



**Tacoma Wheelmen's Bicycle Club**  
**PO Box 112078**  
**Tacoma, WA 98411**

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 Tacoma, WA  
 Permit No. 356

**OCTOBER  
 2006**



**mail to:**



Please note: You can become a member at [www.twbc.org](http://www.twbc.org). Click on 'Online' under the Join heading.

**Become a member of TWBC**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone (optional): \_\_\_\_\_

E-mail: \_\_\_\_\_ @ \_\_\_\_\_

Check Box:  New Member  Renew  Addr Chg

Individual person membership \$15 \_\_\_\_\_

Family membership \$20 \_\_\_\_\_

One-time initiation Fee for new members \$ 5 \_\_\_\_\_

**Total Membership fee. .... \$ \_\_\_\_\_**

**Thanks for becoming a member of TWBC !**

Send this form and a check for the total \$ amount to:

**TWBC Membership**  
**PO Box 112078**  
**Tacoma, WA 98411**

Check box if you do not want your phone # or address in the membership listings.

Also...Check boxes if you are interested in volunteering for:

Leading Bike Rides

Events

Newsletter

Club Meeting Programs

Becoming a club officer

**the cog-nitive courier**  
 tacoma wheelmen's bicycle club newsletter  
 since 1888  
 po box 112078 tacoma, wa 98411  
 253-759-2800

# OCTOBER 2006

## Headwaters Century Report - September 10, 2006

by Gene Smith

TWBC does it again! Another successful Headwaters Century is in the books as 260 registered riders complete at least one of the three available routes - 44, 63 or 102 miles. I'm sure the weather helped riders turn out, as the wonderful late summer weather was the best we have had since at least 2002. As always, riders mentioned how good the food was and how great the volunteers were.

Thanks to all our volunteers - sag drivers, registration, rest stops, food coordinators, food delivery, and equipment set up, clean up, and mop up - for your help with the ride. We couldn't do it without you. I hope you all know how much you are appreciated. I have signed on to coordinate the ride next year and want to thank you also for the ideas you provided on how to make the ride even better next year. I can hardly wait to get started. Special thanks go to Black Diamond Bicycle for their great mechanical support.



### BAW Auction

The Bicycle Alliance of Washington Annual Auction and Banquet will be on Saturday November 4, 2006 at the Seattle Center Exhibition Hall. Again this year TWBC has purchased two tables (or twenty seats), and is making those seats available to members on a first come, first serve basis for \$30 each (tickets direct from BAW are \$60 each before October 1 and \$75 each after that date). At the time of publication of this month's newsletter, there were sixteen tickets still available for purchase. The banquet is always a good time and a great celebration of cycling in Washington. Not to mention that the proceeds go directly toward supporting bicycle advocacy, safety, and education. Please come join in the fun. Send your money to Gus Fant, TWBC Treasurer to ensure your seat at one of the TWBC tables. Make sure to mark "BAW Auction" on the outside of the envelope. Hope to see you at the auction.

# The COG Home Page

## Club Officers and Volunteers

**PRESIDENT:** [president@twbc.org](mailto:president@twbc.org)

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**TOURING CAPTAIN:** [ridecaptain@twbc.org](mailto:ridecaptain@twbc.org)

Carla Gramlich, 253-879-0115

Deadline for Ride Calendar, 3<sup>rd</sup> Thurs of month

**NEWSLETTER:** [newsletter@twbc.org](mailto:newsletter@twbc.org)

Editor: Dena Wessels, 253-857-5658

Reporters: Various Members

Deadline for articles, 3<sup>rd</sup> Friday of month

**DIRECTOR OF SPECIAL EVENTS**

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**MEMBERSHIP DATABASE:**

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Peggy Fjetland & Carla Gramlich

**JERSEY SALES:** [jerseys@twbc.org](mailto:jerseys@twbc.org)

Peggy Fjetland, 253-841-4458

**ANNUAL PICNIC:**

Carla Gramlich & Peggy Fjetland



Hey Riders... Use this handy-dandy chart to decipher the ride code listed on the Monthly Ride/Event Calendar

