly Scrivner, Associate Planner from PSRC, updated us on the regional council's extensive bike/ped plan covering four counties.

For more information visit [www.forevergreencouncil.org](http://www.forevergreencouncil.org) and please consider attending next year's annual Trails Conference. ☺

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## **President's Report** **Spinning Wheels**



By President  
Tom Reardon

The November General Meeting overflowed with enthusiastic Members who were treated to an excellent slide presentation by Caroline, Sue and Christy. Hearing about the good times and the challenges they faced while viewing images of the beautiful Oregon scenery made each of us reflect on similar adventures and eagerly anticipate future cycling opportunities. With the heavy winter rain of the Pacific Northwest sagging against familiar biking routes, it is a good to think about winter activities and dream of future rides.

Winter is the time to hibernate. We must resist the temptation or pay high price come springtime. While it is difficult to ride regularly, it is a great time to vary exercise routines. In fact many trainers believe that your body needs a break from constant riding. The key is to find motivating regular activities that keep your fitness level from dropping back to zero. Many Members trade the bicycle for a pair of skis, either Nordic or downhill. Other Members join a gym. Spinning several times a week along with some weight training is a great way to maintain fitness and keep one's core from rotting. Whatever your choice, regular exercise will make the hills in the spring a little less daunting.

As motivation, several future events have already been planned. There will be a training series of rides for all paces every Sunday beginning in March. We have Leaders in place for beginner, intermediate and stronger riders. Sue Coley has announced that she will lead a weeklong series of hub and spoke rides out of Sacramento in the middle of April – check the COG and the TWBC Website for more details. Finally, Mike Madden and Debbie Due have already begun planning our

**Spinning Wheels, cont. on pg 3**

## Spinning Wheels, cont. from pg 2

signature events, the Daffodil Classic in April and the PMC in June.

In these dark days of December, take time to reflect on the past and get ready for miles of riding great riding in the coming year. ☺



By Bob Myrick, Director of  
Community and Government Affairs

*Actions affecting you  
and your community .....*

Our committee met again on Tuesday, November 1, at the Harvester Restaurant in the Stadium District at First and Tacoma Avenues. We were away on vacations the last two months. The next meeting will be on Wednesday, December 7 at 6pm. Our attendance is still small, but our power is great. We talked about a few things as follows.

1. Tacoma's Coalition for Active Transportation will be a player in Tacoma Pierce County Health Department's new grant to improve health in the community. TPCHD received \$800,000 to improve health here in Tacoma. The grant could grow to \$4 million over the next five years if approved by Congress over the years. There are four components: reducing tobacco use; improving nutrition and physical activity; reducing chronic diseases like obesity, diabetes, heart problems and kidney failure; and infrastructure improvements (complete streets). The CAT and I will be involved in the infrastructure improvements and improving nutrition and physical activity.
2. Washington State Coalition for Promoting Physical Activity. Ralph, David Seago, JEBIII and I attended the annual state wide conference held this year at NorPoint Center in NE Tacoma. It was gratifying to hear about efforts to promote physical activity across our State. Dr. Jane Moore of Tacoma is the head of the Coalition.
3. Transportation Advocacy Day. Ralph indicated he will forward information on dates for Advocacy Day as the State Legislature will be called to Olympia to try and ease our financial problems at the State government. More information can be found at the Bicycle Alliance of Washington website (<http://www.bicyclealliance.org/programs/legislation.html#LegAgenda>). Most of our efforts will be on no cost or low cost legislation like reducing speed limits and other measures.
4. The Forevergreen Coalition Annual Conference was held on November 9 and reported elsewhere in this Newsletter. TWBC was happy to contribute \$1500 to Forevergreen.
5. Foothills Retreat. Steve Brown attended the retreat this year. It was held at Camp Arnold near Eatonville. TWBC also supports Foothills Rails to Trails Coalition each year.
6. Washington Wildlife and Recreation Coalition. Ralph was able to attend the annual meeting in downtown Seattle and was very impressed with the large attendance of prominent Officials and Citizens. This Coalition lobbies the State for wildlife, recreation, trails and other improvements. It is common to receive up to \$50 million in good times.
7. Mountains to Sound Greenway. The Greenway runs from downtown Seattle to the Columbia River generally following Interstate 90. The Greenway is celebrating their anniversary, new trail connections in downtown Seattle and the re-opening of the Snoqualmie Summit Tunnel. Check out their website for more information and to join the greenway (<http://mtsgreenway.org/>).
8. Washington State Transportation Improvement Board. Ralph is a member of the TIB. He reported on their continuing efforts to require grantees to provide sidewalks and bike lanes in their construction projects across the State.

