



# the cog-nitive courier

## tacoma wheelmen's bicycle club newsletter

po box 112078 tacoma, wa 98411 [www.twbc.org](http://www.twbc.org) 253-759-2800

**TWBC, originally established in 1888 & reinvigorated in 1974, is a general purpose bicycling club in Pierce County that welcomes cyclists of all skill levels for social riding. The COG is issued monthly.**

### President's Report

#### Spinning Wheels



By President Tom Reardon

**Web Issue: August, 2011**

After months of anticipation and minutes of planning, the day arrived for the start of a two day ramble around Mt. Rainier. Mike and Marsha Madden had set our itinerary. We would leave from Enumclaw at 8 AM; meet in Ashford for a lunch break, then climb to Paradise where we would overnight at the Inn. The plan was perfect. Summer would be smiling sweetly on the Northwest by mid-July, and by choosing to ride mid-week, we would encounter far less automobile traffic in the Park. One of those assumptions proved to be true.

Heavy gray clouds leaned against barns, against farm animals, against our sagging spirits as we made our way up to the start in Enumclaw. As it became obvious that the mist and drizzle was in no hurry to leave, and facing 80 miles of slow mostly uphill riding, three of our clear thinking members dropped. The remaining nine members, Mike, Marsha, Heinrich, Bob, Jan, Dave, Ann, Rich, and Tom donned winter gear and set off. Irmgard Schmidt, Linda Walter, and Roberta Reardon followed in their cars.

The mist turned to a stinging rain as we descended into South Prairie, and one could not help but think of our warm dry friends. Then, as is often the case on long rides, the rain stopped, and we breezed past beautiful Ohop Lake and into Eatonville. The experienced members lead us directly to the bakery with apple fritters as big as your head.

Dry and nourished, we foolishly removed all rain gear and set off for our lunch stop in Ashford. As we approached Elbe the skies open up and cold rain pounded down. There was nothing to do but pedal and wonder why no one had marketed tiny wipers that could be installed on rain soaked eyewear. Upon reaching Ashford, we huddled in the small café at Whittaker's Bunk House clutching hot coffee with two hands while debating the sanity of continuing versus the comfort of riding in the cars. Bob and Mike made the case for continuing shaming the rest of us to join them.

**Spinning Wheels, cont. on page 2**

#### In this issue of the COG:

Spinning Wheels	page 1, 2	Zip Car Info	page 5
GAC	page 2, 3	RAPSody Volunteers	page 5
Bike Month Report	page 3	Ride Notes	page 5
Membership	page 3	Ride Calendar	page 6, 7, 8
Ride for the Planet	page 4	TRYBR Flyer	page 11
New County Bike Maps	page 4	PC Map Pick Up Locations	page 12 - 15

**Remember to 'hang up' after you call the TWBC Ride Line -- people are forgetting about it & it's costing the Club four minutes per call!**

## Spinning Wheels, cont. from page 1

Much to our relief, the 3,200 feet of climbing from Longmire to Paradise was dry, cool and virtually free of all motorized traffic. Tired, but happy we checked in at Paradise Inn. Afternoon tea and warm cookies awaited, but first Rich needed to prove that he did indeed have a confirmed reservation. After being informed that his name was not in the computer, he carefully unfolded his rain soaked confirmation sheet. Straining to decipher the blurred ink, the clerk informed Rich that his reservation was at Longmire. Fortunately, the foul weather had resulted in some cancellations, and he was not reduced to digging a snow cave in lieu of backtracking down the mountain.

Hot showers, dry clothes, and an adult beverage revived us all. We shared our unique experiences over dinner together in the lodge. We would face many of the same conditions the next day. The weather and the ride were challenging, but the challenges made that experience worthwhile, and sharing it with others made all of us glad to be a part of our riding group, TWBC. ☺



By Bob Myrick, Director of  
Community and Government Affairs

*Actions affecting you  
and your community .....*

Our committee met on Tuesday, July 5, at the Harvester Restaurant in the Stadium District at First and Tacoma Avenues. We will meet there again on Tuesday, August 2 at 6:00 pm. We again had a small attendance due to people traveling and having fun, but we talked about a few things as follows.

1. **Bike Lids.** Steve Brown has been assisting the Tacoma Library and the City in getting information about **how to repair or replace two bike lids at Wheelock Library.** Several year's ago, Carla Gramlich was the leader in getting Tacoma Neighborhood Grants to install bike lids at several Tacoma libraries. TWBC Members volunteered to help install the bike lids thruout the City. The bike lids at Wheelock appear to have been damaged by kids in the neighborhood.

2. **BAW Legislative Meeting.** Ralph Wessels and Steve Brown attended the recent legislative meeting at REI Headquarters. **The state wide meeting discussed past legislative accomplishments and plans for the future.** More details can be found on the BAW website.

3. **Trail Advocacy.** We discussed the need to **get Pierce County back on the tracks with regard to building out the trail system in a more timely manner.** Most of the recent progress has been made in our cities and towns like Tacoma, Gig Harbor, Pen Met Parks, Puyallup, Sumner, Edgewood, Milton, University Place and Eatonville. Pierce County needs to get the Puyallup Riverwalk Trail extended downstream to the Melroy Bridge, get the Foothills Trail to Buckley and get the Cascade Water Alliance Flume Trail built between Buckley and Bonney Lake. Maybe, Pierce County Public Works needs to take over the trail building effort as trails are also important for transportation. TWBC will be continuing to work with Foothills Trail Coalition, Forevergreen Council and the Pierce County CAT (Coalition for Active Transportation).

4. **Tacoma Airport Dog Park.** We took time to discuss the long effort to get the "clear zone" at the Tacoma Airport **to be available for a dog park, hiking/biking trail, equestrian area, etc.** The airport is now owned by Pierce County and former Councilman Terry Lee is now the Pen Met Parks Director. Maybe, he could get this long needed project moving along.

5. **ABITIBI Paper Mill Railroad Tracks.** Most of you are too familiar with the **dangerous railroad tracks in Steilacoom.** Ralph let me know there might be a Town Council meeting on the demolition of the mill on July 19. Nancy Henderson and I were able to attend the meeting and find the salvage company was requesting a demolition permit for the property within 200 feet of the shoreline, thus also needing a shoreline management permit. The salvage company indicated they would also be removing rail road tracks.

