



the cog-nitive courier

tacoma wheelmen's bicycle club newsletter

po box 112078 tacoma, wa 98411 www.twbc.org 253-759-2800

TWBC, originally established in 1888 & reinvigorated in 1974, is a general purpose bicycling club in Pierce County that welcomes cyclists of all skill levels for social riding. The COG is issued monthly.

Bike Trips for a 60th Birthday

by a TWBC Member

1. April through May 2010, we enjoyed a southern US ride with Steve, Phyllis, and Phil. Starting at San Jose we rode down the coast to San Diego to begin following the Adventure Cycling bike route to St. Augustine. It was a wonderful trip with good weather and moderate mileage. We had the opportunity to fit the trip to us five, not us five having to pace ourselves according to an organized tour. Highlights of the trip were Jacumba where we were next to the US border fence, snow storm over Emory Pass going into New Mexico, hill country Texas where we seemingly followed Lance Armstrong's training route through a state park, plantation homes in Louisiana, blazing white sand of the Gulf, tasting crawfish chowder, and touring Castillo San Marcos.

2. The second trip was Jim Davis' birthday ride at the Coeur d'Alene trail. We had wonderful weather and good company with other Club Members traveling along the lake for three days.

3. Third, we traveled to North Dakota CANDISC week long bike tour. Biking with about 400 others, the oldest age 82, we traveled a loop from Garrison Dam. It was a beautiful tour of farm country. The tour organizers decorate porta potties with geese dressed in biking clothes so it's very festive. We camped at schools or parks. Several parks had museums so it was interesting to see what they presented. The longest day was 92 miles, the shortest 42.

4. Leaving for the southeast again, we headed to Tennessee to do their annual week long BRAT ride. This was our third year so we knew some folks. The group was smaller than previous years, about 140. We think this was because of the hilly terrain. The ride began at Harrison Bay outside of Chattanooga. The first day, going up to the Cumberland Plateau, was a killer 79 miles with two 4-5 mile hills right after another. My thermometer registered 102 degrees so the heat wasn't helping folks. There were many folks walking or taking short 1-2 mile rides in back of pickups driven by non-riders. Thankfully they offered hiking, canoe, rafting, other mileage options and routes on two of the days so people could choose what they wanted to do.

... A 60th Birthday, continued on page 2

Web Issue: November, 2010

In this issue of the COG

Bike Trips/A 60th Birthday
President's Report

page 1, 2
page 2, 3

GAC Report
Membership

page 3, 4
page 4

Musings ...
Ride Notes

page 5, 6
page 7

Ride Calendar

page 8, 9, 10



... A 60th Birthday, continued from page 1

5. Next we headed for Asheville Biltmore Estate. We had a fantastic time touring the estate for two days before beginning the ride. There were 1200 people riding the week Cycle North Carolina (CNC) tour. It rained all day for two days. Thankfully, on my 60th birthday the sun came out and it was beautiful. Then back to back rain for two days and nights. It was so wet in camp that we were fearful of flooding the tent. It didn't get that bad, but it was unfunny flip-flopping in the mud to the porta potty and trying to keep the inside of the tent dry. The longest day of the ride was 84, the shortest was 47. The ride ended at Ocean Isle Beach on a beautiful sunny day with a catfish, hushpuppy, and barbecued chicken meal.

6. Last, we headed to Kentucky for GRABRAKY, the Governor's Annual Ride Across Kentucky. There were 42 riders on this three day tour that began on the Kentucky River. It was a beautiful fall color ride of 65-90 miles daily. We were the touring riders as we took lots of pictures of the quilt painted barns, tobacco and hay harvesting. Most riders were racing in packs so four of us with touring bikes had the road to ourselves after they whizzed by.