**Gov. Affairs cont. on pg 4**

## Gov. Affairs cont. from pg 3

9. Pierce County Parks Personnel Changes. The PCP's is now responsible for operating and maintaining the Chamber's Creek Properties in University Place. Tony Tipton from the Sewer Utility will be working at parks to help extend the trail system. Ryan Dicks is Pierce County Sustainability Coordinator and he will be working half time at parks to help extend the trail system. Grant Griffin has worked for many years on our trail projects including the Foothills and the Cushman Trails. He was also leading the Conservation Futures program at parks. Grant will be retiring at the end of 2011. He wishes the Foothills Trail was complete from Puyallup to Buckley, but 15 miles is pretty nice.

10. Pipeline Trail. I learned recently that my friend Bryan Flint is now a Tacoma Public Utility Board Member. Bryan said he will go out and ride the Pipeline Trail alignment and consider how he might help get some of the trail improved in the near future. The trail is already in the Tacoma and Pierce County Non-motorized Transportation Plans.

11. Steilacoom Railroad Tracks. Tim Ralston LLC now owns the ABITIBI paper mill site and the tracks across the Steilacoom Road are still very, very dangerous. We asked Mr. Ralston to remove or cover over the tracks. He has been non-responsive and we are now turning the matter over to some attorneys who are very desirous of getting the tracks fixed before someone is killed or disabled at the crossing.

It is raining cats and dogs today and blowing. Indian summer may have ended yesterday on our Thursday bike ride. So, it is time to get out your fenders, lights and winter bike clothes to take advantage of the few dry days ahead. I say "dry" because I only start out in the "dry", but I assume I may get caught in the rain. For a different experience, check out [www.skimtta.org](http://www.skimtta.org). Several TWBC Members are deeply involved in the ski/snowshoe trail and hut system near Ashford. Also, I expect to see you at the December Christmas Party (12/18) and our Annual Banquet (01/28) in January. ☺



## Tacoma Wheelmen's Bicycle Club

### Annual Banquet

by Bob Myrick



Each year our Club sponsors a Banquet to reflect on the past year's activities and accomplishments. It is a time for fellowship and to honor significant achievements. You are cordially invited to attend. The Banquet will be held on Sunday, January 29, 2012 at the Titlow Lodge owned by MetroParks at the westerly end of Sixth Avenue down on the water, 8425 Sixth Avenue. This fun, evening event starts at 5pm for socializing with dinner to follow at 6pm. Dean Allen's Catering will once again be serving dinner. This will be about the 14th year for Dean Allen's team because they do such a great job. The menu will be on the Italian theme with Chicken Parmesan, Pasta with meat sauce, Pasta Primavera, Pasta with smoked salmon and several salad offerings. Your cost for the event is a very low \$20 for adults and \$15 for children.

Look in this Newsletter for the 2012 Banquet Reservation Form. Mail your reservations to [TWBC Banquet](#), PO Box 112078, Tacoma, WA, 98411. You will not receive any confirmation so just trust us to do the right thing. We must limit attendance to about 88 people so think about signing up early. If you are not dining with us, feel free to come by after 7pm for the Annual Awards Program.

Dress at the Banquet ranges from your old cycling clothes to your best evening wear, your choice. The Banquet is the time to reflect on the past year and reaffirm your interest in cycling. We recognize note-worthy mileages, volunteerism and accidents. There is always good food, beverages merriment and good humor. Sometimes, it's the only time of year when the Code 2 riders meet the Code 3 riders or when the Monday riders meet the Tuesday riders, weekend cyclists and hard-core dedicated commuters.