GAC, continued on page 3

We both asked the Town Council to require the salvage company to remove the tracks in the road as a condition of the permit. **The Town Council indicated it was also their concern to remove the track hazard, but failed to require the salvage company to remove the tracks in the road (BAD MOVE).** There is some question as to who owns the tracks in the road, but the Town Council could have went ahead and required their removal. **It also became apparent the Town previously issued a demolition permit without seriously considering the existence of Gallagher Springs Creek running underground thru the property.** Since Chinook Salmon are an endangered species, it seems like National Marine Fisheries and NOAA should have also been consulted regarding these activities.

Last month, I said July 5 was supposed to be the day when the real good weather starts for the summer season. Now the UW weatherheads say summer will come in August, trust me. Several of us had the pleasure of riding around Mt. Rainier in the rain. The Weather Gods took pity on us. It didn't rain from Longmire to Paradise and it didn't rain the next day until we got over Cayuse Pass and down to the Crystal Mountain turnoff. Cycle More and Worry Less. Bring someone new to a Club Ride. ☺

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## **Bike Month Report**

by Liz Kaster

Commute Trip Reduction Coordinator

City of Tacoma

*(The Bike Month Team consisted of the City of Tacoma, Pierce Transit & Pierce County)*

Dear Pierce County Cyclists,

Thank you so much for participating in Bike Month 2011! We were so happy to once again have the support and involvement of the TWBC.

This year's Bike Month highlights included:

**3rd Annual Tacoma Bike Swap**, sponsored by the Tacoma Wheelmen's Bicycle Club and the University of Puget Sound. Over 1,000 people attended the Swap, participating in the day's events. MultiCare's Mary Bridge Center for Childhood Safety sold 103 affordable helmets and more than 150 bikes were sold at the Bike Corral.

**Bike to Market Day**, sponsored by MultiCare Health System. We connected 2,940 Farmers' Market opening-day attendees with valuable bicycle resources, including bike route assistance from the Bicycle and Pedestrian Action Committee Map Masters, bike safety information and affordable helmets sold by the MultiCare Mary Bridge Center for Childhood Safety.

**Bike Commuter Picnic and Fashion Show**, sponsored by Downtown On the Go. Fifteen models competed in the 2nd Annual Bike Fashion Show for fame, glory, and a lovely gift basket from Marlene's Market. A knight in shining armor, mobility superwoman and the Dude all made an appearance.

**Bike to Work Commuter Challenge**, sponsored by REI. During the month-long Challenge, 455 riders logged 4,453 bike trips and 55,447 miles; this is over double the number of participants in the 2010 Commuter Challenge!

Check out [PierceTrips.com](http://PierceTrips.com) for Commuter Challenge prize winners and team results.

We hope to see you out on the roads year-round and back again at Bike Month events in 2012! Until then, check out Bike Month photos and keep up with bicycling events year-round by becoming a fan of [PierceTrips](http://www.facebook.com/PierceTrips) (<http://www.facebook.com/PierceTrips>) and [TacomaMobility](http://www.facebook.com/tacomamobility) (<http://www.facebook.com/tacomamobility>) on Facebook.

Your input is always appreciated! If you have any ideas on how to improve Bike Month events and outreach, please let us know.

Cheers! ☺



**and Dave Killen,  
database & mailing**

**Renewing Members (Thank You!):**

Jeanne Apffel, Robert & Punyavadee Archer, Kevin & Anita Beninger, Ernst & Kieran Coumou; Darrell Eslinger, Mike Springer, Sylvia Summers, and Jim & Jan Weger.

**New Members: (Welcome!)**

Robert E. Carlson and Tasheba West. ☺

**Ride for the Planet**

By Janet Higbee

Tacoma Wheelman and Tacoma Mobility Member

The Tacoma Wheelmen are sponsoring a 350.org Ride for the Planet on Sat., Sept. 24 ([www.moving-planet.org](http://www.moving-planet.org)). It is called Moving Planet Day and the ride symbolizes our concern about Global Climate Change and carbon emissions.

We will start at the Park and Ride on 6th Avenue & Skyline, at 9:30 am and ride to the Proctor Farmer's Market and Enviro House at 12:30 pm. As well, we will follow Tacoma's 4 major Bike Projects since they are promoted by the City and Tacoma Mobility Group. 350.org offers signs that we can post around town; perhaps we can carry some as well. They will explain our cause (that people use fewer resources and pollute less). If people want to ride further, they could cross the bridge. ☺

**FOR IMMEDIATE RELEASE**

June 29, 2011

By Media Contacts

Shawn Phelps, senior transportation planner and Mary Powers, public information officer

Just in time for summer, the updated version of the Pierce County Bike Map is here.

This poster-sized map folds into a convenient pamphlet you can tuck into your pocket. It replaces the Pierce County Bike Map printed in May 2008.

New additions to the map include the Gig Harbor Cushman Trail (extension) and the Tacoma Water Ditch Trail. The new map also identifies points of interest, including local bike shops and many new parks.

Designated bike lanes are specified on the map, as well as steep, uphill grades you may encounter during your adventure. If you're thinking about taking the sustainable route and bicycling to work, the map can help you plan your trip.

Other great features are lists of safety tips, laws, and helmet purchase locations. There is no state law requiring helmet use, however some cities and counties (including Pierce County) do require bicyclists to wear helmets.

Bicycling is good for your health, your budget and the environment," said Pierce County Executive Pat McCarthy. "Get your new map, hop on your bike and discover Pierce County on two wheels."

An online version of the bike map is available at [www.piercecountywa.org/bikemap](http://www.piercecountywa.org/bikemap). The link also contains a list of more than 100 locations where you can pick up the free, poster-sized, fold-up pamphlet.

The map was developed by the Transportation Planning and Programming division of Pierce County Public Works and Utilities. ☺

## Zip Car Info

By Steve Brown

Zipcar and Flexcar are now one company.

There are 2 cars near University of Puget Sound in North Tacoma and Pacific Lutheran University in Spanaway ... none in Puyallup at this time.

