



the cog-nitive courier

tacoma wheelmen's bicycle club newsletter

po box 112078 tacoma, wa 98411 www.twbc.org 253-759-2800

TWBC, originally established in 1888 & reinvigorated in 1974, is a general purpose bicycling club in Pierce County that welcomes cyclists of all skill levels for social riding. The COG is issued monthly.

President's Report

By President Darrell "EZZ" Eslinger

Web Issue: October, 2013

The Tacoma Wheelmen were given the honor of leading the City of Tacoma's 'Downtown to Defiance' celebration (on) September 22nd. This provided an introduction to a new access from Ruston Way to Point Defiance. The trail which has been in the works for years, allows bicycles, skateboarders, walkers and runners to travel away from noisy traffic

There is now a new trail to Point Defiance from Ruston Way.

You won't have to ride up that steep road to Ruston, unless you want to.

The trail will pen permanently in mid October but is a great new and easy way to ride to Pt Defiance. Metro Parks has a bridge plan in the works for the future. The views that are opened up are fantastic.

Janet H said " the temporary trail need not be modified. It is just right!" "Very fun, history changing for Tacoma. Let it be the first of many. Thanks for this transformation, for giving us our water front and for the new views.

Bob M: "Thanks to all for putting on first annual ride. ... great planning. We enjoyed the new temporary trail."

I agree with Janet that trail is great. This will be a trail we will use, enjoy, and add to many rides in the future.

This a great time for our city.

On another note: Schools are back in, days are getting shorter and the weather is transitioning toward dampness. Be visible to the cars, check all you lights and your brakes and watch you speed in school zones. ☺

*Countdown commencing for the last (for now) Web issues of the Cog-nitive Courier!
Any Newsletter Editor that would like to crank into place, I'll grease the gears for you.
Countdown begins in five, four, **three** ☺*

In this issue of the COG:

President's Report
GAC

page 1
page 2

Membership
Ride Calendar

page 3
page 4



By Bob Myrick, Director of
Community and Government Affairs

*Actions affecting you
and your community*

Our committee just had a short, brief meeting on an odd day, Monday, September 2, Labor day, due to some travel issues. We continue to meet in the Stadium District at First and Tacoma Avenues at the Harvester Restaurant. We recently learned the same person owns the Powerhouse in Puyallup, Knapps and several other places in Tacoma. The next meeting is scheduled to be on Tuesday, October 1 at 6pm. As you know, we have over 30 governmental entities that we could be working with. We are grateful for the work of our partners, the Foothills Rails to Trails Coalition and ForeverGreen Trails. ForeverGreen will soon be announcing the annual trail meeting to be held in October. As always, please take a personal interest in alternative transportation in your community. Biking will improve your personal health and the health of our planet.

John Ernest Berry III, I and Blake Trask from Bicycle Alliance of Washington will be meeting with John's Puyallup area State legislative representatives, Senator Bruce Dammier and Representative Hans Zeiger on Tuesday, October 8. Our main message will be asking for their support with RCO grants when Pierce County Parks finally gets their right of way acquired for the final piece of the main spur Foothills Trail, South Prairie to Buckley. We will also ask their support for extending the John Wayne Trail across the Columbia River and their support for people with disabilities.

On September 26, the Washington Coalition for Promoting Physical Activity will be meeting at the NorPoint Center in North East Tacoma all day. Liza Quinn from Feet First and Blake Trask from Bicycle Alliance of Washington will be presenting and Jane Moore will be leading the meeting. I've asked Steve Brown to attend on my behalf as I will be in Idaho.

Steve, John Selby and I will have traveled to Wenatchee on September 13 to attend a meeting of the Washington State Trails Coalition. This group puts on the semi annual trails meeting and it will be in Bellingham next year. We will be continuing to lobby for the cross state trail, particularly extending the John Wayne Trail across the Columbia River to the east.

Stadium Way is now open for your biking and walking pleasure with new bike lanes, smooth pavement and wide sidewalks overlooking Puget Sound. I presume you may still find it difficult to go from Pacific Avenue to Stadium Way and to cross the freeway traffic merging onto Stadium Way.