**Banquet cont. on pg 5**

## Banquet cont. from pg 4

The Banquet is traditionally the largest gathering of your fellow Club Members. We limit the attendance due to the size of the venue and our budget. Please send your ride logs to Richard Walter, Touring Captain, so that we can recognize your accomplishments. If you have good digital images from the past year, save them, until we announce who will be presenting a slide show of the past year's fun times.

As always, we welcome any help. Our President, Tom Reardon, will be the Master of Ceremonies. I expect that someone (*need a volunteer here!*) will be providing some refreshments and light snacks for the social hour. Carol Davis will be providing wine for our dinner. I think someone (*need a volunteer here!*) will be helping to organize the event in several different ways. These folks are all great company, so come out early and help them set up the place. Please call me at 473-7455 if you have questions or would like to help. We really need your images and someone (*need a volunteer here!*) who can organize the slide show. ☺

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### Club Jerseys/Buddy Flaps make excellent holiday gifts!

Consider giving these gifts to that (those) special someone(s) during this Holiday Season!

#### TWBC Buddy Flaps

These Buddy Flaps come in three colors, Titanium, Red & Yellow, with the TWBC logo on them. Including all the hardware for mounting, they are \$10 each. Help your riding buddies follow you without hesitation by getting yourself or a friend a set of flaps. Contact the Editor; I'll forward your order to the appropriate individual & you can be a TWBC Buddy to your riding chums when it rains.



#### TWBC Jerseys

Show your cycling pride! Get (or give) a TWBC Jersey. A select few are left from the original design by our own Steve Lay, and are only \$53 each. Be sure to get yours before the Club forms a committee for a new design. There are 4 Medium, 12 Large, & 3 Extra Large (they are said to run small). Contact the Editor; I'll forward your order to the appropriate individual & you can show your Club spirit when riding (or when a ride stops to eat @ a restaurant!). ☺

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Blast from the Past!  
(originally in the Dec 2008 COG)

### A Fantastic Holiday Gift; Show That You Care by Dena Wessels

I want to personally recommend Road ID (<http://www.roadid.com/Common/Default.aspx>) to Members of the Tacoma Wheelmen's Bicycle Club. Even if you carry your wallet or Driver's License on your bike, in an accident, your bike doesn't go with you in the ambulance; only you do. Sometime your shoes may not even go with you, if you are hit hard enough that they come off of your feet.

If you were an unconscious accident victim brought into an ER, you may not be able to convey an pre-existing medical conditions that could make a huge difference in the kind of treatment you receive. A Road ID could do that for you.

Unfortunately, it is possible in today's economic climate that only the 'basics' will be given to an unconscious, unidentified, uninsured (?) accident victim. More extensive treatment (better for future procedures) may only given to such a person brought to an ER if a family member can be contacted & a 'go ahead' acknowledgement (i.e., agreement of payment for the

**Road ID cont. on pg 6**

## Road ID cont. from pg 5

treatment) is made. This is very harsh, but true situation that exists, that no one likes to acknowledge.

If you were found on the road, apart from your (wallet on your) bike, would ER staff know whom to contact? A Road ID could do that for you.

Road IDs make functional, practical & caring gifts for any active person in your life. Road ID Gift Cards can be redeemed on [www.RoadID.com](http://www.RoadID.com), by phone, mail, or fax. Gift cards are available in any amount.

Do you need that last minute gift? You're in luck. When you purchase a Road ID E-Card, the gift certificate will be immediately E-mailed to the E-mail address you provide @ the time of purchase.

Go to the web site & read the testimonials. Road ID's can make a difference to yourself or a person you care about.

*2011 Editor's Note: Items available at this site in 2011 include Wrist ID, Ankle ID, Shoe ID, 'dog tags' (FIXX ID), Shoe Pouch ID, Scott ID (for wonder doggies), Firefly Supernovas in different colors & the Firefly belt. Of course, the Road ID Gift Card is always available.*

*Order by Nov. 29 - Dec. 6, & receive 15% off of your entire order with the code "pcSanta215". Order by Dec. 7 - Dec. 25, & receive 10% off of your entire order with the code "pcSanta210".*

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## Cranksgiving

By Bob Myrick, Carol Davis & Janet Higbee

Cranksgiving was a great, sunny day to ride and party. It was fun! Thirteen riders went over the Narrows Bridge from the Wildside Shop. We went 20 miles and all came back with no flats. The morning ice had melted so we were happy riders.