The hourly rental rate includes gas, insurance, etc.

### Occasional Driving Plan:

Drive from \$8/hr & \$66/day.  
Fifty dollar annual fee.

Weekends from \$9/hr & \$72/day.  
Twenty-five dollar one-time application fee.

For more information, go to the following sites:

<http://www.zipcar.com/pugetsound/>

<http://www.zipcar.com/>

<http://en.wikipedia.org/wiki/Zipcar>

<http://en.wikipedia.org/wiki/Flexcar>

<http://www.washingtonpost.com/wp-dyn/content/article/2007/10/30/AR2007103002221.html>

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*The Ride Around Puget Sound, RAPSody, August 27 - 28, needs just a few more volunteers.*

*Volunteers are needed on early on Saturday morning & Sunday late afternoon.*

*To help out give Ralph Wessels a call at 253 - 857 - 5658, or email [rapsodybikeride.com](mailto:rapsodybikeride.com).*

*Thanks for your support!*

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## August Ride Notes:

**08/03, 08/17, 08/31**

**Ride to Dupont.**

Sign up with a contact number so we can



**08/10, 08/24**

**Chehalis Western Trail.**

notify you by phone (preferably cell, in case you

are in transit) if a ride has been cancelled. For CWT bring \$\$\$ to buy lunch in Tenino. For both rides, if it is raining in Tacoma at the time we need to leave for the scheduled ride, the ride will be cancelled, & we will contact you by your sign up cell phone number &/or email address. We encourage riders to car pool.



**08/14**

**Mr. Goofy's Beginners Ride**

Mr. Goofy's Biking Class @ Orting High School:

discussion of helmets & clothing, bike equipment, braking, gear use, cadence etc - followed @ 2 PM by 16 mile beginner-level ride on the Foothills trail, to South Prairie & back, with a coffee stop along the way.

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## For TWBC Monthly Ride/Event Calendar

### TERRAIN CODE CHART

A - Mostly Flat (Interurban Trail)

B - Gently rolling with one or two steep hills

C - Rolling steeper hills (Kitsap Peninsula)

D - Difficult terrain with longer, steeper hills (Vashon Island)

### PACE CODE CHART

1 - Easy pace, frequent stops to regroup,  
9-12 mph on flats.

2 - Moderate pace, occasional stops to regroup,  
12-15 mph.

3 - Steady pace, limited stops, cue sheets/maps,  
13-16mph.

4 - Fast pace, very limited stops, cue sheets/maps,  
16 + mph.





# twbc monthly event schedule










call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
08/01 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. Loop Pt. Defiance. Someone will stay with the slowest rider. Regroup at Ft. Nisqually, then onto Fircrest for espresso/ raspberry scones. You can shorten to 13 miles by cutting out Fircrest. Start: Starbucks @ 26th & Proctor. 
08/02 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Louie Boitano, 922 - 1168, or Ron Nowicki, 661 - 2664. Start: Freighthouse Square, 430 E. 25th St, Tacoma.
08/02 Tues	<b>5:30 PM</b>	2 B	20	Matt Newport	Tuesday Night Ride. Join the Hamon's Bike Club's easy training ride around Tacoma. Good for the working class. Start: The Harmon Hub, 203 Tacoma Ave. S., Tacoma.
08/02 Tues	<b>6 PM</b>	00 Meet	00 & Eat	Bob Myrick 473 - 7455	Government Affairs Meeting @ the Harvester Resturant in the Stadium H.S. area @ 1st & Tacoma Ave. Work on bicycle problems around Pierce County. All are invited to participate.
08/03 Weds	9:30 AM	2 B	35	Richard Walter 651 - 4902	Ride to Dupont & stop for coffee. Rain in Tacoma Cancels. See Ride Notes for Details. Start: Skyline Park & Ride (6th & Skyline). <i>Dupont</i>
08/04 Thurs	9:30 AM	3 A	30 Trail	Richard Walter 651 - 4902	Silk Road Smooooothly. Ride to S. Prairie via Foothills Trail. Paved trail w/ very few road crossings. Beverage of your choice in S. Prairie (no host). Rain Cancels. Start: East Puyallup Trailhead, 13900 - 80th St E, Puyallup. 
08/04 Thurs	9:30 AM	3 D	30 Steady	Joe Small 228 - 9554	Over The Hill Gang. For those of you looking for more of a challenge, you may want to try the Victor Falls, Lower Burnet version of the SRS ride. Start: East Puyallup Trailhead, 13900 - 80th St E, Puyallup. 
08/05 Fri	<b>Noon</b>	1 C	20	Bob Myrick 473 - 7455	Wildside Shop Ride. Different routes throughout the month. Retire to the shop to warm up & socialize. Rain Cancels. Start: Wildside Wine Shop, 608A S. Oxford, Tacoma. 
08/06 Sat	10 AM	1 A	18/30	Jim Harvey	Mr. Goofy's Beginner's Ride. Beginner-level ride on Sammamish River Trail. Out & back w/ a coffee stop along the way. Independent-unswept option of 30 miles available. <a href="http://www.meetup.com/Tacoma-Mountaineer-Singles/">www.meetup.com/Tacoma-Mountaineer-Singles/</a> Start: Redmond. 
08/07 Sun	Service	Combat	Injury	Wounded	The Purple Heart Medal is established, 1782.
08/08 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. See 08/01 for Ride Details. 
08/09 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Louie Boitano, 922 - 1168, or Ron Nowicki, 661 - 2664. Start: Sumner Library, 1116 Fryer Ave, Sumner.