## RIDE CODE CHART

### Pace Code: Average mph on flat surface:

- 1 - Easy pace, frequent stops to catch up and regroup, 9-12 mph on flats.
- 2 - Moderate pace, occasional stops to catch up and regroup, 12-15 mph.
- 3 - Steady pace, limited stops, cue sheets or maps provided, 13-16 mph.
- 4 - Fast pace, very limited stops, cue sheets or maps provided, 16 + mph.

### Terrain Code examples:

- A - Mostly Flat (Inter-urban Trail)
- B - Gently rolling with one or two steep hills
- C - Rolling steeper hills (Kitsap Peninsula)
- D - Difficult terrain with longer, steeper hills (Vashon Island)

### Next Club Meeting:

**Tuesday**  
**October 17, 2006**  
**7:00 pm**

**Food galore!**  
**Door Prizes !**  
**Great Program!**

## TOURING CAPTAIN REPORT



By Carla Gramlich

I am happy to report that we have a pretty full calendar for October. A big thank you to all the ride leaders that stepped forward and offered rides. I also put pressure on them to get the information to me earlier than normal because I was going out of town, to bicycle. Their hard work shows in this month's calendar.

I took off mid September to bicycle in Idaho. I have always wanted to bicycle the Trail of the Coeur d'Alenes after hearing about it when they were first starting to pave it. I am happy to report that it is a wonderful trail! We rode 50 miles from Wallace, ID to Harrison on the first day. It is a nice paved trail with gradual uphill climbs, when it isn't flat. The trip to Harrison was just beautiful and stopping to read the history of the area was very informative. We got to Harrison and unloaded our gear at the Osprey Inn. The host was very friendly and locked our bicycles up for the night. We headed down to "One Shot Charlies's" for dinner. You couldn't ask for more, good food, friendly people, and a nice yellow lab kept us company.

The second day was shorter, around 30 miles round trip but the first half was a slight climb. We rode over a bridge that made you feel that you were riding on water. A nice lunch in Plummer preceded an easy ride back down. That night we had a wonderful meal in the other restaurant in town. Also, our B&B had another group of cyclists from Montana that has been coming to ride this trail since it opened. On Tuesday, we had rain on the way back to Wallace, but we stopped in a couple of restaurants for hot soup and to get warm. The businesses near the trail can only say wonderful things about it.

Back in Wallace, we did a tour of a silver mine, and spent the afternoon of the fourth day riding to Mullan which is the east end of the trail. Someday it may be paved to connect into Montana. There is a mountain bike trail that you can ride up to the pass and check out the scenic Hiawatha trail. It was on our agenda but the rain made us change our minds

and we did a hike instead. On the way home we did a part of the Centennial Trail east of Coeur d'Alenes that I hadn't ridden yet. I hope to be back in the area to do more bicycle, road and trail. The area has reasonable priced places to stay and the food and people are great.

October is the end of the season for bicycling with TWBC. In November, you will need to turn in your ride logs for the year. It seems like October is when people start to cram in a lot of riding to accomplish their goal for the year. Hoping that you got to ride all year so you don't have to do all your riding in October. November is a good time to start the yearoff right. I will always need some ride leaders, so maybe next month is the time to lead a ride.



## Renewals:

Steve Brown, Tom & Carol Cabs, Susan Coley, Jane Davis & Family, Judy Fisher, Dolores & Carrie Fitch, Carla Gramlich, John Joyce, Fletcher Kistler, Ed & Angie Littleton, Carolyn Nelson, Tim Ripley, Michael Springer, Gregory Torfin, Bob, Koko, & Sophie Vogel, Anne & David Seago, Mike & Karen Servey, Sally Swanson, and Dorothy Walker.