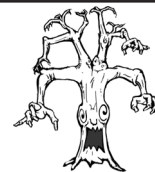
The Tacoma Musical Playhouse donated use of a room! Twenty people showed up for the Cranksgiving feast and party, with real dishes ... nice not to create so much trash. *(For next year, perhaps) .....* we can be asked to bring our own plates, etc...like my mother used to do when we picnicked in the 60's.

Three hundred dollars was raised for the St Leo's Food Connection along with several bags of food for a local food bank. Thanks for all your work!!

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## Black Cat 5-Mile Fun Run 2.5-Mile Family Dash by Gene Smith



The 2nd Annual Black Cat Run (*Oct. 22, 2011*) is part of the Holiday Run Series sponsored by Tacoma Metro Parks to help fulfill their mission statement to "create healthy opportunities to play, learn and grow." So...why would the Metro Parks Wellness Coordinator invite 10 people from TWBC to ride their bikes at a running event? Did I mention that the event started after sunset...at Point Defiance Park...on the Five Mile Drive...in the woods...at night...in the dark? Our mission was to patrol slowly around the course to help the runners feel comfortable just in case, you know, something SCARY happens! Well nothing happened...except a lot of fun, laughs, and aerobic exercise. What a blast!

The day was wet with heavy rain right up to the start time but eight riders still showed up. Miraculously the rain stopped for the event. It was interesting that while we all met at the start, I didn't see any of the other riders on the course until the end. Everyone was evenly spaced around the course, just as we planned it. So what was it like to ride around the park in the dark? Eerily fascinating though technically, it wasn't a "blackout" because the course marshal spread out a trail of glow sticks on the pavement throughout the park. We didn't need lights to follow the trail. I have only heard of this but I imagined it was

**Black Cat cont. on pg 7**

## Black Cat cont. from pg 6

a like seeing the trail of plankton in the ocean that glows in the wake of a ship.

Many runners wore costumes that glowed and everyone was great company as we did three loops by the zoo, through the drive, and past the fort. Also, runners and riders alike reported seeing park wildlife - deer, raccoon, opossum, and even a fox. It was a totally different experience from riding in the light. We are already looking forward to supporting the 3rd annual run next year. Contact Gene Smith if you are interested in participating.

P.S. Metro Parks puts on a lot of good active events including other runs. Details can be found here: <http://www.metroparkstacoma.org>. The next run in the series is the Norpoint Turkey Trot on 11/24, but check out the Jingle Bell Run (12/24) and the Last Mile at First Night (12/31).

*Editor's Note: The Norpoint Turkey Trot is sold out as of this date, but there is still room in the Kid's Trot!* ☺

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### Heads Up by Sue Coley

Make your spring touring plans. This (*upcoming*) year we are planning a Club "Hub & Spoke" ride in Sacramento. Date: April 16th to 23rd. Stay tuned for more info. Contact person: Sue Coley; email: [coley15313@comcast.net](mailto:coley15313@comcast.net). ☺

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### Membership Report by Dave Killen database & mailing



#### Renewing Members (Thank You!):

Lafe Alltier, Carol and Roz Davis, Joseph and Susan Krezelak, Jerry Langston, Sue Matthews, Jo-Anne and Michael Priedbe, Harry Simmons, Caroline Warnock, & Michael Wood. ☺

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*Dupont*



12/07, 12/21

12/14, 12/28

### December Ride Notes:

**Ride to Dupont.**

**Chehalis Western Trail.**

Sign up with a contact number so we can notify you by phone (preferably cell, in case

you are in transit) if a ride has been cancelled. For CWT bring \$\$\$ to buy lunch in Tenino. For both rides, if it is raining in Tacoma at the time we need to leave for the scheduled ride, the ride will be cancelled, & we will contact you by your sign up cell phone number &/or email address. We encourage riders to car pool. ☺

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### For TWBC Monthly Ride/Event Calendar

#### TERRAIN CODE CHART

- A - Mostly Flat (Interurban Trail)
- B - Gently rolling with one or two steep hills
- C - Rolling steeper hills (Kitsap Peninsula)
- D - Difficult terrain with longer, steeper hills (Vashon Is.)

