



the cognitive courier

tacoma wheelmen's bicycle club newsletter

po box 112078 tacoma, wa 98411 www.twbc.org 253-759-2800

TWBC, the oldest established general-purpose bicycling club in Washington State, issues the COG monthly, and welcomes cyclists of all skill levels, for social riding in and around Pierce County.



Come to the Un-Christmas Party

By Cynthia Hammer



Un-Christmas because the hostess no longer decorates for Christmas—and Party because you will wear festive Christmas attire and be in a party mood. Fancy or frumpy—both are welcome. Just be red or green all over and have on your Christmas tie, holiday sweater or sparkling jewelry.

Noted chefs (you) provide delicious food and an outstanding oenophile (Carol Davis) selects the wines. At the hostess' pleasure, there may be fun, and perhaps, memorable games.

Mark your calendars for Saturday, December 12th, 5:30 p.m. at the Hammer's, 4116 N 39th St., Tacoma. Be sure to come, as we want to see you sans helmet hair! ☺

Annual Halloween Party

By Peg Winczewski

Lou and Karel Vance were once again our hosts for the annual Halloween Party this year. Lou lead a TWBC ride around the neighborhood prior to the party to scare his neighbors with his band of costumed cyclists.

A multitude of appetizers were waiting to be consumed on the Vance's spacious dining room table. Included among these appetizers were numerous varieties of deviled eggs including Joyce Clifford's pickled eyeballs matching the theme of her costume, homemade doughnuts courtesy of Karel Vance, bean curry, chips and desserts.

AHP, cont. on page 2

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(Note: Italics are from the Editor)

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Web Issue: December, 2009

AHP, cont. from page 1

There was a serious competition held with prizes to be awarded for Cutest, Hottest, Scariest and Most Creative categories voted by fellow partygoers. The winners of these awards were:

Cutest-Linda Walters dressed as a Kittycat.

Hottest-Jan Brame in her Cher outfit.

Scariest-John Selby wearing a very ugly mask.

Most Creative-Joyce Clifford appearing as the one-eyed flying purple people eater.

Thanks as usual to the Vance's for their hospitality and kindness in putting up with the creatures that descended upon their home that day ☺



By Bob Myrick, Director of
Community and Government Affairs

Our committee met again on Tuesday, November 11 at the Taqueria Guadalajara in the Stadium District at First and Tacoma Avenue. We plan to meet there again on Tuesday, December 1 at 6 p.m. to carry on our work. There was a really small group gathered so we mostly ate dinner and had fun. I will go ahead and report on a few things going on around here.

I wrote the boys at the News Tribune and asked if they would be interested in doing an article for the Senior Scene or the Adventure Section. I said we had a very good program running from Monday thru Thursday where seniors, underemployed and layabouts could come out and ride.

Members of TWBC continue to be involved with the creation of Tacoma's new Mobility Plan. We will have actually met this past month to draw bike routes on the City's map base.

Ralph got a mostly negative response when he went in to Steilacoom to talk about the Railroad tracks near ABITIBI's mill. It seems the City is saying the tracks belong to ABITIBI so they can't do much more. I have asked Ralph to provide some more thought on covering the tracks with asphalt in a way where cars can continue to speed thru the area.

Since I listened to Tim Payne's talk at the Forevergreen Fifth Annual Trail Conference (where were you?) last month, I discovered your chance of getting killed is about 85 percent if a car hits you at 40 mph and about 5 to 15 percent if you are hit at 20 mph. So, when I fall down on the tracks and a car runs over me, wouldn't it be better if the car was going 20 mph? I'm sorry you all missed the Trail Conference. About 65 people had a good meal and learned alot of stuff about regional trail planning and the role of biking and walking in our future throughout the Puget Sound area.

The Bicycle Alliance of Washington Legislative Committee is alive and well and in the process of drafting up a plan of action for the next session down in Olympia. I have accepted their request to serve as your representative and Ralph is also there representing the BAW.