# twbc monthly event schedule











call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
08/20 Sat	10 AM	1 A	20	Jim Harvey	Mr. Goofy's Beginner's Ride. Beginner-level ride on King County Interurban Trail. Out & back w/ a coffee stop along the way. Independent-unswept option available. <a href="http://www.meetup.com/Tacoma-Mountaineer-Singles/">www.meetup.com/Tacoma-Mountaineer-Singles/</a> Start: Pacific Interurban trailhead, 3rd Ave SW, Pacific. 
08/21 Sun	Nuts	Candied	Fruit	Whipped Cream	National Spumoni Ice Cream Day.
08/22 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee.  See 08/01 for Ride Details.
08/23 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Louie Boitano, 922 - 1168, or Ron Nowicki, 661 - 2664. Start: Freighthouse Square, 430 E. 25th St, Tacoma.
08/23 Tues	<b>5:30 PM</b>	2 B	20	Matt Newport	Tuesday Night Ride w/ the Hamon's Bike Club. See 08/02 for Ride Details.
08/24 Weds	10 AM	2 B	43 Trail	Richard Walter 840 - 9450	Chehalis Western Trail. Rain in Tacoma Cancels. See Ride Notes for Ride Details.  Start: Trailhead in Lacy; past Josephine CtSE & 14th AveS.
08/25 Thurs	9:30 AM	3 A	30 Trail	Richard Walter 840 - 9450	Silk Road Smooooothly. Rain Cancels.  See 08/04 for Ride Details.
08/25 Thurs	9:30 AM	3 D	30 Steady	Joe Small 228 - 9554	Over The Hill Gang.  See 08/04 for Ride Details.
08/26 Fri	<b>Noon</b>	1 C	20	Bob Myrick 473 - 7455	Wildside Shop Ride. Rain Cancels.  See 08/05 for Ride Details.
<b>08/27 - 08/28 Sat - Sun</b>	6 - 9 AM	All	170 Total	<b>Five Sisters;</b> Ralph Wessels 857 - 5658	<b>RAPSody.</b> \$\$\$ Pre-registration required. Start: TCC. Call for information or check Club Website for this 5 Sisters benefit for BAW. <a href="http://www.rapsodybikeride.com">www.rapsodybikeride.com</a> 
08/29 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee.  See 08/01 for Ride Details.
08/30 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Louie Boitano, 922 - 1168, or Ron Nowicki, 661 - 2664. Start: Sumner Library, 1116 Fryer Ave, Sumner.
08/30 Tues	<b>5:30 PM</b>	2 B	20	Matt Newport	Tuesday Night Ride w/ the Hamon's Bike Club. See 08/02 for Ride Details.
08/31 Weds	10 AM	2 B	43 Trail	Richard Walter 840 - 9450	Ride to Dupont & stop for coffee. Rain in Tacoma Cancels. See Ride Notes for Details.  Start: Skyline Park & Ride (6th & Skyline).



# twbc monthly event schedule

call the ride line for the latest additions and corrections...253-759-2800

Day/ Day	Time	Ride Code	Dist- ance	Leader/ Contact @ (253)	Ride or Activity
08/09 Tues	6 PM	00 Meet	00 & Eat	Tom Reardon 759 - 2800	<b>Board Meeting</b> @ the Kim Ahn Restaurant across from TCC on Mildred. Guests & Club Members welcomed.
08/10 Weds	10 AM	2 B	43 Trail	Richard Walter 651 - 4902	Chehalis Western Trail. Rain in Tacoma Cancels. See Ride Notes for Ride Details.  Start: Trailhead in Lacy; past Josephine CtSE & 14th AveS.
08/11 Thurs	9:30 AM	3 A	30 Trail	Richard Walter 651 - 4902	Silk Road Smoooothly. Rain Cancels. See 08/04 for Ride Details. 
08/11 Thurs	9:30 AM	3 D	30 Steady	Joe Small 228 - 9554	Over The Hill Gang. See 08/04 for Ride Details. 
08/12 Fri	Noon	1 C	20	Bob Myrick 473 - 7455	Wildside Shop Ride. Rain Cancels. See 08/05 for Ride Details. 
08/13 Sat	Left	Left	Left	Left!	Twentieth International Left-Handers Day.
08/14 Sun	7 AM	All	20, 30, 50, 80, & 100	Capital Bicycling Club 360- 292 - 8925	<b>TRYBR.</b> \$\$\$ Tenino-Rainier-Yelm-Bucoda Rally. Through south Thurston & north Lewis Counties. Start: Parkside Elementary, 301 Central Ave., Tenino. <a href="http://www.capitalbicyclingclub.org/trybr">www.capitalbicyclingclub.org/trybr</a>
08/14 Sun	1 PM, 2 PM	1 A	16	Jim Harvey	Mr. Goofy's Biking Class & Beginner's Ride. See Ride Notes for complete Ride Details. <a href="http://www.meetup.com/Tacoma-Mountaineer-Singles/">www.meetup.com/Tacoma-Mountaineer-Singles/</a> Start: Orting HS, 120 Washington Ave. N., Orting. 
08/15 Mon	9:30 AM	1 C	22 (13)	Joyce Clifford 759 - 2393	Hail, hardy & ready for coffee. See 08/01 for Ride Details. 
08/16 Tues	9:30 AM	2 C	30 - 50	See Description	Tuesday Decide To Ride. Meet with friends & go to lunch. Louie Boitano, 922 - 1168, or Ron Nowicki, 661 - 2664. Start: McDonald's, 112th & Pacific Ave.
08/16 Tues	5:30 PM	2 B	20	Matt Newport	Tuesday Night Ride w/ the Hamon's Bike Club. See 08/02 for Ride Details.
08/17 Weds	9:30 AM	2 B	35	Richard Walter 651 - 4902	Ride to Dupont & stop for coffee. Rain in Tacoma Cancels. See Ride Notes for Details. Start: Skyline Park & Ride (6th & Skyline). 
08/18 Thur8	9:30 AM	3 A	30 Trail	Richard Walter 651 - 4902	Silk Road Smoooothly. Rain Cancels. See 08/04 for Ride Details. 
08/18 Thurs	9:30 AM	3 D	30 Steady	Joe Small 228 - 9554	Over The Hill Gang. See 08/04 for Ride Details. 
08/19 Fri	Noon	1 C	20	Bob Myrick 473 - 7455	Wildside Shop Ride. Rain Cancels. See 08/05 for Ride Details. 



# The COG Home

**TWBC Ride Line : 253 - 759 - 2800**  
**Updated Sunday & Thursday!**

The 'Smiling Bicycle' Logo, the Club Jersey  
& a majority of Club Ride T-shirts were  
(are) designed by Member Steve Lay.