#### PACE CODE CHART

- 1 - Easy pace, frequent stops to regroup, 9-12 mph on flats
  - 2 - Moderate pace, occasional stops to regroup, 12-15 mph
  - 3 - Steady pace, limited stops, cue sheets/maps, 13-16 mph
  - 4 - Fast pace, very limited stops, cue sheets/maps, 16+ mph
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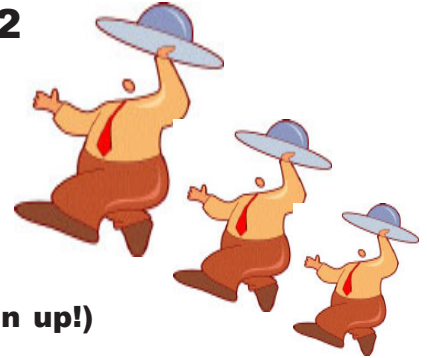
### ☺ Holiday Humor ☺

Christmas is just plain weird. What other time of the year do you sit in front of a dead tree in your living room, eating candy and snacks out of your old socks?



# TWBC ANNUAL BANQUET RESERVATION FORM

**NEW DATE:**  
**Sunday, January 29, 2012**  
**Titlow Lodge**  
**8425 - 6th Avenue**  
**Tacoma, WA 98406**



**(Attendance limited  
to the first eighty-eight people to sign up!)**

**Please list the names in your party for name tags  
so you and others will know who you are...  
(please print clearly!)**

**Name:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Name:** \_\_\_\_\_



**Number of adults** \_\_\_\_\_ **X \$20 each = \$** \_\_\_\_\_

**Number of children** \_\_\_\_\_ **X \$15 each = \$** \_\_\_\_\_



**Total Enclosed = \$** \_\_\_\_\_

**Send this form and a check made out to TWBC for the total \$ amount to:**

**Annual Banquet, TWBC, PO Box 112078, Tacoma, WA 98411**







# twbc monthly event schedule









call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
12/01 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 651 - 4902	Silk Road Smooooothly. Ride to S. Prairie via Foothills Trail. Paved trail w/ very few road crossings. Beverage of your choice in S. Prairie (no host). Rain Cancels. Start: East Puyallup Trailhead, 13900 - 80th St E, Puyallup. 
12/01 Thurs	9:30 AM	3 D	30 Steady	Decide to Ride	Over The Hill Gang. For those of you looking for more of a challenge, you may want to try the Victor Falls, Lower Burnet version of the SRS ride. Start: East Puyallup Trailhead, 13900 - 80th St E, Puyallup. 
12/02 Fri	Cut	Hair	Not	Skin	The Safety Razor was patented in 1901.
12/03 Sat	9 AM	3 D	50 - 60	Robert Deehan 272 - 9682	Sat. Spokie Cycling Ride. Average for entire ride is 17 mph w/ 20-25 mph on the flats. Route decided @ start. No lunch, but coffee & conversation @ the end. Start: Forza Coffee, 2700 Bridgeport Way, University Place. 
12/04 Sun	Noon	1 C	20	Bob Myrick 473 - 7455	Wildside Shop Ride. Different routes throughout the month. Retire to the shop to warm up & socialize. Rain Cancels. Start: Wildside Wine Shop, 608A S. Oxford, Tacoma.
12/05 Mon	9:30 AM	1 C	22 (13)	Steve & Phyllis Lay 759 - 1816	Hail, hardy & ready for coffee. Loop Pt. Defiance. Someone will stay with the slowest rider. Regroup at Ft. Nisqually, then onto Fircrest for espresso/ raspberry scones. You can shorten to 13 miles by cutting out Fircrest. Start: Starbucks @ 26th & Proctor. 
12/06 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Ron Nowicki 661 - 2664, or Sue Coley. Start: Freighthouse Square, 430 E. 25th St, Tacoma.
12/07 Weds	9:30 AM	2 B	43	Richard Walter 651 - 4902	Ride to Dupont & stop for coffee. Rain in Tacoma Cancels. See Ride Notes for Details. Start: Skyline Park & Ride (6th & Skyline). <span style="float: right;"><i>Dupont</i></span>
12/07 Weds	6 PM	00 Meet	00 & Eat	Bob Myrick 473 - 7455	Government Affairs Meeting @ the Harvester Resturant in the Stadium H.S. area @ 1st & Tacoma Ave. Work on bicycle problems around Pierce County. All are invited to participate.
12/08 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 651 - 4902	Silk Road Smooooothly. Rain Cancels. See 12/01 for Ride Details. 
12/08 Thurs	9:30 AM	3 D	30 Steady	Decide to Ride	Over The Hill Gang. See 12/01 for Ride Details. 
12/09 Fri	Thin	Light	Layer	Flaky	National Pastry Day. Celebrate with your favorite.
12/10 Sat	9 AM	3 D	50 - 60	Robert Deehan 272 - 9682	Sat. Spokie Cycling Ride. See 12/03 for Ride Details. 