I'm pleased to report Puyallup seems to be moving rapidly ahead to build the JEB III Way spur from Shaw Road to 134th Avenue East to provide easier access to the Foothills Trail. This project was held up by certain activists and officials who wanted the spur to be on private property on the north side of the rail road tracks. The private owner wasn't cooperative, so the trail will be where it should have been all along. It could have been built years ago, if Puyallup had recognized the need, but it required efforts to convince Puyallup it was necessary. Now, we are asking for Sharrows to be installed on Pioneer Way East and maybe bike lanes in the future if a travel lane can be removed.

Puyallup is still trying to figure out how to connect the Foothills Trail to the Riverwalk Trail. It was thought to be possible to place the trail on new Puget Sound Energy powerline right of way, but apparently that idea isn't working out. Puyallup just voted to change the zoning next to 134th Avenue East so we may be seeing some commercial businesses and warehouses on the Daffodil fields. The easy way would be for major landowner Knutson to allow temporary trail to get from the Riverwalk up to 134th Avenue East. The Official interim way will be to cross over Shaw Road on the western side to the new JEB III Way.

I have been riding a lot this summer and hope that October will be dry and nice around here. In November, I get to ride for 12 days from Phoenix to the Border. There is one or more good event rides this fall. I have always liked the Manastash Metric out of Ellensburg on October 5, a doable one day drive and just a metric century, but it is famous for having some challenging head winds. ☹

Membership Report by Dave Killen



*Our Members are what
makes our Club!*

Renewing Members (Thank You!):

Robert Archer, Philip Burgess, Charles Coleman, Janet Higbee-Robinson, Lewis Jones, David Killen, Patricia Killen, Henry Retailliau, Karel Vance, Lou Vance, and Michelle Waterland.

New Members (Welcome!):

Bruce Beyerly, Bill Durbin, Carolyn Edmonds, Scott Heller, Rick Koss, Dylan Lippert, Enrique Llanas, Eda Roosna, Christie Smith, and Harris Wesh. ☺

General Club Meeting

*Remember General Club Meetings go through November for 2013.
See the Ride Calendar for information.* ☺

☺ Your article could have been here
for Members to read! ☺

For TWBC Monthly Ride/Event Calendar

RIDE CODE CHART, TERRAIN

A - Mostly Flat (Interurban Trail)
B - Gently rolling with one or two steep hills
C - Rolling steeper hills (Kitsap Peninsula)
D - Difficult terrain with longer, steeper hills
(Vashon Island)

RIDE CODE CHART, PACE

Pace Code Examples: Average mph on flat surface:

1 - Easy pace, frequent stops to catch up and regroup, 9-12 mph on flats.
2 - Moderate pace, occasional stops to catch up and regroup, 12-15 mph.
3 - Steady pace, limited stops, cue sheets or maps provided, 13-16mph.
4 - Fast pace, very limited stops, cue sheets or maps provided, 16+ mph.



Tuesday Rides

Oct. 1, 8, 15, 22, 29: @ 9:30 AM, 2 C, **Tuesday Decide to Ride.** Meet w/ friends & go to lunch. **Start:** to be announced. Call the Ride Line, 253 - 759 - 2800.

More Tuesday Happenings:

Oct. 1 @ 6 PM, **Government Affairs Meeting** @ the Harvester Restaurant in the Stadium H.S. area @ 1st & Tacoma Ave. Work on bicycle problems around Pierce County. All are invited to participate.

Oct. 8: @ 6 PM, **Board Meeting** @ the Kim Ahn Restaurant across from TCC on Mildred. Guests & Club Members welcomed.

Oct. 15: @ 6 PM, **General Club Meeting.** **Start:** Portland Ave. Community Center, 3513 Portland Ave. (E. 35th & E. Portland Ave.), Tacoma.