People continue to ask if the connection between the Puyallup Riverwalk and Foothills Trail will ever get done. This connection is mired in government red tape that shouldn't really be an issue. Why don't we have a short piece of temporary pavement under the two bridges so a person can get away from riding on East Pioneer? If you live in Puyallup, please keep complaining about this critical missing link.

You should be aware that SR509 will be messed up with bridge rebuilding work for a long time. SR509 was used as a

Gov. Affairs continued on page 3

Gov. Affairs continued from page 2

good way to get out of downtown Tacoma up to NE Tacoma, Federal Way and the Auburn Valley. Please find alternatives to this route, as you don't want to be near the bridge construction. My understanding is the four-lane freeway with great bike lanes has been reduced to a two-lane road. Please stay away or drive there in your car and check it out.

Scott has been working with Lakewood to help them get their new Sharrows properly installed on their roads. Scott feels like the Sharrows should be more in the middle of the travel lanes rather than near the edges so it looks like a bike lane instead of a Sharrow. Good work, Scott. A Sharrow is a road symbol that tells the car drivers that cyclists should be expected on the road and you should share with the cyclist.

I have learned there may be a lawsuit from an injured cyclist who claims the Pierce County Bike Map put him on a road where he was injured. I know this sounds silly, but Pierce County may decide to cancel bike maps if the injured cyclist wins his case.

The Tacoma City Council is set to approve a Complete Streets Resolution that is part of their planning for rebuilding Tacoma's traditional mixed-use centers. This action will be great news, as Complete Streets and the new Mobility Plan should provide the base plan for moving forward with a truly connected network of bike facilities and arterial sidewalks.

Here is some news you can use regarding the future when gasoline gets to \$6 per gallon. I heard on the radio that Best Buy is going to be selling Electric Bikes in the very near future. I hope you all stay dry and warm this month. Please sign up for our annual banquet coming to town on January 30. ☺

TWBC Annual Banquet

By Bob Myrick

Each year our Club sponsors a Banquet to reflect on the past year's activities and accomplishments. It is a great time for fellowship and to honor significant achievements. You are cordially invited to attend. The Banquet will be held on Saturday, January 30, 2010 at the Wild West VFW Post 91, 2000 Union Avenue. This fun event starts at 6:00 p.m. for socializing with dinner to follow at 7:00 p.m. There may be another jam session starting around 5:00 p.m., if I can find some TWBC musicians or friends brave enough to show up again. Dean Allen's Catering will again be serving dinner. This will be the thirteenth year for Dean Allen's team because they do such a great job. Three year's ago, we had to reluctantly raise our prices to \$20 for adults and \$15 for children, but this is a great bargain as the Banquet is subsidized.

Please look in this Newsletter for the 2010 Banquet Reservation Form (page 6). Mail your reservations to the Club address: TWBC Banquet, PO Box 112078, Tacoma, WA, 98411. You will not receive any confirmation so just trust us to do the right thing as long as you address your envelope correctly. If you absolutely, positively want to verify, call Dena Wessels at 253 - 857 - 5658 because she is the official name-tag provider. We generally limit attendance to 88 people so think about signing up as early as possible.

Dress at this Banquet ranges from your old cycling clothes to your best eveningwear. Some people ride to the Banquet. It is a great time to reflect on the past year and reaffirm your interest in bicycling. We recognize note-worthy mileages (all of them), volunteerism and accidents. There is always good fun, beverages, merriment and good humor. Sometimes, it is the only time of the year when Code 1 and 2 riders meet Code 3 riders, or when Monday, Tuesday, Wednesday and Thursday riders meet the working class riders who ride at night, on weekends and commute to work.

The Banquet is traditionally the largest gathering of fellow Club Members. We limit attendance due to the size of the facility and to limit our costs. Whether or not you choose to attend the Banquet, please send your Ride Logs, Commute Logs and

Banquet, cont. on page 4

Banquet, cont. from page 3

Ride Leader Sheets to TWBC 2009 Rides, Attention: Cynthia Hammer, Touring Captain, PO Box 112078, Tacoma, WA, 98411. You can also send these documents to Cynthia's home address at 4116 N. 39th Street, Tacoma, WA, 98407. The information needs to be in Cynthia's hand by early December.