## New Members:

Everett Bronn, Robert Cooper & Family, Jim Graham, Ken Gunkel, Kurt Harsh, Jame Nichols, and John C. Sikora.

## Tire Buzz continued from p.3

of turning the pedals. I have noticed that this past month, in particular. Over the past three years, for one reason or another, September has turned into a very low mileage month for me. It has also been a month of high stress and less ability to deal with that stress in an effective manner. Granted, in our culture, September is nearly the start of a new year and often we find new activities and responsibilities finding their way to September as a starting point. That effect seems to add to the impact of September. But what I find I am missing is that clear mind that comes from the cleansing effects of a few miles on a bicycle. Next year I must remember my own observations and do something about the "September" effect. There are a number of great organized rides in the month of September; some of them will be on my calendar in 2007.

## Ride

Hard to say what the weather will bring, Indian Summer or Northwest rain, but as I write this on the first full day of fall, I am hoping for the former. Hope you will join me in October to cycle through the pleasant days of autumn. Ride Safe. Ride Home.



## Problems and Frustrations of Newsletter Production, or Can I throw this Computer Through the Window, pretty please ???

Everything went reasonably well for the first issue. Then came the second! And the problems! And the frustrations! I would like to apologize to the members on the second issue of the Cog. It appears that software can only be loaded onto a computer so many times: then it starts to degrade & go 'wobbly' so that all the commands do not function. Having the printer try their magic takes some time, which translates into later delivery to the mailer. After many hours of working on this software and input from a variety of sources, I thought the problem was solved. Then I attempted to put together this issue; could not cut & paste any articles--all had to be retyped; no cute clip art either, just what was already on the pasteboard. Onto next month, and attempts to solve the problems that remain. Can I throw the computer through the window?

## More Comments from RAPSody

*"I want to emphasize the RAPSody T-shirt is the best T-Shirt by far of all five centuries done this summer. What makes RAPSody special is that it's a ride around Puget Sound, with the associated hills, farmland and shoreline scenery. I initially didn't notice the people standing outside their home upon traveling through Port Orchard until they started cheering. They were having fun. I smiled and waived. It's what makes these kinds of rides special."*

*"The folks at the rest stops were friendly. It was great to have soymilk and cereal in Southworth (I can't have milk). There was usually a good variety of food - nice to have fresh fruit. I did get tired of sports drinks though."*

*"Overall I thought the route was great. The volunteers were all very friendly and nice."*

Rest Stop and Rest Stop Food: *"The best! Only one complaint: the food was so good, I must have gained weight."*

*"Blueberries and yogurt at the Olympia rest stop were inspired. Pizza for lunch the first day tasted good had two pieces. I enjoyed the High School. The Root bear floats were fantastic."*

Rest Stop and Rest Stop Food: *"Great. Loved the pizza and smoothies. Nice to have so much Gatorade/Cliff mix available."*

*"This ride has by far the best food at the rest stops. Promote that. Love the music at Allen rest stop. Play some good old blues or some classic jazz at the other stops."*

*"Great! I loved the scenery and challenge."*

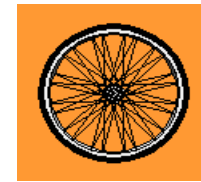
*"The bike maintenance guy in Shelton was really helpful. Very reasonable."*

*"Nice the sprinklers were off in the camping area!"*

## TIRE BUZZ

By President

Tim Payne



## PURE RAPSody

A longer time ago than I care to think about (because I have not ridden any significant miles since) I rode the RAPSody Ride and it was pure rhapsody. Over the past three years I have been very involved in setting up this event, ridden every last inch on survey rides and pre-rides, but I had not, until this year, ridden the actual event. All I can say is wow! The weather was spectacular which I am very sure helped to raise my internal measurement and very likely clouded by objectivity. I also had the opportunity to ride, end to end with two other TWBC members which added a very special flavor to the ride.