**Next Ride Calendar Deadline:**  
**Tues, August 23, 2011**

**Next COG Article Deadline:**  
**Weds, August 24, 2011**

**Next Club Meeting: 6 PM**  
**Tuesday, Sept. 20, 2011**

*Please keep Database Commander Dave updated as to any USPS/E-mail address changes.  
It makes his job a lot easier! (If you don't receive your Newsletter, contact the Editor!)*

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## **PRESIDENT:**

[president@twbc.org](mailto:president@twbc.org)

Tom Reardon, 952 - 5964

## **VICE - PRESIDENT:**

[vp@twbc.org](mailto:vp@twbc.org)

--Unfilled @ this time--

## **SECRETARY:**

[secretary@twbc.org](mailto:secretary@twbc.org)

Caroline Warnock (temporary)

## **TREASURER:**

[treasurer@twbc.org](mailto:treasurer@twbc.org)

Frank Swift, 355 - 4365

## **RIDE COORDINATOR:**

[ridecaptain@twbc.org](mailto:ridecaptain@twbc.org)

Rich Walter, 840 - 9450

## **DIRECTOR OF COMMUNITY & GOVERNMENT RELATIONS:**

[gac@twbc.org](mailto:gac@twbc.org)

Bob Myrick, 473 - 7455

## **DIRECTOR OF SPECIAL EVENTS:**

[events@twbc.org](mailto:events@twbc.org)

--Unfilled @ this time--

## **NEWSLETTER EDITOR:**

[newsletter@twbc.org](mailto:newsletter@twbc.org)

Dena Wessels, 857 - 5658

*(All Phone #s are 253 Area Code, unless otherwise indicated.)*

## **DATABASE & MAILING:**

[database@twbc.org](mailto:database@twbc.org)

Dave Killen, 677 - 5896

## **MEMBERSHIP:**

Phyllis Lay, 759 - 1816

## **WEBMASTER:**

[webmaster@twbc.org](mailto:webmaster@twbc.org)

Rich Walter, 840 - 9450

## **TWBC SAFETY & EDUCATION**

Jim Ahrens, 566 - 3347

## **TWBC EQUIPMENT :**

[equipment@twbc.org](mailto:equipment@twbc.org)

Steve Brown, 752 - 4038

Assistant Jim Davis

## **TWBC PUBLICITY:**

[publicity@twbc.org](mailto:publicity@twbc.org)

Anita Beninger

## **DAFFODIL CLASSIC**

**(2011): APRIL 10**

[daffodil@twbc.org](mailto:daffodil@twbc.org)

Mike Madden, 720 - 0127

## **PENINSULA METRIC**

**(2010): JUNE 6**

[pmc@twbc.org](mailto:pmc@twbc.org)

Debbie Due, 564 - 4188

## **RAPSody Contact:**

**(2011): Aug. 27 & 28**

[rapsodybikeride@comcast.net](mailto:rapsodybikeride@comcast.net)

Ralph Wessels, 857 - 5658

## **ANNUAL CLUB PICNIC:**

**(2010): Sept. 26 (?)**

--Unfilled @ this time--

## **BIKE EXPO:**

**(2011): March 12 & 13**

[bikebooth@twbc.org](mailto:bikebooth@twbc.org)

--Unfilled @ this time--

## **CLUB JERSEY SALES:**

[jerseys@twbc.org](mailto:jerseys@twbc.org)

--Unfilled @ this time--

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**Advertisement Requirements:** TWBC Members may place ads in the COG for free that are directly related to bicycling. All ads must be accompanied with contact information (i.e., name, address, phone number, email) of the person submitting the ad.

Local bicycle shops that offer a discount of at least ten percent (10%) to TWBC Members may place ads or flyers in the COG for free. "Local" is defined as within the Puget Sound area. Each bicycle shop may place up to two ads for free in a calendar year.

Non-members, agencies, businesses and bicycle shops that do not offer discounts of at least ten percent (10%) to TWBC Members will be charged for placing ads in the COG. Payment for the ad must be received prior to inclusion into the COG. The fee shall not be less than \$10 for a 1-line text ad and will be a minimum of \$50 for quarter page ads or more. The Newsletter Editor will determine an appropriate fee based upon the size and complexity of the ad. All ads are subject to editing and space limitations as deemed appropriate or necessary by the Newsletter Editor. ☺

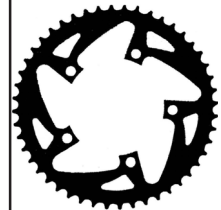


**August  
2011**

**Tacoma Wheelmen's Bicycle Club  
PO Box 112078  
Tacoma, WA 98411**



**mail to:**



Please Note: You can become a Member at [www.twbc.org](http://www.twbc.org). Click on 'Online' under the Join heading.

***B e c o m e   a   M e m b e r   o f   T W B C***

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone (optional): \_\_\_\_\_

E-mail: \_\_\_\_\_ @ \_\_\_\_\_

(all info. is for Club use only; please print clearly!)

Please Check Those That Apply:

New Member       Renew       Addr Chg

Please Note: *COG* delivery is now electronically via E-mail, unless you indicate here  for the more costly, less 'Green' delivery method through the US Postal Service.

Individual Person Membership Fee ..... \$15 \_\_\_\_\_

Or, Family Membership Fee ..... \$20 \_\_\_\_\_

One-time Initiation Fee ..... \$5 \_\_\_\_\_

Total Membership Fee(s) ..... \$ \_\_\_\_\_



Send this form and a check for the total \$ amount to:

**TWBC Membership  
PO Box 112078  
Tacoma, WA 98411**

Check box if you do not want your USPS address, phone # or email address in the yearly Membership listings.

Also...Check boxes if you are interested in volunteering for:

- Leading Bike Rides
- Events  
(Daffodil, PMC)
- Newsletter
- Club Meeting Programs
- Becoming a Club Officer

**Thanks for becoming  
a Member of TWBC!**

# TENINO - RAINIER - YELM - BUCODA RALLY

5 routes: 20 | 30 | 50 | 80 | 100 miles


Gorgeous quiet countryside of Thurston and Lewis Counties. Enjoy views of Mt. Rainier, the Skookumchuck and Deschutes Rivers, llama farms and hawks overhead along Johnson Creek Road. All routes are well-marked, mostly along scenic, low-traffic roads. There are CBC and commercial food stops and numerous comfort facilities along all routes. Routes range from an easy 20-miler to a challenging, hilly, 100. Ice cream for every rider, a playground, and a cold quarry pool await riders at the finish.