Carla Gramlich, our President, is requesting your good digital images from this past year's activities, again by early December. If she gets enough good images, she plans on preparing another great slide show for your enjoyment.

As always, we welcome any help. Carla will be the Mistress of Ceremonies. Steve Brown will be providing refreshments and some light snacks. Wine will come from the Wild Side. Peggy Fjetland will help organize the Event and the decorating and entertainment. These people are all good company and long time veterans, so come out early and help them set up the place or plan to stay later and help clean up. Please call me if you would like to help in any way. Remember, we really need you digital images. ☺



Renewing Members (Thank You!):

Lonna Cain, Carol & Roz Davis, Randy Gray, Vern Hase, Linda Nielsen, Corky & Mary Smith, Kris Symer, & Lou & Carol Vance.

New Members (Welcome!):

Carter Abel, Russell Bacha, Steven Brady & family, Dennis Elonka, Kristy Everitt & family, Clif & Wendy Graves, Sandy Green & family, Eric Thomson, and Terry Wilmer. ☺

December Ride Notes:



12/02, 12/09, 12/23 Chehalis Western Trail. Rain, snow, or icy conditions cancels ride. Sign up w/ a contact number so we can notify you by phone (preferably cell, in case you are in transit) if a ride has been canceled. If it is raining in Tacoma at the time we need to leave for the scheduled ride, the ride will be canceled. We encourage riders to car pool.



12/06 Ride the Friendly Roads of U.P. For those wanting more challenge, make it a 30 mile 3 C ride w/ additional hilly loops. You will never be far from home if the weather turns. Finish back @ the Madden house for complimentary lattes/wine/beer.



12/13, Family Blue Vespers Ride. This is a casual 25 mile ride over the Narrows Bridge for coffee & food break. New Members are very welcome. Rain will Cancel this Ride. At 5:30 p.m., you can attend a Blues concert w/ Little Bill & the Blue Notes w/ horns.



12/20 Ride the Centennial Trail. [http://www1.co.snohomish.wa.us/Departments/Parks/Park Information/ Park Directory/Regional Parks/Centennial Trail.htm](http://www1.co.snohomish.wa.us/Departments/Parks/Park%20Information/Park%20Directory/Regional%20Parks/Centennial%20Trail.htm) ☺

☺ For TWBC Monthly Ride/Event Calendar ☺

TERRAIN CODE CHART

- A - Mostly Flat (Interurban Trail)
- B - Gently rolling with one or two steep hills
- C - Rolling steeper hills (Kitsap Peninsula)
- D - Difficult terrain with longer, steeper hills (Vashon Island)

PACE CODE CHART

- 1 - Easy pace, frequent stops to regroup, 9-12 mph on flats.
- 2 - Moderate pace, occasional stops to regroup, 12-15 mph.
- 3 - Steady pace, limited stops, cue sheets/maps, 13-16mph.
- 4 - Fast pace, very limited stops, cue sheets/maps, 16 + mph.

*******REPRINT*******

Submitted by Cynthia Hammer

Bike Resources Online

by Jim Langley and reprinted here courtesy of www.RoadBikeRider.com

Technical help on the internet has improved incredibly since I launched my bike-repair website at www.JimLangley.net 10 years ago.

RoadBikeRider.com is among the advancements. RBR's public site and **Premium Site** have many pages of information in Q&A format written by shop owner **Alan "Uncle Al" Ardizone** and yours truly. And in addition to writing this weekly column, I moderate 2 technical forums in the *Roadie Rap* area of the *Premium Site*. Members will find hundreds of posts on tech topics.

Today I'll point out some useful sites worth visiting and bookmarking. Don't forget, though, that a good bike shop is your best resource for tech help. The personnel works daily with the latest bikes and equipment, receives manufacturers' training and gets their tech bulletins. Plus, shop guys can inspect and ride your bike to analyze a problem in a way no online guru ever can.