We began by volunteering for start line support, wrapping that up and heading for the Point Defiance ferry. It was running a little late so any desire to make a quick dash across Vashon to get the matching ferry off the north end of the island was thoroughly quenched. So, we took our time and enjoyed the nearly traffic-less island, stopped at the bakery and continued our way to the north end to catch the "next" ferry. Making our way ever closer to Shelton, we passed many miles and two great rest stops. One in Manchester was powered by West Sound Cycling and one in Allyn by BIKES of Everett. Each had a unique twist on their offerings that very much made the ride different than the typical cycling fare one usually sees on this size of event. The change was most welcome.

Along Mason Lake my front tire decided it had seen enough miles and began bulging rather ominously. In fact what alerted me to the bulge was the sound of it ticking the brake caliper every time it went past. No blow out, but it was close. I put on my spare tire and proceeded on to Shelton, my two fellow TWBC members, Lou and Steve, still with me even with the extended stop. I eventually got

organized in Shelton and got my tent set up and a dinner. Oh, let's not rush past that too fast. The Shelton High School Dance Club set out a fantastic, healthy cycling meal and even entertained us with some of their dance routines. It was a great finish to a great day.

A good night's sleep and it was back on the road the next morning. The second day's ride this year was probably one of the most pleasant 75 miles I have ridden. It had everything, great roads, great rest stops, great scenery, and great weather. All the way around it was just a memorable day. The rest stops deserve special mention as Capital Bike Club and Seattle Bike Club continued the tradition of offering food that is unique when compared with the usual rest stop food. I believe that is probably one of the aspects that makes RAPSody a very different organized ride in the Puget Sound region. Each of the organizing clubs brings some special unique flavor to the ride and the combination of the five clubs makes it more memorable and pleasant than any one of the clubs could or would do by itself. I think it makes a powerful statement about our willingness to band together for the common good and enjoyment of cycling. I cannot think of a better way to help support the Bicycle Alliance of Washington and our combined efforts to advocate and educate for safe and attractive cycling in Washington. Ya, okay, off the sermonette and let's finish up the ride. The finish line finds a well-stocked TWBC freezer with a variety of sweet treats for riders finishing the ride. By this time it seems like it had been days since I left Tacoma Community College (in reality, it was less than 30 hours). The pure enjoyment of the ride certainly made it easier to face a return to the office the next day two-week absence. What a great way to finish a vacation!

## Thinking Clearly

On several occasions I have used this space as an attempt to describe some of the less obvious benefits of riding a bicycle. The other day, as I was thinking about this article, another of those benefits floated its way to the surface of my consciousness and it actually seemed to make some sense as I reflected on the thought. For me, cycling is a way to clear my mind of the rubbish that seems to collect there in the absence