Hope you enjoyed hearing about the rides. Most states have weekly or shorter rides advertised in Adventure Cycling or the internet. We like to visit different states and enjoy hearing the ages of the riders. So far, the oldest on the week long tours has been 82 so that leaves me feeling like a spring chicken, knowing I have 22 more years to enjoy and discover other tours to try. Hope you try some also. ☺

President's Report
Spinning Wheels



By President
Tom Reardon

The following story is true, only the names have been changed to protect.....you know! A weekend ride was posted on line. When the leader, "Dear Leader", checked the participant list and ran the waiver, there were no names listed. Undaunted by the lack of enthusiastic response, and resigned to being a group of one, Dear Leader set off for the designated starting location. Upon arriving at the start, the only cyclists in view were two helmet-less "sidewalk pedalers". With only this cursory glance and the clock striking the designated time, Dear Leader set off alone. It was a beautiful autumn day and the solitary ride was a joy, but upon arriving home the answering machine was flashing with a message of confusion and distress. A Member was searching for the scheduled ride - she had been left behind by me, I mean Dear Leader. Clearly the Leader was at fault; he should have carefully checked the area before departing.

There is a lesson here. Avoid falling victim to such an unintended oversight. If you intend to participate, register on line. When the Ride Leader prints the waiver form before leaving home for the start of the ride, your name and contact information will appear on the waiver form. Even the most careless Leader will make every possible effort to contact you before leaving the start location.

SURVEY: Thirty-two surveys were returned. Thank you to everyone who took the time to respond.

The Board was looking for broad themes hoping that we would have one or two areas on which the overwhelming majority of the Membership could agree needed attention. These are the responses that appeared repeatedly:

Important reasons for being a member of TWBC:

1. The chance to ride with others who enjoy biking.
2. The wide variety of rides that are available.
3. Advocacy for the interests of bike riders.
4. The chance to meet people who haven't heard all (*the*) stories (Larry).

Spinning Wheels, continued on page 3

Spinning Wheels, continued from page 2

The most important thing we must address:

1. Attract and involve younger riders and even families.
 - A. Higher level weekend rides when working people can attend.
 - B. "Get acquainted" rides introducing the fun of group riding to new riders and families.
2. Better communication both internally and with the public at large.
 - A. Outreach to New Members, clear information about upcoming events and ways to be involved.
 - B. Build relationships with other organizations that share our goals.
 - C. Become more visible to the public.

During the course of this year, we will focus on these areas. Together we will build on our strengths and address the two areas you have identified as the most urgent for the continued growth of our Club. ☺

Editor's Note: This survey was conducted strictly via direct e-mail. Members were requested to reply either by e-mail or USPS (of which there were none of the latter).



By Bob Myrick, Director of
Community and Government Affairs

*Actions affecting you
and your community...*

Last month, I reported we wouldn't be having an official Government Affairs meeting in early October due to my travel plans. Well, I didn't get to travel since I developed other obligations and we did have a short meeting at the Harvester Restaurant in the Stadium District at First and Tacoma Avenues. We plan to meet there again on Tuesday, November 2 (Election Day) at 6 pm. If you are interested in working in your community and local government to advocate for biking for recreation, health and transportation, please consider joining us.

1. Bike Counts. We talked about the need for bike and pedestrian counters for the early October census. The annual census is conducted thruout the Puget Sound Region.

2. Water Ditch Trail. Tacoma's Mobility Coordinator arranged a bicycle tour for City Council and Planning Commission members. Several community activists including me were invited along for the ride. About 15 riders toured the present and future trail from South Park Community Center all the way to the end near the B&I shopping center. The Water Ditch Trail will be about 4.5 miles when completely finished. It is about half finished. Dana Brown from Tacoma's Public Works Department explained that funding is in place to complete the trail and to build the critical crosswalks on South 56th and South 74th Streets. We observed kids and parents using the trail to get to school. A highlight of the trip was a Tacoma Motorcycle Patrolman stopping all traffic on South 74th Street so we could safely cross the street. He didn't know he was doing this for the City Council's parade of bikes.