# twbc monthly event schedule








call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
12/11 Sun	Noon	1 C	20	Bob Myrick 473 - 7455	Sunday Social Ride. Different routes throughout the month. Retire to Java Fusion to warm up & socialize. Rain Cancels. Start: Skyline Park & Ride (6th & Skyline).
12/12 Mon	9:30 AM	1 C	22 (13)	Steve & Phyllis Lay 759 - 1816	Hail, hardy & ready for coffee. See 12/05 for Ride Details. 
12/13 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Ron Nowicki, 661 - 2664, or Sue Coley. Start: Sumner Library, 1116 Fryer Ave, Sumner.
12/13 Tues	6 PM	00 Meet	00 & Eat	Tom Reardon 759 - 2800	<b>Board Meeting</b> @ the Kim Ahn Restaurant across from TCC on Mildred. Guests & Club Members welcomed.
12/14 Weds	9:30 AM	2 B	43 Trail	Richard Walter 651 - 4902	Chehalis Western Trail. Rain, Ice, Snow in Tacoma Cancels. See Ride Notes for Ride Details. Start: Trailhead in Lacy, past Josephine CtSE & 14th AveS. 
12/15 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 651 - 4902	Silk Road Smoooothly. Rain Cancels. See 12/01 for Ride Details. 
12/15 Thurs	9:30 AM	3 D	30 Steady	Decide to Ride	Over The Hill Gang. See 12/01 for Ride Details. 
12/16 Fri	"Just	the	facts	Ma'am .....	"Dragnet" premieres on TV in 1951.
12/17 Sat	9 AM	3 D	50 - 60	Robert Deehan 272 - 9682	Sat. Spokie Cycling Ride. See 12/03 for Ride Details. 
12/18 Sun	11 AM  1 PM	1 A  Appear	17 - 20  Party	Bob Myrick 473 - 7455	<b>Ride &amp; Holiday Party.</b> Join fellow Club Members for our annual affair @ Myrick's house. Easy ride @ 11 AM. Rain may Cancel. Food & drinks @ 1 PM will be provided by the Club, but potluck items may also be added. Start: 107 Lane Blvd. NW, Orting.
12/19 Mon	9:30 AM	1 C	22 (13)	Steve & Phyllis Lay 759 - 1816	Hail, hardy & ready for coffee. See 12/05 for Ride Details. 
12/20 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Ron Nowicki, 661 - 2664, or Sue Coley. Start: McDonald's, 112th & Pacific Ave.
12/21 Weds	9:30 AM	2 B	43	Richard Walter 840 - 9450	Ride to Dupont. Rain in Tacoma Cancels. See 12/07 for Ride Details. 
12/22 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 651 - 4902	Silk Road Smoooothly. Rain Cancels. See 12/01 for Ride Details. 



# twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Day/- Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
12/22 Thurs	9:30 AM	3 D	30 Steady	Decide to Ride	Over The Hill Gang. See 12/01 for Ride Details. 
12/23 Fri	Buzz	Whine	Tuning	Hit that Dial	The transistor is first demonstrated at Bell Laboratories in 1947.
12/24 Sat	9 AM	3 D	50 - 60	Robert Deehan 272 - 9682	Sat. Spokie Cycling Ride. See 12/03 for Ride Details. 
12/26 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. See 12/05 for Ride Details. 
12/27 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Ron Nowicki, 661 - 2664, or Sue Coley. Start: Freighthouse Square, 430 E. 25th St, Tacoma.
12/28 Weds	9:30 AM	2 B	43 Trail	Richard Walter 840 - 9450	Chehalis Western Trail. Rain, ice, snow in Tacoma Cancels. See 12/14 for Ride Details. 
12/29 Thurs	9:30 AM	2 - 3 A	30 Trail	Richard Walter 840 - 9450	Silk Road Smooothly. Rain Cancels. See 12/01 for Ride Details. 
12/29 Thurs	9:30 AM	3 D	30 Steady	Decide to Ride	Over The Hill Gang. See 12/01 for Ride Details. 
12/30 Fri	Keep	Trying	Keep	Knocking on the Door	Gwyneth Bebb Thompson is the 1st female student admitted to 1 of 4 Inns of Court in London (professional associations), Lincoln's Inn, to which barristers of England & Wales belong.
12/31 Sat	9 AM	3 D	50 - 60	Robert Deehan 272 - 9682	Sat. Spokie Cycling Ride. See 12/03 for Ride Details. 
<b>01/29 Sun</b>	<b>5 PM, 6 PM, 7 PM</b>	Meet &, Meet, Meet &	Greet; & Eat; Award	Bob Myrick 473 - 7455	<b>TWBC Annual Banquet.</b> See article Dec COG. MetroParks Titlow Lodge, 8425 Sixth Ave., Tacoma. Please reserve your space now.

### Editor's Note:

The 2012 Annual Budget was scheduled for presentation to the Members at the Nov. General Club Meeting.  
Those in attendance voted to approve the presented Budget.

### ☺ More Holiday Humor ☺

The first Animal Crackers were not made for eating  
... they were made as Holiday tree decorations!

STRESSED is just DESSERTS  
spelled backwards.

### Tips & Tricks...

Have a large gift to wrap? Rather than struggle with regular gift wrapping paper, use a paper tablecloth to wrap your large gift. You usually can find one with a holiday pattern. Check your local discount store!

# The COG Home

**TWBC Ride Line : 253 - 759 - 2800**  
**Updated Sunday & Thursday!**

The 'Smiling Bicycle' Logo, the Club Jersey  
& a majority of Club Ride T-shirts were  
(are) designed by Member Steve Lay.



**Next Ride Calendar Deadline:**  
**Mon, December 26, 2011**

**Next COG Article Deadline:**  
**Tues, December 27, 2011**

**Next Club Meeting: 6 PM**  
**New Location!**  
**Tuesday, Feb. 21, 2012**

Please keep Database Commander Dave updated as to any USPS/E-mail address changes.  
It makes his job a lot easier! (If you don't receive your Newsletter, contact the Editor!)

## **PRESIDENT:**

[president@twbc.org](mailto:president@twbc.org)

Tom Reardon, 952 - 5964

## **VICE - PRESIDENT:**

[vp@twbc.org](mailto:vp@twbc.org)

--Unfilled @ this time--

## **SECRETARY:**

[secretary@twbc.org](mailto:secretary@twbc.org)

Caroline Warnock (temporary)

## **TREASURER:**

[treasurer@twbc.org](mailto:treasurer@twbc.org)

Fred Swift, 355 - 4365

## **RIDE COORDINATOR:**

[ridecaptain@twbc.org](mailto:ridecaptain@twbc.org)

Rich Walter, 840 - 9450

## **DIRECTOR OF COMMUNITY & GOVERNMENT RELATIONS:**

[gac@twbc.org](mailto:gac@twbc.org)

Bob Myrick, 473 - 7455

## **DIRECTOR OF SPECIAL EVENTS:**

[events@twbc.org](mailto:events@twbc.org)

--Unfilled @ this time--

## **NEWSLETTER EDITOR:**

[newsletter@twbc.org](mailto:newsletter@twbc.org)

Dena Wessels, 857 - 5658

(All Phone #s are 253 Area Code, unless otherwise indicated.)