Many manufacturers provide technical pages on their sites. Here are 6 additional online resources that I think you'll like a lot:

www.SheldonBrown.com

The late **Sheldon Brown** created a truly encyclopedic website where you'll find lots of informative articles (and funny ones too). Whether you're trying to figure out tire sizing, gearing, the difference between freewheels and cassettes or what type of lighting system to buy, Sheldon's site can help. Note that the site is affiliated with Harris Cyclery in West Newton, Massachusetts, the bike shop Sheldon worked for. While surfing you will sometimes end up in the shop's catalog. But that's a good thing because it's a source for hard-to-find components and parts you might need.

Tip: If you're new to cycling and would like some basic advice on riding and equipment, click <http://sheldonbrown.com/beginners/index.html>

www.BicycleTutor.com

Former bike mechanic **Alex Ramon**'s website is one of my favorites because it's video-based. Along with great how-to repair and maintenance clips you'll find written step-by-step instructions and materials lists. There are also help forums and live chats.

Tip: If you use Twitter you can follow Bicycle Tutor and receive regular updates.

www.ParkTool.com

Park makes every bicycle tool under the sun but maybe you don't realize that the website also tells you how to use them. Credit goes to Park employee and pro race mechanic **Calvin Jones**. He writes for home and shop mechanics alike so there are even advanced instructions.

Tip: There's more fun stuff in *Calvin's Corner*, where he talks about his wrenching at races and other events.

www.AnalyticCycling.com

This is the place if you enjoy crunching numbers like drag coefficients, wheel inertia, optimal seat height and crankarm length, and other facets of cycling physics and performance.

Bike Resources, cont. on page 6

Bike Resources ..., cont. from page 5

www.WeightWeenies.com

Rejoice if you're in the quest for the lightest bicycles and components -- something that fascinates lots of cyclists even though it may not be practical for most.

Tip: WeightWeenies provides an extensive list of manufacturer links.

www.BikeSchool.com

United Bicycle Institute, an Oregon school for bike mechanics, has a handy spoke length calculator and gear chart.


Tip: Last time I talked with owner **Ron Sutphin**, I learned that many of his students have no interest in becoming pro mechanics. They just want to learn how to work on their own bikes or build a frame. Attending United Bicycle Institute might be a fun way to spend a vacation.

That'll get you started. If you've found a helpful technical site not listed here, please let everyone know by posting the name, specialty and URL on RBR's *Cycling Commentary* page at <http://www.roadbikerider.com/comments.htm>

(**Jim Langley** has been a pro mechanic and cycling writer for 37 years. At RBR he's the author of *Your Home Bicycle Workshop* and moderator of the "Roadie Rap" technical forums on the PREMIUM SITE. Check his personal website at www.jimlangley.net, his Q&A blog and updates at Twitter. Jim's streak of consecutive cycling days has reached 5,719.)

Editor's Note: The requirement for reprinting this article in its entirety is as follows:


Reprinted by permission from the weekly RoadBikeRider e-mail newsletter. For a free subscription and copy of the eBook, "29 Pro Cycling Secrets for Roadies," sign up at www.RoadBikeRider.com. No cost or obligation.