3. Ten Most Wanted Trails. Last month, Ralph and I sent out our ten most wanted trails letter to elected officials across the County. We did receive feedback. PenMet Parks has applied for funding for the Cushman Powerline Trail Phase III and they wondered why we didn't include a most wanted trail for the stretch between the Narrows Bridge and the start of the trail on 14th Avenue NW. Since we sent out the letter, I learned from the Puget Sound Regional Council that funding recommendations will be made on October 28 for \$19 million in Enhancements monies for our region. Pierce County is a little over 20 percent of our population in the region, so I expected we would be getting about \$3.8 million in funding. We are recommended for about \$2.5 million in funding so I was puzzled. I finally enquired and found that since ISTEA

Gov. Affairs, continued on page 4

Gov. Affairs continued from page 3

(Enhancements) started some year's ago, we have received our fair share based on area population. Our County and cities should be receiving funding for continued work on the Esplanade in Tacoma, for the Prairie Line Trail design in Tacoma, for a bridge spanning the RR Tracks in Lakewood, for further design work on the Foothills Trail between South Prairie and Orting and for a new Pierce County Bike Map.

4. Cascade Bicycle Club. We were somewhat shocked to hear that Chuck Ayers was dismissed from his Executive Director's position. Later, we heard he had been rehired on a temporary basis to lead the transition to a new Director.

5. Washington State Trails Conference. By the time you read this, over 200 people will have attended the State trails conference here in Tacoma. Steve Brown and I have been working for months with the local organizing committee. We will have led tours on the Foothills Trail, the Scott Pierson Trail and the trails at Chamber's Bay.

6. Daffodil Bike Ride. We talked about the need for a Leader to step forward to continue our annual tradition. We also wondered if you wanted to become just a riding club. We have a great program during the week for retirees, tireds, and unemployed. We wonder if we should emphasize our strengths. We want to cooperate with the other local riding programs as much as possible.

7. Steven Garrett's Video. Steven is a TWBC Member and is on the Tacoma Sustainability Committee. He is competing for a \$5,000 grant to produce a "viral" Video that would lobby for the idea of leaving three feet of clearance when you pass a cyclist in your car. He thinks he needs \$10,000 to produce a good Video and is looking for matching funds.

8. Orting Trail Safety. The City has painted the crosswalks with safety information encouraging you to slow down and look both ways before entering the street crossings in Orting. The work looks really good and the City will also be posting signs to alert motorists and cyclists. The project is funded by TWBC, Foothills Trail Coalition and the City. Also, notice that Orting has installed two semi-permanent portapotties between the Bell Tower and the bike shop.

9. Tacoma's Bicycle Boulevards. Diane Wiatr will have presented a 30 minute talk to the Bike/Ped Committee at the Puget Sound Regional Council on Wednesday, October 20. I hope to have been there.

10. Annual Banquet. If you have ideas about our annual banquet, please let me know. I have not yet found a place to hold a banquet.

Obviously, there is a lot of remaining work out there in order to build a basic trail and bike lane system thruout our County. Please consider joining in, particularly where you live or travel. Put on your fenders. Ride your bike. Consider sending an article to our Newsletter Editor. ☺



**and Bev Simpson,
database & mailing**

Renewing Members (Thank You!):

Lonna Cain, Robert and Carol Gramenz, Vern Hase, William Horn Jr., George Kelley, Liza & Janet Higbee Robinson, and Dianne Koch Thomas.

New Members (Welcome!):

David Barrett, Brian Gagne, Chris Gosnell & family, Jerry Langston & family, and Frank & Mary Senecal. ☺

Musings at the SSCXWC (Single Speed Cyclocross World Championship)

By TWBC Member Tim Stewart

On Sunday, October 24, I attended the 2010 Single Speed Cyclocross World Championships at a Go-Kart track next to Seattle International Raceway in Kent. The weather varied from pleasant sunbreaks, to raging rain and wind squalls. The actual championship race was last on a schedule of regular cyclocross heats; cyclocross racing takes place in the fall and winter, on all types of surfaces, utilizes road-type frames with clearance for treaded tires, and cantilever brakes, and requires running with and lifting up the frame to tackle hills, sand, low barriers, and even stairs on occasion. Cyclocross races are held all season long throughout the Puget Sound area, including locally at Fort Steilacoom Park.