Wednesday Rides

Oct 2, 16, 30: @ 9:30 AM, 3 C, **Ride the Chehalis Western Trial.** Rain in Tacoma Cancels. Ride from Chambers Creek Trailhead to Tenino to stop & buy lunch. **Start:** Trailhead in Lacy, past Josephine Ct SE & 14th Ave S.

Oct. 9, 23: @ 9 AM, 2 B, **Ride to Dupont** for coffee via Steilacoom for a nice workout. **Start:** Skyline Park & Ride (6th & Skyline).

Thursday Rides

Oct. 3, 10, 17, 24, 31: @ 9:30 AM, 2 - 3 A or 2 - 3 D, **Foothills Trail or Victor Falls.** Ride to S. Prairie via Foothills Trail. Paved trail w/ very few road crossings. Beverage of your choice in S. Prairie (no host). Or, for a challenging 1000 ft of climbing, go over Victor Falls. **Start:** East Puyallup Trailhead, 13900 - 80th St E, Puyallup.

Friday Rides

Oct. 4: @ 9:30 AM, 2 B, 42 miles, **Rat Ride.** Going counter clockwise around Tacoma (not northeast Tacoma). Travel through Titlow, Fircrest, UP, S. Tac., South Park, Wapato, Fern Hill, East Side, McKinley, Tide Flats, Downtown, Old Town, Schuster, Pt. Defiance & back to start. Will stop for coffee/meal near Downtown. **Start:** Skyline P & R (6th & Skyline).

Saturday Rides

Oct. 5, 12, 19, 26: @ 9 AM, 3 B - C, 60 - 100 miles. **Tacoma Bike Shop Ride.** Fun but challenging road ride to destinations from Gig Harbor to Bonney Lake & Dupont. **Note:** This is not a TWBC Ride, but a Tacoma Bike Shop Ride. **Start:** Tacoma Bike, 309 Puyallup Ave., Tacoma.

: @ 9:30 AM, X Pace, X Dist. **Bonney Lake Bike Shop Ride.** Happens every Sat. **Note:** This is not a TWBC Ride, but a Bonney Lake Bike Shop Ride. **Start:** Bonney Lake Bike Shop, 1406 Main St., Sumner.

More Saturday Happenings:

Oct. 19 @ 6 PM, **Black Cat Run,** put on by Metro Parks. They would love to have the Wheelmen's Club back again this year, on the five mile drive course. Could use riders going around w/ bike lights to assist w/ course monitoring. **Start:** Arrive at the bowl area @ 6 PM @ volunteer check in.

Sunday Rides

Oct 6, 13, 20, 27: @ 11 AM, 2 B, 25 - 35 miles, **Sunny Sunday Ride.** A chance to ride somewhere fun, provided there is a chance of sunshine and not too much rain. **Start:** Starbucks @ 26th & Proctor.

Monday Rides

Oct. 7, 14, 21, 28: @ 9:30 AM, 1 C, **Hail, Hardy & Ready for Coffee.** Loop Pt. Defiance. Someone will stay w/ the slowest rider. Regroup @ Ft. Nisqually., then onto Fircrest for espresso/raspberry scones. You can shorten to 13 miles by cutting out Fircrest. **Start:** Starbucks @ 26th & Proctor.

The COG Home

TWBC Ride Line : 253 - 759 - 2800
Updated Sunday & Thursday!

The 'Smiling Bicycle' Logo, the Club Jersey
& a majority of Club Ride T-shirts were
(are) designed by Member Steve Lay.



Next Club Meeting: 6 PM
Tuesday, Oct. 15, 2013

Nov. Ride Calendar Deadline:
Tuesday, Oct. 29, 2013

Nov. COG Article Deadline:
Wednesday, Oct. 30, 2013

*Please keep Database Commander Dave updated as to any USPS/E-mail address changes.
It makes his job a lot easier! (If you don't receive your Newsletter, contact the Editor!)*

PRESIDENT:

president@twbc.org

Darrel Eslinger, 820 - 6325

VICE - PRESIDENT:

vp@twbc.org

Joyce Clifford

SECRETARY:

secretary@twbc.org

Caroline Warnock

Assistant: Linda Higgins

TREASURER:

treasurer@twbc.org

Fred Swift, 355 - 4365

RIDE COORDINATOR:

ridecaptain@twbc.org

Rich Walter, 840 - 9450

**DIRECTOR OF COMMUNITY &
GOVERNMENT RELATIONS:**

gac@twbc.org

Bob Myrick, 473 - 7455

Assistant: Don Hoover

**DIRECTOR OF SPECIAL
EVENTS:**

events@twbc.org

Daniel Jones

(All Phone #s are 253 Area Code, unless otherwise indicated.)