**TWBC ANNUAL
BANQUET RESERVATION
Saturday, January 30, 2010**

Wild West VFW Post 91, 2000 South Union Avenue

**Please list the names in your party for nametags
so you and others will know who you are... (please print clearly!)**



Name: _____

Name: _____

Name: _____

Name: _____



Number of adults X \$20 each = \$ _____

Number of children X \$15 each = \$ _____

Total Enclosed = \$ _____

Send this form and a check made out to TWBC for the total \$ amount to













**TWBC Banquet,
PO Box 112078,
Tacoma, WA 98411**





twbc monthly event schedule











call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
12/01 Tues	9:30 AM	2 B	30 - 50	Ron Nowicki, Louis Boitano 661 - 2664	Tuesday Ride. Start: McDonald's, 112th & Pacific Ave.
12/01 Tues	6 PM	00 Meet	00 & Eat	Bob Myrick 473 - 7455	Government Affairs Meeting @ Guadalajara Taqueria in the Stadium H.S. area @ 1st & Tacoma Ave. Monthly meeting to work on bicycle problems around Pierce County. All are invited to participate.
12/02 Weds	9:30 AM	3 B	44 Trail	Lou & Karel Vance 921 - 4847	Chehalis Western Trail Ride. Bring lunch, snacks or plan to buy lunch in Tenino or Yelm. See Ride Notes for Ride Details. Rain, snow, ice Cancels. Start: Chambers Lake Trailhead, Lacey. 
12/03 Thurs	9:30 AM	2 A	30 Trail	Lonna Cain 475 - 8853	Silk Road Smoooothly. 100% paved trail w/ very few road crossings. No hills, no unpleasanties or your money back! Smoothies or beverage of your choice in South Prairie (no host). Rain Cancels. Start: East Puyallup Trailhead, 13900-86thStE,Puyallup. 
12/05 Sat	9 AM	3 C	25 - 30	Gene Smith 272 - 6747	Barely Stopping. A two hour tour of Tacoma. Start: Skyline Park & Ride, 7100 6th Ave. 
12/06 Sun	12:30 PM	2B	20 - 30	Marcia & Mike Madden 720 - 0127	Ride the Friendly Roads of UP. See Ride Notes for Ride Details. Rain Cancels. Start: 3410 Tahoma Place West, UP. 
12/06 Sun	1 PM	2 B 	21 (13) Part Trail 	Carla Gramlich 879 - 0115 	New (& Old) Member's Sunday Afternoon Ride. Tour the Scott Pierson Trail, & meander through town. Add more miles over the Narrows Bridge; the Cushman Power Trail, & stopping in Gig Harbor for coffee. Start: Skyline Park & Ride, 7100 6th Ave.
12/07 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Loop Pt. Defiance. Someone will stay with the slowest rider. Regroup at Ft. Nisqually, then onto Fircrest for espresso/ raspberry scones. You can shorten to 13 miles by cutting out Fircrest. Rain/Freezing Cancels. Start: Starbucks @ 26th & Proctor. 
12/08 Tues	9:30 AM	2 B	30 - 50	Ron Nowicki, Louis Boitano 661 - 2664	Tuesday Ride. Start: Celebrations Park, 1111 S 324th St, Federal Way.
12/09 Weds	9:30 AM	3 B	44 Trail	Lou & Karel Vance 921 - 4847	Chehalis Western Trail Ride. Rain, snow, ice Cancels. See 12/02 & Ride Notes for Ride Details. 
12/10 Thurs	9:30 AM	2 A	30 Trail	Lonna Cain 475 - 8853	Silk Road Smoooothly. Rain Cancels. See 12/03 for Ride Details. 



twbc monthly event schedule








call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
12/11 Fri	Fun	Facts	Notes	Luna	Apollo 17 lands on the Moon, 1972. 
12/12 Sat	6 PM	00 Meet	00 & Eat	Cynthia Hammer 752 - 0801	Un Christmas Party, but you wear holiday attire. Potluck. See article. Start: 4116 N 39th St, Tacoma. 
12/13 Sun	10 AM	2 B	30 - 40	Sue Coley 539 - 0676	Christmas Tree Ride. Sue's monthly themed bike ride; includes a lunch stop. Rain Cancels. Start: McDonald's, 112th & Pacific Ave. 
12/13 Sun	1 PM	1 A	25	Bob Myrick 473 - 7455	Family Blue Vespers Ride. See Ride Notes. Music starts @ 5:30 PM. Start: Immanuel Presbyterian Church, 901 N "J" St. 
12/14 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Rain Cancels. See 12/07 for Ride Details. 
12/14 Mon	6 PM	00 Meet	00 & Eat	Carla Gramlich 879 - 0115	Board Meeting @ the Kim Ahn Restaurant across from TCC on Mildred. Guests & Club Members welcomed.
12/15 Tues	9 AM	2 B	30 - 50	Ron Nowicki, Louis Boitano 661 - 2664	Tuesday Ride. Start: Freighthouse Square, 430 E. 25th St, Tacoma
12/16 Weds	9:30 AM	3 B/C	36	Lou & Karel Vance 921 - 4847	Ride to Dupont & stop for coffee. See Ride Notes for Ride Details. Rain, snow, ice Cancels. Start: Skyline P & Ride Lot, 7100 6th Ave. 
12/16 Weds	9:30 AM	2 B	20 - 30	Carol & Roz Davis 460 - 5622	Tacoma Periphery. Lunch @ Rock Pasta (fabulous lunch buffet). Rain Cancels. Start: Parking lot @ 40th & S. Orchard St. 
12/17 Thurs	9:30 AM	2 A	30 Trail	Lonna Cain 475 - 8853	Silk Road Smooothly. Rain Cancels. See 12/03 for Ride Details. 
12/18 Fri	Fun	Facts	Notes	Freedom	The 13th Admendment is ratified, 1865 (abolishing slavery).
12/19 Sat	9 AM	3 D	25 - 30	Gene Smith 272 - 6747	Barely Stopping. Ride to Celebration Park in Federal Way going through Fife Heights on the BPA. Hills, yes! Start: Tacoma Bike, 309 Tacoma Ave. S. 
12/20 Sun	(9 AM) 10 AM	2 A	35 Trail	Carla Gramlich 879 - 0115	Ride the Centennial Trail. Paved Trail, lunch in Arlington. See Ride Notes for website. Start#1: 9 AM, Federal Way P & R, carpool to Start.#2. Start#2: 10 AM, Trailhead on Pine. 
12/21 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Rain Cancels. See 12/07 for Ride Details. 



twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
12/22 Tues	9:30 AM	2 B	30 - 50	Louis Boitano 922 - 1168	Louis B-Day Ride. Ride 74 miles? km? or something else? How far can he go? Come ride w/ Louis & celebrate his birthday. Start: Sumner Library, 1116 Fryer Ave, Sumner. 
12/23 Weds	9:30 AM	3 B	44 Trail	Lou & Karel Vance 921 - 4847	Chehalis Western Trail Ride. Rain, snow, ice Cancels. See 12/02 & Ride Notes for Ride Details. 
12/24 Thurs	9:30 AM	2 A	30 Trail	Lonna Cain 475 - 8853	Silk Road Smooothly. Rain Cancels. See 12/03 for Ride Details. 
12/26 Sat	Fun	Facts	Notes	Ohm ...	The FM Radio is patented, 1933.
12/28 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Rain Cancels. See 12/07 for Ride Details. 
12/29 Tues	9:30 AM	2 B	30 - 50	Ron Nowicki, Louis Boitano 661 - 2664	Tuesday Ride. Start: Skyline Park & Ride, 7100 6th Ave.
12/30 Weds	9:30 AM	3 B/C	36	Lou & Karel Vance 921 - 4847	Ride to Dupont & stop for coffee. Rain, snow, ice Cancels. See 12/16 & Ride Notes for Ride Details. 
12/31 Thurs	9:30 AM	2 A	30 Trail	Lonna Cain 475 - 8853	Silk Road Smooothly. Rain Cancels. See 12/03 for Ride Details. 
01/ 30/10 Sat	6 PM, 7 PM	Meet, Meet	Greet; & Eat	Bob Myrick 473 - 7455	TWBC Annual Banquet. See article. Wild West VFW Post 91, 2000 South Union Ave. Please reserve your space now. 

Editor's Note:

The 2010 Annual Budget was scheduled for presentation to the Members at the Nov. General Club Meeting. Unforeseen circumstances did not allow me to attend the meeting to report the outcome.

This issue of the COG contains all articles submitted for publication, including those with reprint permission.

**2009 Halloween Ride Pictures,
Submitted by Karel Vance, Photos taken (this page) by Richard Walter. ☹**



Some folks just don't pick up
after themselves



Just what kind of transportation
are we talk' n 'bout here?



Make sure the Kitty is fed
or your tires may pay the price!

**2009 Halloween Ride Pictures,
Submitted by Karel Vance, Photos taken (this page) by John Selby. ☺**

And a more motley crew ...



was ever seen in all the neighborhood

The COG Home

TWBC Ride Line : 253 - 759 - 2800
Updated Sunday & Thursday!