I am not a cyclocross racer; I am not a racer of any type. In fact, I never wear spandex riding shorts except under other shorts. I don't represent what I consider to be the typical bicyclist stereotypes; I am a bike commuter primarily, a hobbyist mechanic, a volunteer, and a participant in annual rides like the Tour de Pierce, the Daffodil Classic, and my favorite, Portland's Providence Bridge Pedal. I base my style on a type of bike messenger ethic, with my wool socks and sweaters, my "manpri's," my Gore-tex outerwear, and my Ortlieb waterproof bag filled with tools, parts, books, and bad weather gear, on my favorite ride, my Raleigh Rush Hour fixed-gear.

It doesn't matter to me who won the race on Sunday; I don't know any of the riders' names, I don't follow the results of races locally or nationally, but I am a big fan of watching European racing on TV. I went to the SSCXWC to try *bridge the gap* between two worlds: the down-to-earth, activist, commuter/volunteer/hobbyist realm; and the world of racers, fans, industry insiders, and the media. These two areas are not mutually exclusive; there are certainly racers in the Tacoma Wheelmen's Bicycle Club. What matters to me is turnout, making the whole cycling scene a two-way street: common riders supporting races and racers, so the race industry and scene will support common riders.

Each year in August I try to make it to Portland to ride the Providence Bridge Pedal; this year 18,500 bicyclists crossed six, eight, or ten bridges across the Willamette River on routes from 24 to 38 miles. This event dwarfs the turnout at any single cyclocross, criterium, MTB, or velodrome race in this area, and I bet it likewise dwarfs any single organized TWBC or Cascade Bicycle Club-endorsed ride. I saw everything from super-expensive carbon racing bikes, to big store MTB brands, to old classic three speed Schwinns, to fixies, Xtracycles, tall bikes, and unicycles; it is truly a ride for the common person.

Ideally the folks who make and sell bikes, organize rides, put on races, and provide services to bike riders, should all unite to cooperate on any bike-related event. Why doesn't the TWBC set up a table at the SSCXWC? Why doesn't Raleigh set up one at the Daffodil Classic? After six years working in the snowboard industry in the 1990's I could see through the superficiality of insider privilege—the clannishness and the cool factor of knowing industry figures and being able to hang out under their tents is the same at trade shows and races in both industries, bikes and snowboards. Through my volunteer work, including with the Bikes for Kids program, I have realized the need to improve the ethnic diversity of the various cycling scenes. Cycling is an equalizer all around the world; when a nonprofit sends bikes to Africa it is enhancing the ability of the impoverished to become educated and employed. When Bikes for Kids gives bikes to inner city children or the homeless, it provides transportation and improves the over-all quality of life for individuals and cities alike. Bicyclists of all types would do gain so much if more work could be done to integrate the various factions, and the social and ecological benefits would be great.

The need for a *bridge* became very clear prior to my attending the SSCXWC; my high school friend, who now lives in Portland, called to ask questions about his friend's MTB. The friend got on the phone and described his situation—maybe worn out shifters, maybe a worn out chainring, maybe he wants to upgrade; I gave him a rundown on how to tell what is

Musings, continued on page 6

Musings, continued from page 5

worn, how much replacing certain parts costs, the need to find a bike co-op or ask around for referral to a trustworthy shop and mechanic. I can't spend a sunny afternoon on my front porch without the temptation to call out to the kids riding down the sidewalk to have them come over and let me raise a saddle, move a handlebar forward, or pump some air in a tire. I had to learn everything I know about bikes through trial and error; in the early days I bought totally unnecessary parts because I didn't know the proper terminology and unscrupulous bike shop employees took advantage of my naivete'.

Although population density is an important factor, I think every community needs a bike co-operative, a place where novices can learn to fix their own bikes, and where hobbyist mechanics and beginners alike can learn from pros and help one another. Bike clubs like the TWBC, nonprofits like Bikes for Kids, manufacturers and bike shops, and race organizers should all begin to have a presence at each other's events. We should all unite with cities and counties to sponsor more events of all types: how great would a Tour of Tacoma be? How about a hill climb competition and fun ride up all the roads off West Valley Highway between Puyallup and Kent? How great would it be to see more than just a couple bike commuters on my route every morning? It has to start someplace, this ideal biking world, so I recommend getting out of your own comfort zones, going to an event that you might not have previously, and letting people see that bicyclists come in all varieties, so we can break down barriers, and start to bridge the gaps.