The Buzz continued on p.8



# twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Day	Date	Time	Distance	Ride Code	Leader	Contact at (253)	Ride or Activity
Sat	09/30	9 AM	25 - 30	3 B	Gene Smith	272-6747	Fitness Ride; steady pace. Start: Spoke & Sprocket, University Place.
Sun	10/01	9:30	30 - 35	2 B	Steve & Phyllis Lay	759-1816	Steilacoom Apple Squeeze. Annual ride to town's event. Apple pie for lunch. Panniers recommended for apple related purchases. Start: Westgate McDonald's, N 21st & Pearl.
Mon	10/02	9:30 AM	13 [& 20 +]	1 C	David Barton, Joyce Clifford	759-2393	Monday in the Park w/ David. Loop Pt. Defiance, 13 miles [& to Fircrest ,(espresso, scones),]. Beginners & seasoned veterans. Group riding; no solos. Rain Cancels. Start: Starbucks @ 26th & Proctor.
Tues	10/03	9 AM	35 - 50	2 B	Call Ride Line	759-2800	Tues. Decide to Ride. Call RideLine-4-details.
Tues	10/03	7 PM	00 Meet	00 & Eat	Bob Myrick	473-7455	<b>Government Affairs Meeting</b> @ the Guadalajara Taqueria in the Stadium neighborhood @ 1st & Tacoma Ave.
Weds	10/04	Morsel	Facts	Notes	Witty	Weds	"Dick Tracy" Comic Strip premiers, 1931.
Thurs	10/05	9:30 AM	30	2 A	Lonna Cain	475-8853	Silk Road Smooothly, on 100% paved trail; level, w/ few road crossings. Beverage of your choice @ no host in South Prairie. Really heavy rain will cancel. Start: East Puyallup Trailhead.
Sat	10/07	7:30 - 9 AM	50 k, 104 k	all	Ralph Wessels; Ellensburg Rec. Dept & United Way	857-5658; 549-6952 cell	Manashtash Metc, \$\$\$ Ellensburg. Ride on the dry east side of the mts. Start: City of E. Memorial Park, 7th & Chestnut. www.manashtash-metric.org
Sat	10/07	9 AM	25 - 30	3 B	Gene Smith	272-6747	Fitness Ride; steady pace. Start: Spoke & Sprocket, University Place.
Sun	10/08	8:30 AM	60	2 B	Ralph Wessels	857-5658; 549-6952 cell	E-burg to Selah. Ride the beautiful Yakima Canyon; lunch in Selah; same route back. Start: Ellensburg Inn, 1700 Canyon Rd, one block north of I-90.
Sun	10/08	10 AM	20 - 25	2 B	Steve & Phyllis Lay	759-1816	Ride to Greek Festival. Bring \$ for food. Time to eat & enjoy the activities. Start: Starbucks, 26th & Proctor.
Mon	10/09	9:30 AM	13 [& 20 +]	1 C	David Barton, Joyce Clifford	759-2393	Monday in the Park w/ David. Loop Pt. Defiance, 13 miles [& to Fircrest ,(espresso, scones),]. Beginners & seasoned veterans. Group riding; no solos. Rain Cancels. Start: Starbucks @ 26th & Proctor.



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Day	Date	Time	Distance	Ride Code	Leader	Contact at (253)	Ride or Activity
Tues	10/10	9 AM	35 - 50	2 B	Call Ride Line	759-2800	Tues. Decide to Ride. Call RideLine-4-details.
Tues	10/10	6:30 PM	Meet	& Eat	Tim Payne	360-871-4478	<b>Board Meeting</b> @ the Kim Ahn Restaurant across from TCC on Mildred.
Weds	10/11	5:30 PM	20 - 25	2 B	Peg Winczewski	475-3625	Weds Knight Riders Return! Headlights, taillights, & reflective clothing required for safe riding. Start: Starbucks, 26th & Proctor.
Fri	10/13	Morsel	Facts	Notes	Friday	Frigate	The U. S. Navy was established, 1775.
Sat	10/14	9 AM	50	2 A	Louis Boitano	922-1168	Ride with Louie to Southcenter for lunch. Rain Cancels. Start: Sumner Library.
Sat	10/14	9 AM	50	3 C	Gene Smith	272-6747	Headwaters Century, revisited. Tour a section through the Maple Valley. Group to decide on a stop for coffee or lunch. Rain Cancels. Start: Auburn P & R.
Sun	10/15	9 AM	50	2 B	Roz & Carol Davis	460-5622	Ride around Lake Washington. Start: Gene Coulon Park in Renton.
Mon	10/16	9:30 AM	13 [& 20 +]	1 C	David Barton, Joyce Clifford	759-2393	Monday in the Park w/ David. Loop Pt. Defiance, 13 miles [& to Fircrest ,(espresso, scones),]. Beginners & seasoned veterans. Group riding; no solos. Rain Cancels. Start: Starbucks @ 26th & Proctor.
Tues	10/17	9 AM	35 - 50	2 B	Call Ride Line	759-2800	Tues. Decide to Ride. Call RideLine-4-details.
Tues	10/17	9:30 AM	35	2 A	Debbie & Joyce	922-5801	Java Jump through the Pumkin Patch. Toward end of ride, experience a five acre corn maze, tram ride, choice of pumpkins, hot cider, visit w/ animals, photo op w/ Patty Pumpkin, all for \$6.50. Start: East Puyallup Trailhead.
Tues	10/17	7 PM	Meet&	Greet	TWBC	759 - 2800	<b>October Club Meeting @ the new location:</b> M/A Wild West VFW Post #91, 2000S. Union Ave., Tacoma.
Weds	10/18	Morsel	Facts	Notes	Wailing	Weds	The Grand Ole Opry opened, 1925.
Thurs	10/19	9:30 AM	30	2 A	Lonna Cain	475-8853	Silk Road Smooothly, on 100% paved trail; level, w/ few road crossings. Beverage of your choice @ no host in South Prairie. Really heavy rain will cancel. Start: East Puyallup Trailhead.



# twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Day	Date	Time	Distance	Ride Code	Leader	Contact at (253)	Ride or Activity
Sat	10/21	8 AM	30 - 35	2 B	Steve & Phyllis Lay	759-1816	Pancake Breakfast Ride; \$3 all you can eat. Start: Starbucks, 26th & Proctor.
Sun	10/22	Earlier; 9:30 AM	35	2 B	Jim DeYoung	912-0757	Ride to Olympia for lunch @ Meconli's. Only one hill, yeah, right! Start: Earlier: Pegasso Espresso for coffee; 9:30 @ Dupont P & R.
Sun	10/22	Morsel	Facts	Notes	Similarity	Sunday	Xerox introduced the copy machine, 1938.
Mon	10/23	9:30 AM	13 [& 20 +]	1 C	David Barton, Joyce Clifford	759-2393	Monday in the Park w/ David. Loop Pt. Defiance, 13 miles [& to Fircrest (espresso, scones)]. Beginners & seasoned veterans. Group riding; no solos. Rain Cancels. Start: Starbucks @ 26th & Proctor.
Tues	10/24	9 AM	35 - 50	2 B	Call Ride Line	759-2800	Tues. Decide to Ride. Call RideLine-4-details.
Weds	10/25	5:30 PM	20 - 25	2 B	Peg Winczewski	475-3625	Weds Knight Riders. Headlights, taillights, & reflective clothing required for safe riding. Start: Starbucks, 26th & Proctor.
Fri	10/27	Morsel	Facts	Notes	Friday	Freightage	The New York City's first official subway system began operation, 1904.
Sat	10/28	9:30 AM	30	2 A	Louis Boitano	922-1168	Ride to the Sumner Bakery. Rain Cancels. Start: Freighthouse Square.
Sun	10/29	2 AM	00	00	Daylight Saving	Time Ends	Set your clocks back one hour. Note: It is Daylight Saving (singular) Time, NOT Daylight SavingS Time; we are 'saving' daylight, so it is singular and not plural.
Sun	10/29	Noon; 3 PM	varies; 00	1 A; 00	Steve & Phyllis Lay	759-1816	Halloween Ride & Potluck. Ride @ Noon, Potluck after. Costumes 4 fun, not required (safe riding & helmets required). Start: 1320 N Cedar, Tacoma.
Mon	10/30	9:30 AM	13 [& 20 +]	1 C	David Barton, Joyce Clifford	759-2393	Monday in the Park w/ David. Loop Pt. Defiance, 13 miles [& to Fircrest (espresso, scones)]. Beginners & seasoned veterans. Group riding; no solos. Rain Cancels. Start: Starbucks @ 26th & Proctor.
Mon	10/30	Morsel	Facts	Notes	Measuring	Monday	The time clock is patented by Daniel M. Cooper of Rochester, NY, 1894.
Tues	10/31	9 AM	35 - 50	2 B	Call Ride Line	759-2800	Tues. Decide to Ride. Call RideLine-4-details.
Sat	11/04	6 PM	00	00	Bicycle Alliance or WA	206-224-9252	<b>Bicycle Alliance Auction</b> , Seattle, WA. \$70 @ door; pre-registration required.