## Sunday, August 14th, 2011

Start/finish: Parkside Elementary School, 301 Central Ave, Tenino  
 Registration open from 7:00 a.m. to 12:00 noon  
 (100 mile riders must register by 09:00 a.m.)

Registration includes ride number, map & cue sheet, sag support, rest stops on every loop, finish line welcome until 5:00p.m. and facilities. \$1.00 per rider supports the Bicycle Alliance of Washington (BAW). \$2.00 discount for Capital Cycling Club members. Children 12 and under ride free!

Sponsored By:	Entry Fee Schedule	Quantity	Preregistered by Aug 2	Day of Ride	Line Total
	Individual riders		\$23.00	\$25.00	
	Tandem teams		\$30.00	\$35.00	
	Families of 3 or more		\$35.00	\$40.00	
	Capital Cycling Club Members		(\$2.00)	(\$2.00)	
	Students with ID or Seniors (65+)		10.00	10.00	

total enclosed

Mail completed form and checks to:  
**Capital Cycling Club - P.O. Box 642 - Olympia, WA 98507**  
 Register on-line <http://www.capitalbicycleclub.org/trybr>

### APPROVED HELMETS ARE REQUIRED ON THIS RIDE

Name(s) (please print) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

*In consideration of the Capital Cycling Club (CBC) accepting my registration, I hereby for myself (or parent/guardian, if entrant is under 18) waive and release any and all rights and claims for damages against CBC, its officials and any other sponsors prior to, during, or after participation in this August 14, 2011, bicycle ride, caused by sickness, accident or any other cause that may occur. I also agree to accept all rules, regulations and policies set forth by the CBC. I realize I will be on the roadways of Lewis and Thurston counties during this event, and I must obey all traffic laws. I also realize that an approved bicycle helmet decreases the chance of injury; I agree to wear a helmet during this event.*

Signature(s)/Date \_\_\_\_\_

Guardian (if rider is under 18) \_\_\_\_\_



rider number assigned

From TWBC The Cog-nitve Courier

# PIERCE COUNTY BIKE MAP - PICKUP LOCATIONS

(listed in alphabetical order by city/town)

Updated 7/13/2011

Anderson Island General Store  
10202 Eckenstam Johnson  
Road AI  
**Anderson Island**, WA 98303  
(253) 884-4001

Mount Rainier Visitor Center  
30027 State Route 706  
**Ashford**, WA 98304  
(877) 617-9950

Auburn Parks and Recreation  
910 Ninth Street SE  
**Auburn**, WA 98002  
(253) 931-3043

Bonney Lake City Hall  
19306 Bonney Lake Boulevard  
**Bonney Lake**, WA 98391  
(253) 862-8602

East Pierce Fire & Rescue  
18421 Old Buckley Highway  
**Bonney Lake**, WA 98391  
(253) 863-1800  
*\* - also sells bike helmets*

Pierce County Library Bonney Lake  
18501 90th Street East  
**Bonney Lake**, WA 98391  
(253) 863-5867

Buckley City Hall  
933 Main Street  
**Buckley**, WA 98321  
(360) 829-1921

Pierce County Library Buckley  
123 South River Avenue  
**Buckley**, WA 98321  
(360) 829-0300

DuPont City Hall  
1700 Civic Drive  
**DuPont**, WA 98327  
(253) 964-8121

DuPont Fire Station  
1780 Civic Drive  
**DuPont**, WA 98327  
(253) 964-8414  
*\* - also sells bike helmets*

DuPont Fire Station  
1780 Civic Drive  
**DuPont**, WA 98327  
(253) 964-8414  
*\* - also sells bike helmets*

Pierce County Library DuPont  
1540 Wilmington Drive  
**DuPont**, WA 98327  
(253) 964-4003

Eatonville Chamber of Commerce  
101 Mashell Avenue North  
**Eatonville**, WA 98328  
(360) 832-4000

Eatonville Outdoor  
101 Mashell Avenue South  
**Eatonville**, WA 98328  
(360) 832-2434

Pierce County Library Eatonville  
205 Center Street W  
**Eatonville**, WA 98328  
(360) 832-6011

Edgewood City Hall  
2224 104th Avenue E  
**Edgewood**, WA 98372  
(253) 952-3299

Enumclaw Ski & Mountain Company  
240 Roosevelt Avenue East  
**Enumclaw**, WA 98022  
(360) 825-6910

Phil's South Side Cyclery  
2310 SW 336th Street  
**Federal Way**, WA 98023  
(253) 661-3903

Fife City Hall  
5411 23rd Street E  
**Fife**, WA 98424  
(253) 922-2489

Fife Regional Chamber of Commerce  
2026 54th Avenue East  
**Fife**, WA 98424  
(253) 922-9320

Gig Harbor City Hall  
3510 Grandview Street  
**Gig Harbor**, WA 98335  
(253) 851-8136

Gig Harbor Fire & Medic Headquarters  
10222 Bujacich Road NW  
**Gig Harbor**, WA 98332  
(253) 851-3111  
*\* - also sells bike helmets*

Gig Harbor Fire & Medic Station 51  
6711 Kimball Drive  
**Gig Harbor**, WA 98335  
(253) 851-5111  
*\* - also sells bike helmets*

Gig Harbor Visitor Center  
3125 Judson Street  
**Gig Harbor**, WA 98335  
(253) 857-6865

Old Town Bicycle  
6820 Kimball Drive, Suite B1  
**Gig Harbor**, WA 98355  
(253) 858-8040

Pierce County Library Peninsula  
4424 Point Fosdick Drive NW  
**Gig Harbor**, WA 98335  
(253) 851-3793

PenMet Parks  
3622 Grandview Street  
**Gig Harbor**, WA 98335  
(253) 858-3400

Pierce County Library Graham  
9202 224th Street East  
**Graham**, WA 98338  
(253) 847-4030