Tim Stewart is a high school English teacher, community volunteer, and bicycle commuter from Federal Way. ☺

Letter

Written to Mark Bethune,
City Administrator, City of Orting

From Bob Myrick, TWBC GAC
Sent Oct 10/08/10 9:42 AM

Thank you for installing the new painted markings on the Foothills Trail crossings at White Hawk Boulevard and Williams Boulevard. The Yellow stripes and SLOW language should really help in getting cyclists to slow down and look for crossing traffic.

These markings are the first step in trying to get cyclists to be more observant of crossing traffic. There are still sight distance issues with the vegetation on White Hawk Boulevard, but as we talked in the past, the markings are the first step and you/we will observe results.

Recently, in Tacoma, I have noticed the use of the LOOK with two small arrows symbol on their new automated crosswalks. The symbol is similar to what we have in downtown Orting on the decorative crosswalk. Also, we continue to observe motorists going the extra mile in motioning us to go ahead and cross at intersections. We wave them on and they say no, you go first. ☺

Be sure to come to the **General Meeting**
on **November 16** to vote on
the **2011 Club BUDGET!**

Attention!

Attention!

Come and **voice** how you would like to see **Club funds** spent!

the november '10 c⊙g page 6

November Ride Notes:



Dupont

11/03, 11/17 Chehalis Western Trail.

11/10, 11/24 Ride to Dupont.

Rain or icy conditions cancels ride. Sign up with a contact number so we can notify you by phone (preferably cell, in case you are in transit) if a ride has been cancelled. For CWT bring \$\$\$ to buy lunch at the Sandstone Cafe. For both rides, if it is raining in Tacoma at the time we need to leave for the scheduled ride, the ride will be cancelled, & we will contact you by your sign up cell phone number &/or email address. CWT cancelations are decided by 8:15 a.m; Dupont cancelations are decided by 9 - 9:10 a.m. We encourage riders to car pool.



11/04, 11/11, 11/18, 11/25 Silk Road Smoothly.

Join us for the TWBC Classic to South Prairie along the Foothills Trail. You'll need your helmet & enough \$\$\$ to buy refreshments. The ride is canceled if it is raining, snowing, freezing, or otherwise seriously unpleasant. Please sign-up to let others know your plans. A perfect mix of bike-friendly trail (paved), riverside scenery, & good company has made this one of the Club's most popular weekly rides. Choose your pace & you will almost certainly find others of similar



11/21 Blue Vespers.

Rain will cancel ride. This easy 25 mile or so ride will go over the Narrows Bridge to Gig Harbor for a coffee & snack. The ride is an easy ride for beginners & for those returning to riding. For those interested, the Blues Vespers starts @ 5 pm with Paul Green's Harmonica Showcase. ☺

For TWBC Monthly Ride/Event Calendar

TERRAIN CODE CHART

- A - Mostly Flat (Interurban Trail)
- B - Gently rolling with one or two steep hills
- C - Rolling steeper hills (Kitsap Peninsula)
- D - Difficult terrain with longer, steeper hills (Vashon Island)

PACE CODE CHART

- 1 - Easy pace, frequent stops to regroup, 9-12 mph on flats.
- 2 - Moderate pace, occasional stops to regroup, 12-15 mph.
- 3 - Steady pace, limited stops, cue sheets/maps, 13-16mph.
- 4 - Fast pace, very limited stops, cue sheets/maps, 16 + mph.



On November 2, 2010,
BIKE YOUR VOTE!