## RAPSody 2006 - It's A Wrap!

The third Ride Around Puget Sound was again a spectacular ride. The weather was clear with temperatures in the mid-80's. Views of Puget Sound, the Olympics, and Mt. Rainier made for memorable experiences for those who came from afar. We had participants from nine states including Arizona, California, Colorado, Florida, Idaho, Illinois, Montana, Oregon, and of course Washington. About 50 of the riders did the route in one day and the remaining 250 riders enjoyed the overnight stay in Shelton on the two day ride. Although a few bills remain to be paid, it appears that the ride made approximately \$8,000 that will be used by the Bicycle Alliance of Washington to support bicycling and bicycle advocacy.

The five bike clubs (BIKES of Everett, Capital Bicycle Club, Seattle Bicycle Club, Tacoma Wheelmen's Bicycle Club, and West Sound Cycle Club) have a friendly competition for creating the most memorable experience for the riders. From the comments that were received this year, it would be said that the clubs came in a five-way tie. The one common comment from the riders was the friendly volunteers. Thanks to all of you who helped make the ride a success.

Here are some of the comments that were received about RAPSody.

*"This was my first RAPSody ride and I have now included it on my list of must do events for the next year. My top 10 things to love: the Venue, i.e., route choice, scenery, etc., the support, the FOOD, the volunteers at the rest stops, the ferry rides, the live band at Manchester, the intimacy of it all, no masses to deal with, seeing new parts of the West Sound, the cool bike path into Yelm/Lacy, ice cream bars at the end."*

*"The support crew was awesome and the bike mechanics very, very good. I really like how the people cheered you on and were so friendly and fun. I definitely want to do this ride again, it was an "A" ride, just a couple of tweaks and it will be an A+!!! You guys rock, thanks for putting on such a great ride."*

*"First of all I would like to thank all the clubs and organizers for a wonderfully supported ride. This was my first year and look forward to the next year already."*

*"Well done by all who helped put this event on. I hope it never turns into an STP type of event as that would tarnish the mood of the ride. BUT, I do see this growing in number of riders as the wood gets out."*

*"I enjoyed seeing riders from across the country. I spoke with a gentleman from Florida up visiting his son in Tacoma and a Police Officer from Chicago who was riding the Police bike. What a great event, great people, route, rest stops, food with perfect riding weather."*

*"RAPSody is hands down the leader by far in food choices and quality. I have never been offered fruit, yogurt and granola at a breakfast stop. Never have I see the Calzones like in Manchester. Never have I had hot grilled Indian wraps like in Yelm. The fruit was nice and tasty and you had cream cheese to go on the potatoes. Your volunteers at all the rest stops were aces and the locations couldn't be better for scenery or logistics. I can't really say enough about the rest stops and food other than this: you have set the bar pretty high for yourselves and keep it up. It won't be long before you will have to put a cut off on riders because the word is going to get out."*

Thanks to all of you who volunteered on this ride to make it special. The TWBC volunteers for this year's ride were: Mike Adams, Marianne Baxmann, Joyce Clifford, Karen Comer, King Cushman, Carol Davis, Steve Davis, Peggy Fjetland, Carla Gramlich, Vern Hase, Steve & Phyllis Lay, Phil Lux, Ron McDonald, Ross McDonald, Bob Myrick, Tim Payne, Audrey Pitigliano, Gene Smith, John, Melanie, Ben & Emma Summerour, Tony Thomas, Lou and Karel Vance, and Ralph and Dena Wessels. Special thanks goes to Kim Cordova and Dan Small at Tacoma Community College, Jim Couch at Spoke and Sprocket, Mark At Mark's Bike Works in Shelton, Roger Laybourne and the other Clover Park Kiwanis finish line volunteers, the Shelton High School Dance Team Booster Club, and Karen Kramer who took vacation so she could do sag support on the ride.