Joy Ride Bike Shop  
1225 Ruddell Rd SE, Suite D  
**Lacey**, WA 98503  
(360) 491-9551

Lacey Chamber of Commerce  
8300 Quinault Drive NE, Ste. A  
**Lacey**, WA 98516  
(360) 491-4141



# PIERCE COUNTY BIKE MAP - PICKUP LOCATIONS

(listed in alphabetical order by city/town)

Updated 7/13/2011

Washington State Department  
of Ecology  
300 Desmond Drive  
**Lacey**, WA 98503  
(360) 407-6000

Pierce County Library Key Center  
8905 Key Peninsula HWY KPN  
**Lakebay**, WA 98349  
(253) 884-2242

Key Peninsula Metro Park District  
5514 Key Peninsula HWY KPN  
**Lakebay**, WA 98349  
(253) 884-9240

Bike Tech  
8819 Bridgeport Way SW  
**Lakewood**, WA 98499-2645  
(253) 512-2453

Lakewood Chamber of Commerce  
4650 Steilacoom Blvd SW, Bldg 19  
**Lakewood**, WA 98499  
(253) 582-9400

Lakewood City Hall  
2nd and 3rd Floor Lobby  
6000 Main Street SW  
**Lakewood**, WA 98499  
(253) 589-2489

Lakewood Fire District 2  
10928 Pacific Highway SW  
**Lakewood**, WA 98499  
(253) 582-4600  
*\* - also sells bike helmets*

Pierce College Lakewood  
Campus Bookstore  
9401 Farwest Drive SW  
**Lakewood**, WA 98498  
(253) 964-6508

Pierce County Library Lakewood  
6300 Wildaire Road SW  
**Lakewood**, WA 98499  
(253) 582-6040

Pierce County Library Tillicum  
14916 Washington Avenue SW  
**Lakewood**, WA 98498  
(253) 588-1014

Pierce County Parks & Recreation  
9112 Lakewood Drive SW  
**Lakewood**, WA 98499  
(253) 798-4176

Pierce Transit Headquarters  
3701 96th Street SW  
**Lakewood**, WA 98499  
(253) 581-8000

WSDOT Maintenance Office  
11211 41st Avenue SW  
**Lakewood**, WA 98499  
(253) 983-7552

Milton City Hall  
1000 Laurel Street  
**Milton**, WA 98354  
(253) 922-8733

Pierce County Library Milton  
900 Meridian Ave. East, Ste. 29  
**Milton**, WA 98354  
(253) 922-2870

Bike Stand  
407 4th Avenue E  
**Olympia**, WA 98506  
(360) 943-1997

Bike Tech  
1931 4th Avenue E  
**Olympia**, WA 98506  
(360) 754-2453

OlyBikes  
124 State Avenue NE  
**Olympia**, WA 98501  
(360) 753-7525

Thurston County Parks & Recreation  
4131 Mud Bay Road  
**Olympia**, WA 98502  
(360) 786-5595

Thurston County Public Health  
& Social Services  
412 Lilly Road NE  
**Olympia**, WA 98506  
(360) 786-5581

Orting Chamber of Commerce  
202 Washington Avenue S  
**Orting**, WA 98360  
(360) 893-5000

Pierce County Library Orting  
202 Washington Avenue S  
**Orting**, WA 98360  
(360) 893-2661

Trailside Cyclery  
207 Van Scoyoc Avenue SW  
**Orting**, WA 98360  
(360) 893-7333

Pacific City Hall  
100 3rd Avenue SE  
**Pacific**, WA 98047  
(253) 929-1100

Kitsap County Public Works  
507 Austin Drive  
**Port Orchard**, WA 98366  
(360) 337-4921

Olympic Bike and Skate  
744 Bay Street  
**Port Orchard**, WA 98366  
(360) 875-2453

Port Orchard Chamber of Commerce  
1014 Bay Street #8  
**Port Orchard**, WA 98366  
(360) 876-3505

Bike Tech  
12515 Meridian E, #104  
**Puyallup**, WA 98373-3436  
(253) 845-2453

Central Pierce Fire & Rescue  
902 7th St NW  
**Puyallup**, WA 98371  
(253) 538-6491  
*\* - also sells bike helmets*

Pierce College Puyallup  
Campus Bookstore  
1601 39th Avenue SE  
**Puyallup**, WA 98374-2222  
(253) 840-8411

# PIERCE COUNTY BIKE MAP - PICKUP LOCATIONS

(listed in alphabetical order by city/town)

Updated 7/13/2011

Puyallup Library  
324 South Meridian  
**Puyallup, WA 98371**  
(253) 841-5454

Puyallup Main St. Association  
107 North Meridian  
**Puyallup, WA 98371**  
(253) 840-2631

Puyallup Parks and Recreation Center  
808 Valley Avenue NW  
**Puyallup, WA 98371**  
(253) 841-5457

Puyallup Riverside Fire & Rescue  
4114 56th Avenue East  
**Puyallup, WA 98371**  
(253) 922-5644  
*\* - also sells bike helmets*

Puyallup/Sumner Chamber of Commerce  
323 North Meridian, Suite A  
**Puyallup, WA 98371**  
(253) 845-6755

Bikestation Seattle (Bicycle Alliance)  
311 3rd Avenue South  
**Seattle, WA 98104**  
(206) 224-9252

Cascade Bicycle Club  
7400 Sand Point Way NE  
**Seattle, WA 98115**  
(206) 522-3222

King County Map/Record Center  
201 South Jackson Street  
**Seattle, WA 98104**  
(206) 296-6548

Puget Sound Regional Council  
1011 Western Ave. Ste. 500  
**Seattle, WA 98104-1035**  
(206) 464-7090

Sound Transit, Front Lobby  
401 South Jackson Street  
**Seattle, WA 98104**  
(206) 398-5000

Mason County Parks/Trail Dept.  
2100 East Johns Prairie Road  
**Shelton, WA 98584**  
(360) 427-9670 x535

Silverdale Cyclery  
9242 Silverdale Way  
**Silverdale, WA 98383**  
(360) 692-5508

Pierce County Library South Hill  
15420 Meridian East  
**South Hill, WA 98375**  
(253) 848-8686