*During this time of year, watch out for those slippery, wet leaves
lying in wait on the road surface,
to bring down
with a bang,
an unwary cyclist!*



twbc monthly event schedule




call the ride line for the latest additions and corrections...253-759-2800

Date/Day	Time	Ride Code	Distance	Leader/Contact @ (253)	Ride or Activity
11/01 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Loop Pt. Defiance. Someone will stay with the slowest rider. Regroup at Ft. Nisqually, then onto Fircrest for espresso/raspberry scones. You can shorten to 13 miles by cutting out Fircrest. Rain Cancels. Start: Starbucks @ 26th & Proctor. 
11/02 Tues	All	Day	Your	Choice	BICYCLE YOUR VOTE to your polling location, Post Office, or local drop off site.
11/02 Tues	9:30 AM	2 B	30 - 50	Decide to Ride 759 - 2800	Tuesday Ride. Meet with friends & decide on a ride. Start: On previous Sun., call Ride Line or check Website.
11/02 Tues	6 PM	00 Meet	00 & Eat	Bob Myrick 473 - 7455	Government Affairs Meeting @ the Harvester Resturant in the Stadium H.S. area @ 1st & Tacoma Ave. Work on bicycle problems around Pierce County. All are invited to participate.
11/03 Weds	9:30 AM	2 A	43 Trail	Lou & Karel Vance 921 - 4847	Chehalis Western Trail. Rain in Tacoma Cancels. See Ride Notes for Ride Details. Start: Trail Head in Lacy; past Josephine Ct SE & 14thAve S. 
11/03 Weds	9:30 AM	2 D	30 +	Decide to Ride 759 - 2800	Explore the Peninsula. Rain in Tacoma Cancels. Start: Skyline Park & Ride (6th & Skyline). 
11/04 Thurs	8:30 AM	4 C	40 Train	Steve Garrett 272 - 0775	Fairly Fast 40. Training ride happening every Thurs. morning going over 16 mph. Can you dig it? Start: Starbucks @ 26th & Proctor. FF40
11/04 Thurs	9:30 AM	2 A	30 Trail	Richard Walter 840 - 9450	Silk Road Smooooothly. Ride to S. Prairie via Foothills Trail. See Ride Notes 4 Ride Details. Start: East PuyallupTrailhead, 13900-80thStE, Puyallup. 
11/04 Thurs	9:30 AM	3 D	30 Steady	Joe Small 840 - 9450	Over The Hill Gang. For those of you looking for more of a challenge, you may want to try the Victor Falls, Lower Burnet version of the SRS ride. Start: East Puyallup Trailhead,13900-80thStE, Puyallup.
11/06 Sat	Meet	Discuss	Talk	Watch	"Meet The Press" premiers, 1947.
11/07 Sun	Day-light	Saving Time	Ends;	Daylight Standard Time Resumes	'Fall Back' & Reset all manual clocks back one hour @ 2 AM on Sunday (or prior to sleeping on Sat. pm). 
11/07 Sun	9:30 AM	2 A	40 - 45	Louis Boitano 922 - 1168	Ride to IKEA for lunch. Rain Cancels. Start: Sumner Library, 1116 Fryer Ave, Sumner. 
11/08 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Rain Cancels. See 11/01 for Ride Details. 
11/09 Tues	9:30 AM	2 B	30 - 50	Decide to Ride 759 - 2800	Tuesday Ride. Meet with friends & decide on a ride. Start: On previous Sun., call Ride Line or check Website.