The 'Smiling Bicycle' Logo, the Club Jersey
& a majority of Club Ride T-shirts was
designed by Member Steve Lay.



Jan. Ride Calendar Deadline:
Mon, December 14, 2009

Jan. COG Article Deadline:
Tues, December 15, 2009

Next Club Meeting: 6 PM
Tuesday, February 16, 2010

*Please keep Database Commander Anne updated as to any updates as to any USPS/E-mail address changes.
It makes her job a lot easier! (If you don't receive your Newsletter, contact the Editor!)*

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vp@twbc.org

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TREASURER:

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Gus Fant, 564 - 4710

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Cynthia Hammer

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Bob Myrick, 473 - 7455

DIRECTOR OF SPECIAL EVENTS:

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newsletter@twbc.org

Dena Wessels, 857 - 5658

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database@twbc.org

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MEMBERSHIP:

Phyllis Lay, 759 - 1816

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webmaster@twbc.org

Currently Vacant, Apply Now!

TWBC SAFETY & EDUCATION

Jim Ahrens, 566 - 3347

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Steve Brown, 752 - 4038

Assistant Jim Davis

TWBC PUBLICITY:

publicity@twbc.org

Anita Beninger

CLUB JERSEY SALES:

jerseys@twbc.org

Peggy Fjetland, 841 - 4458

DAFFODIL CLASSIC (2009): APRIL 19

daffodil@twbc.org

Frank Wilson

PENINSULA METRIC

(2009): JUNE 7

pmc@twbc.org

Ron Nowicki

RAPSody Contact:

(2009): Aug. 22 & 23

rapsody2005@earthlink.net

Ralph Wessels, 857 - 5658

ANNUAL CLUB PICNIC:

(2009): Aug. 18

lkvance@harbornet.com

Lou & Karel Vance

BIKE EXPO:

bikebooth@twbc.org

Peggy Fjetland, 841 - 4458

Advertisement Requirements: TWBC Members may place ads in the COG for free that are directly related to bicycling. All ads must be accompanied with contact information (i.e., name, address, phone number, email) of the person submitting the ad.

Local bicycle shops that offer a discount of at least ten percent (10%) to TWBC Members may place ads or flyers in the COG for free. "Local" is defined as within the Puget Sound area. Each bicycle shop may place up to two ads for free in a calendar year.

Non-members, agencies, businesses and bicycle shops that do not offer discounts of at least ten percent (10%) to TWBC Members will be charged for placing ads in the COG. Payment for the ad must be received prior to inclusion into the COG. The fee shall not be less than \$10 for a 1-line text ad and will be a minimum of \$50 for quarter page ads or more. The Newsletter Editor will determine an appropriate fee based upon the size and complexity of the ad. All ads are subject to editing and space limitations as deemed appropriate or necessary by the Newsletter Editor. ☺



December
2009

Tacoma Wheelmen's Bicycle Club
PO Box 112078
Tacoma, WA 98411



mail to:



Please Note: You can become a Member at www.twbc.org. Click on 'Online' under the Join heading.

B e c o m e a M e m b e r o f T W B C

Name: _____

Address: _____

City, State: _____

Home Phone: _____

Work Phone (optional): _____

E-mail: _____ @ _____

(all info. is for Club use only; please print clearly!)

Please Check Those That Apply:

New Member Renew Addr Chg

Please Note: *COG* delivery is now electronically via E-mail, unless you indicate here for the more costly, less 'Green' delivery method through the US Postal Service.

Individual Person Membership Fee \$15 _____

Or, Family Membership Fee \$20 _____

One-time Initiation Fee \$5 _____

Total Membership Fee(s) \$ _____



Send this form and a check for the total \$ amount to:

TWBC Membership
PO Box 112078
Tacoma, WA 98411

Check box if you do not want your USPS address, phone # or email address in the yearly Membership listings.

Also...Check boxes if you are interested in volunteering for:

- Leading Bike Rides
- Events
(Daffodil, PMC)
- Newsletter
- Club Meeting Programs
- Becoming a Club Officer

Thanks for becoming a Member of TWBC!