Pierce County Library Steilacoom  
2950 Steilacoom Blvd. SW  
**Steilacoom, WA 98388**  
(253) 588-1452

Steilacoom Community Center  
2301 Worthington Street  
**Steilacoom, WA 98388**  
(253) 581-1076

Steilacoom Public Works Building  
1030 Roe Street  
**Steilacoom, WA 98388**  
(253) 581-1912

Bonney Lake Bicycle  
1406 Main Street  
**Sumner, WA 98390**  
(253) 863-5145

Pierce County Library Sumner  
1116 Fryar Avenue  
**Sumner, WA 98390**  
(253) 863-0441

Sumner City Hall  
1104 Maple Street  
**Sumner, WA 98390**  
(253) 863-8300

Bike Tech  
5801 S. Sprague Ct  
**Tacoma, WA 98409**  
(253) 472-2453

Central Pierce Fire and Rescue  
17520 22nd Ave E  
**Tacoma, WA 98445**  
(253) 538-6400

Centre at Norpoint  
4818 Nassau Avenue NE  
**Tacoma, WA 98422**  
(253) 591-5504

County-City Building, 1st Floor Lobby  
930 Tacoma Avenue S.  
**Tacoma, WA 98402**  
(253) 798-6209

Defiance Bicycles  
411 Fawcett #A  
**Tacoma, WA 98402**  
(253) 777-5546

Metro Parks Tacoma  
4702 South 19th Street  
**Tacoma, WA 98405**  
(253) 305-1000

Old Town Bicycle  
3009 North McCarver Street  
**Tacoma, WA 98403**  
(253) 573-9400

Pacific Lutheran University  
Human Resources  
518 122nd St S  
**Tacoma, WA 98447**  
(253) 535-7185

Pacific Lutheran University Student  
Involvement and Leadership  
University Center, Suite 161  
**Tacoma, WA 98447**  
(253) 535-7195

Performance Bike  
2220 South 37th Street, #6  
**Tacoma, WA 98409**  
(253) 475-1202

Pierce County Annex  
2401 South 35th Street, Rm 150  
**Tacoma, WA 98409-7485**  
(253) 798-2790

# PIERCE COUNTY BIKE MAP - PICKUP LOCATIONS

(listed in alphabetical order by city/town)

Updated 7/13/2011

Pierce County Library Processing and Distribution Center 3005 112th Street East <b>Tacoma</b> , WA 98446 (253) 536-6500	Tacoma Library Moore Branch 215 South 56th Street <b>Tacoma</b> , WA 98408 (253) 591-5650	Visitor Information Center 1516 Pacific Avenue <b>Tacoma</b> , WA 98402 (253) 627-2836
Pierce Co. Library Parkland/Spanaway 13718 Pacific Avenue South <b>Tacoma</b> , WA 98444 (253) 531-4656	Tacoma Library Mottet Branch 3523 East G Street <b>Tacoma</b> , WA 98404 (253) 591-5660	Tumwater Timberland Library 7023 New Market Street SW <b>Tumwater</b> , WA 98501 (360) 943-7790
Pierce County Library Summit 5107 112th Street East <b>Tacoma</b> , WA 98446 (253) 536-6186	Tacoma Library South Branch 3411 South 56th Street <b>Tacoma</b> , WA 98409 (253) 591-5670	Washington State Dept. of Health 111 Israel Road SE <b>Tumwater</b> , WA 98501 (360) 236-3623
Rainier Cycle Sports 3816 North 26th Street <b>Tacoma</b> , WA 98407 (253) 756-2116	Tacoma Library Swasey Branch 7001 Sixth Avenue <b>Tacoma</b> , WA 98406 (253) 591-5680	WA State Dept. of Transportation Olympic Region Office 5720 Capitol Boulevard <b>Tumwater</b> , WA 98504 (360) 357-2600
REI 3825 South Steele Street <b>Tacoma</b> , WA 98409-7331 (253) 671-1938	Tacoma Library Wheelock Branch 3722 North 26th Street <b>Tacoma</b> , WA. 98407 (253) 591-5640	Washington State Parks Headquarters 1111 Israel Rd SW <b>Tumwater</b> , WA 98504 (360) 902-8844
Tacoma Bike 309 Puyallup Avenue <b>Tacoma</b> , WA 98421 (253) 272-1351	Tacoma Municipal Building 747 Market Street <b>Tacoma</b> , WA 98402 (253) 591-5000	Pierce County Library University Place 3609 Market Place West <b>University Place</b> , WA 98466 (253) 565-9447
Tacoma Community College Student Center (Building 11) 6501 South 19th Street <b>Tacoma</b> , WA 98499 (253) 566-6050	Tacoma-Pierce Co. Health Department 3629 South D Street <b>Tacoma</b> , WA 98418 (253) 798-6500	Pierce County Public Works & Utilities Environmental Services Bldg 9850 64th Street West <b>University Place</b> , WA 98467 (253) 798-4108
Tacoma Library Fern Hill Branch 765 South 84th Street <b>Tacoma</b> , WA 98444 (253) 591-5620	Tacoma Public Utilities 3628 South 35th Street <b>Tacoma</b> , WA 98409 (253) 502-8600	University Place City Hall 3715 Bridgeport Way West <b>University Place</b> , WA 98466 (253) 566-5656
Tacoma Library Kobetich Branch 212 Brown's Pt. Boulevard NE <b>Tacoma</b> , WA 98422 (253) 591-5630	University of Puget Sound Security Services 3206 North 15th Street <b>Tacoma</b> , WA 98416-1003 (253) 879-3311	University Place Fire Department 3631 Drexler Drive West <b>University Place</b> , WA 98466 (253) 564-1623 <i>* - also sells bike helmets</i>
Tacoma Library Main Branch 1102 Tacoma Avenue South <b>Tacoma</b> , WA 98402 (253) 591-5666	University of Washington, Tacoma University Book Store 1754 Pacific Avenue <b>Tacoma</b> , WA 98402 (253) 692-5784	Southeast Thurston Fire 709 Mill Road <b>Yelm</b> , WA 98597 (360) 458-2799 <i>* - also sells bike helmets ☺</i>