twbc monthly event schedule






call the ride line for the latest additions and corrections...253-759-2800

Date/Day	Time	Ride Code	Distance	Leader/Contact @ (253)	Ride or Activity
11/09 Tues	6 PM	00 Meet	00 & Eat	Call a Board Member	Board Meeting @ the Kim Ahn Restaurant across from TCC on Mildred. Final budget session. Guests & Club Members welcomed.
11/10 Weds	9:30 AM	3 C	36	Lou & Karel Vance 921 - 4847	Ride to Dupont & stop for coffee. Rain in Tacoma Cancels. See Ride Notes for Ride Details. Start: Skyline Park & Ride (6th & Skyline). 
11/10 Weds	9:30 AM	2 D	30 +	Decide to Ride 759 - 2800	Explore the Peninsula. Rain in Tacoma Cancels. Start: Skyline Park & Ride (6th & Skyline). 
11/11 Thurs	8:30 AM	4 C	40 Train	Steve Garrett 272 - 0775	Fairly Fast 40. FF40 See 11/04 for Ride Details.
11/11 Thurs	9:30 AM	2 A	30 Trail	Richard Walter 840 - 9450	Silk Road Smooooothly. Rain Cancels. See 11/04 for Ride Details. 
11/13 Sat	Under	Access	Dig	Commute	Holland Tunnel under the Hudson River opens to the public, 1927. Named for it's chief engineer, Clifford Milburn Holland.
11/15 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Rain Cancels. See 11/01 for Ride Details. 
11/16 Tues	9:30 AM	2 B	30 - 50	Decide to Ride 759 - 2800	Tuesday Ride. Meet with friends & decide on a ride. Start: On previous Sun., call Ride Line or check Website.
11/16 Tues	6 PM; 6:30 PM	Meet & 0 Meet &	Eat; 00 Greet	Tom Reardon 952 - 5964	November Club Meeting: Budget Approval. Food, drinks, & fellowship @ 6 PM, meeting business @ 6:30 PM. Start: Allenmore Bar & Grill, 2125 S. Cedar St., Tacoma.
11/17 Weds	9:30 AM	2 A	43 Trail	Lou & Karel Vance 921 - 4847	Chehalis Western Trail. Rain in Tacoma Cancels. See Ride Notes for Ride Details. Start: Trail Head in Lacy; past Josephine Ct SE & 14thAve S. 
11/17 Weds	9:30 AM	2 D	30 +	Decide to Ride 759 - 2800	Explore the Peninsula. Rain in Tacoma Cancels. Start: Skyline Park & Ride (6th & Skyline). 
11/18 Thurs	8:30 AM	4 C	40 Train	Steve Garrett 272 - 0775	Fairly Fast 40. FF40 See 11/04 for Ride Details.
11/18 Thurs	9:30 AM	2 A	30 Trail	Richard Walter 840 - 9450	Silk Road Smooooothly. Rain Cancels. See 11/04 for Ride Details. 
11/19 Fri	Fruit	Thin	Icing	Flat	Pop Tarts were created,1965.
11/20 Sat	Bill	Rights	First	Ratify	New Jersey was the first state to ratify the Bill of Rights, 1789.
11/21 Sun	1 PM	1 B	25	Bob Myrick 473 - 7455	Blue Vespers. See Ride Notes for Ride Details. Start: Immanuel Presbyterian Church, 909 N. "J" St. 



twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Date/Day	Time	Ride Code	Distance	Leader/Contact @ (253)	Ride or Activity
11/22 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Rain Cancels. See 11/01 for Ride Details. 
11/23 Tues	9:30 AM	2 B	30 - 50	Decide to Ride 759 - 2800	Tuesday Ride. Meet with friends & decide on a ride. Start: On previous Sun., call Ride Line or check Website.
11/24 Weds	9:30 AM	2 B	43	Lou & Karel Vance 921 - 4847	Ride to Dupont & stop for coffee. Rain in Tacoma Cancels. See 10/13 & Ride Notes for Ride Details. Start: Skyline Park & Ride (6th & Skyline). 
11/24 Weds	9:30 AM	2 D	30 +	Decide to Ride 759 - 2800	Explore the Peninsula. Rain in Tacoma Cancels. Start: Skyline Park & Ride (6th & Skyline). 
11/25 Thurs	8:30 AM	4 C	40 Train	Steve Garrett 272 - 0775	Fairly Fast 40. FF40 See 11/04 for Ride Details.
11/25 Thurs	9:30 AM	2 A	30 Trail	Richard Walter 840 - 9450	Silk Road Smoooothly. Rain Cancels. See 11/04 for Ride Details. 
11/27 Sat	9:30 AM	2 A	50 - 55	Louis Boitano 922 - 1168	Ride to Eatonville for lunch. Rain Cancels. Start: Roy Y P & R, Hwy 507 & Mt. Hwy, Spanaway.
11/29 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Rain Cancels. See 11/01 for Ride Details. 
11/30 Tues	9:30 AM	2 B	30 - 50	Decide to Ride 759 - 2800	Tuesday Ride. Meet with friends & decide on a ride. Start: On previous Sun., call Ride Line or check Website.