## **MEMBERSHIP,**

## **DATABASE & MAILING:**

[database@twbc.org](mailto:database@twbc.org)

Dave Killen, 677 - 5896

## **WEBMASTER:**

[webmaster@twbc.org](mailto:webmaster@twbc.org)

Rich Walter, 840 - 9450

## **TWBC SAFETY & EDUCATION**

Jim Ahrens, 566 - 3347

## **TWBC EQUIPMENT :**

[equipment@twbc.org](mailto:equipment@twbc.org)

Steve Brown, 752 - 4038

Assistant Jim Davis

## **TWBC PUBLICITY:**

[publicity@twbc.org](mailto:publicity@twbc.org)

Anita Beninger

## **Several Positions**

**are open:**

Volunteer

**for YOUR Club!!!**

## **DAFFODIL CLASSIC**

**(2012): APRIL 15 ??????**

[daffodil@twbc.org](mailto:daffodil@twbc.org)

Mike Madden, 720 - 0127

## **PENINSULA METRIC**

**(2012): JUNE 3**

[pmc@twbc.org](mailto:pmc@twbc.org)

Debbie Due, 564 - 4188

## **RAPSody Contact:**

**(2012): Aug. 25 & 26**

[rapsodybikeride@comcast.net](mailto:rapsodybikeride@comcast.net)

Ralph Wessels, 857 - 5658

## **ANNUAL CLUB PICNIC:**

**(2010): Sept. 26 (?)**

--Unfilled @ this time--

## **BIKE EXPO:**

**(2012): March 10 & 11**

[bikebooth@twbc.org](mailto:bikebooth@twbc.org)

--Unfilled @ this time--

## **CLUB JERSEY SALES:**

[jerseys@twbc.org](mailto:jerseys@twbc.org)

--Unfilled @ this time--

**Advertisement Requirements:** TWBC Members may place ads in the COG for free that are directly related to bicycling. All ads must be accompanied with contact information (i.e., name, address, phone number, email) of the person submitting the ad.

Local bicycle shops that offer a discount of at least ten percent (10%) to TWBC Members may place ads or flyers in the COG for free. "Local" is defined as within the Puget Sound area. Each bicycle shop may place up to two ads for free in a calendar year.

Non-members, agencies, businesses and bicycle shops that do not offer discounts of at least ten percent (10%) to TWBC Members will be charged for placing ads in the COG. Payment for the ad must be received prior to inclusion into the COG. The fee shall not be less than \$10 for a 1-line text ad and will be a minimum of \$50 for quarter page ads or more. The Newsletter Editor will determine an appropriate fee based upon the size and complexity of the ad. All ads are subject to editing and space limitations as deemed appropriate or necessary by the Newsletter Editor.



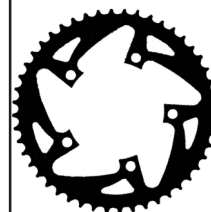
**December  
2011**

**Tacoma Wheelmen's Bicycle Club  
PO Box 112078  
Tacoma, WA 98411**



**mail to:**

[Empty box for mailing address]



Please Note: You can become a Member at [www.twbc.org](http://www.twbc.org). Click on 'Online' under the Join heading.

***B e c o m e   a   M e m b e r   o f   T W B C***

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone (optional): \_\_\_\_\_

E-mail: \_\_\_\_\_ @ \_\_\_\_\_

(all info. is for Club use only; please print clearly!)

Please Check Those That Apply:

New Member       Renew       Addr Chg

Please Note: *COG* delivery is now electronically via E-mail, unless you indicate here  for the more costly, less 'Green' delivery method through the US Postal Service.

Individual Person Membership Fee ..... \$15 \_\_\_\_\_

Or, Family Membership Fee ..... \$20 \_\_\_\_\_

One-time Initiation Fee ..... \$5 \_\_\_\_\_

Total Membership Fee(s) ..... \$ \_\_\_\_\_



Send this form and a check for the total \$ amount to:

**TWBC Membership  
PO Box 112078  
Tacoma, WA 98411**

Check box if you do not want your USPS address, phone # or email address in the yearly Membership listings.

Also...Check boxes if you are interested in volunteering for:

- Leading Bike Rides
- Events  
(Daffodil, PMC)
- Newsletter
- Club Meeting Programs
- Becoming a Club Officer

**Thanks for becoming  
a Member of TWBC!**