**ACTING NEWSLETTER
EDITOR (Temporary):**

newsletter@twbc.org

Dena Wessels, 857 - 5658

**MEMBERSHIP,
DATABASE & MAILING:**

database@twbc.org

Dave Killen, 677 - 5896

WEBMASTER:

webmaster@twbc.org

Rich Walter, 840 - 9450

**TWBC SAFETY &
EDUCATION**

Jim Ahrens, 566 - 3347

TWBC EQUIPMENT :

equipment@twbc.org

Sue Coley

Assistant: Peggy Fjetland

TWBC PUBLICITY:

publicity@twbc.org

Anita Beninger

**DAFFODIL CLASSIC
(2013): APRIL 14**

daffodil@twbc.org

Daniel Jones & friends

**PENINSULA METRIC
(2013): JUNE 2**

pmc@twbc.org

Daniel Jones & friends

RAPSody Contact:

(2013): Aug. 24 & 25

rapsodybikeride@comcast.net

Ralph Wessels, 857 - 5658

BIKE EXPO:

(2012): March 10 & 11

bikebooth@twbc.org

--Unfilled @ this time--

ANNUAL CLUB PICNIC:

(2010): Sept. 26 (?)

--Unfilled @ this time--

CLUB JERSEY SALES:

jerseys@twbc.org

--Unfilled @ this time--

Advertisement Requirements: TWBC Members may place ads in the COG for free that are directly related to bicycling. All ads must be accompanied with contact information (i.e., name, address, phone number, email) of the person submitting the ad.

Local bicycle shops that offer a discount of at least ten percent (10%) to TWBC Members may place ads or flyers in the COG for free. "Local" is defined as within the Puget Sound area. Each bicycle shop may place up to two ads for free in a calendar year.

Non-members, agencies, businesses and bicycle shops that do not offer discounts of at least ten percent (10%) to TWBC Members will be charged for placing ads in the COG. Payment for the ad must be received prior to inclusion into the COG. The fee shall not be less than \$10 for a 1-line text ad and will be a minimum of \$50 for quarter page ads or more. The Newsletter Editor will determine an appropriate fee based upon the size and complexity of the ad. All ads are subject to editing and space limitations as deemed appropriate or necessary by the Newsletter Editor. ☺



October
2013

Tacoma Wheelmen's Bicycle Club
PO Box 112078
Tacoma, WA 98411

mail to:

Please Note: The COG is now available electronically via the Club Website only, as there is not an elected Editor to produce a USPS issue.



Please Note: You can become a Member at www.twbc.org. Click on 'Membership' on the left side.

B e c o m e a M e m b e r o f T W B C

Name: _____

Address: _____

City, State: _____

Home Phone: _____

Work Phone (optional): _____

E-mail: _____ @ _____

(all info. is for Club use only; please print clearly!)

Please Check Those That Apply:

New Member Renew Addr Chg

Please Note: *COG* delivery is now electronically via E-mail, as there is not an elected Editor to produce a USPS issue.

Individual Person Membership Fee \$15 _____

Or, Family Membership Fee \$20 _____

One-time Initiation Fee \$5 _____

Total Membership Fee(s) \$ _____

Send this form and a check for the total \$ amount to:

TWBC Membership
PO Box 112078
Tacoma, WA 98411

Check the following boxes if you are interested in volunteering for:

- Leading Bike Rides
- Events
(Daffodil, PMC)
- Newsletter
- Club Meeting Programs
- Becoming a Club Officer

Thanks for becoming a Member of TWBC!