Please remember to 'hang up' after you call the TWBC Ride Line - people are forgetting about it & it's costing the Club four minutes per call!

The COG Home

TWBC Ride Line : 253 - 759 - 2800
Updated Sunday & Thursday!

*The 'Smiling Bicycle' Logo, the Club Jersey
& a majority of Club Ride T-shirts were
(are) designed by Member Steve Lay.*



*Please keep the Database Commander Bev updated as to USPS/E-mail address changes.
It makes her job a lot easier! (If you don't receive your Newsletter, contact the Editor!)*

Next Club Meeting: 6 PM
Tuesday, Nov. 16, 2010

Next Ride Calendar Deadline:
Tues, November 16, 2010

Next COG Article Deadline:
Weds, November 17, 2010

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equipment@twbc.org

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Assistant Jim Davis

TWBC PUBLICITY:

publicity@twbc.org

Anita Beninger

CLUB JERSEY SALES:

jerseys@twbc.org

--Unfilled @ this time--

DAFFODIL CLASSIC (2010): APRIL 18

daffodil@twbc.org

--Unfilled @ this time--

PENINSULA METRIC (2010): JUNE 6

pmc@twbc.org

--Unfilled @ this time--

HEADWATERS (?)

(2009): 3rd Sun., Sept

--Unfilled @ this time--

RAPSody Contact:

(2010): Aug. 28 & 29

hapsody2005@earthlink.net

Ralph Wessels, 857 - 5658

ANNUAL CLUB PICNIC:

(2010): Sept. 26 (?)

--Unfilled @ this time--

president@twbc.org

Currently Vacant, Apply Now!

BIKE EXPO:

(2010): March 13 & 14

bikebooth@twbc.org

--Unfilled @ this time--

Advertisement Requirements: TWBC Members may place ads in the COG for free that are directly related to bicycling. All ads must be accompanied with contact information (i.e., name, address, phone number, email) of the person submitting the ad.

Local bicycle shops that offer a discount of at least ten percent (10%) to TWBC Members may place ads or flyers in the COG for free. "Local" is defined as within the Puget Sound area. Each bicycle shop may place up to two ads for free in a calendar year.

Non-members, agencies, businesses and bicycle shops that do not offer discounts of at least ten percent (10%) to TWBC Members will be charged for placing ads in the COG. Payment for the ad must be received prior to inclusion into the COG. The fee shall not be less than \$10 for a 1-line text ad and will be a minimum of \$50 for quarter page ads or more. The Newsletter Editor will determine an appropriate fee based upon the size and complexity of the ad. All ads are subject to editing and space limitations as deemed appropriate or necessary by the Newsletter Editor. ☺



**November
2010**

**Tacoma Wheelmen's Bicycle Club
PO Box 112078
Tacoma, WA 98411**



mail to:



Please Note: You can become a Member at www.twbc.org. Click on 'Online' under the Join heading.

B e c o m e a M e m b e r o f T W B C

Name: _____

Address: _____

City, State: _____

Home Phone: _____

Work Phone (optional): _____

E-mail: _____ @ _____

(all info. is for Club use only; please print clearly!)

Please Check Those That Apply:

New Member Renew Addr Chg

Please Note: *COG* delivery is now electronically via E-mail, unless you indicate here for the more costly, less 'Green' delivery method through the US Postal Service.

Individual Person Membership Fee \$15 _____

Or, Family Membership Fee \$20 _____

One-time Initiation Fee \$5 _____

Total Membership Fee(s) \$ _____



Send this form and a check for the total \$ amount to:

**TWBC Membership
PO Box 112078
Tacoma, WA 98411**

Check box if you do not want your USPS address, phone # or email address in the yearly Membership listings.

Also...Check boxes if you are interested in volunteering for:

- Leading Bike Rides
- Events
(Daffodil, PMC)
- Newsletter
- Club Meeting Programs
- Becoming a Club Officer

**Thanks for becoming
a Member of TWBC!**